



**GOVERNMENT COLLEGE OF EDUCATION  
SECTOR 20-D, CHANDIGARH  
NAAC ACCREDITED GRADE 'A'**



**3rd Cycle  
Assessment and Accreditation by NAAC  
CRITERION-II  
TEACHING LEARNING AND EVALUATION**



## CRITERION 2

### KEY INDICATOR- 2.4 Competency and Skill Development

#### 2.4.10 – Nature of Internee engagement during Internship

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# SCHOOL WISE INTERNSHIP REPORTS SESSION 2022-23

1. GMSSS 16, CHD

## Activities Report of Class - 10<sup>th</sup> → Pedagogy of Economics

Submitted To :

Dr. Meena Choudhary  
Associate Professor  
GCE, sector-20D  
Chandigarh

Submitted By :

Manisha  
Roll No. - 66  
B.Ed Semester 3

Government College of Education  
Sector-20D, Chandigarh.

Session - 2021 - 2023

Banjara  
02/12/22

Rajinder

Principal  
Govt Model Sr. Sec. School  
Sector 18, Chandigarh

1/1



Topic \_\_\_\_\_

Date \_\_\_\_\_

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# ACTIVITY - 01: Debate Competition On Sustainable Development CLASS - 10<sup>th</sup> C

On November 21, 2022, Government Model Senior Secondary School, Sector-16D, Chandigarh, I Manisha organised a Debate Competition for class 10<sup>th</sup> C students on topic Sustainable Development.



Judges → we have 3/three judges for the respective competition to judge the winner team. They act as a judges to give suggestions. Mr. Louisa, Mr. Haresh

Topic \_\_\_\_\_

Date \_\_\_\_\_

, Manisha (B.ed Intern) Act as a Judges.



Results → The Result declared by the judges were [Team A] got First Prize, [Team C] got second Prize and [Team B] got Third Prize.

Rewards - Pens and other stationery has been distributed to the winner teams of class 10<sup>th</sup> C.

Overall Participation → Overall participation of the students is appreciable. So many students have shown interest and their concept regarding topic is very much clear. They came along with authentic data of sustainable development.

Ganraj  
21/11/22



Topic \_\_\_\_\_

Date \_\_\_\_\_

# ACTIVITY 02: Declamation Competition on Topic

## Indian Economy → CLASS-10<sup>th</sup>

On November 21, 2022, Government Model Senior Secondary School, sector -16D, Chandigarh, & Manisha B.ed intern from 20-D Chandigarh had organised an -second economic activity at class 10<sup>th</sup> C on topic Indian Economy "Declamation Competition" in 5<sup>th</sup> & 6<sup>th</sup> period.



**Judges** - Ms. Lavina, Mr. Haresh, Ms. Manisha act as an judges for the respective 'Declamation Competition'.

# OBSERVATION-8

Topic \_\_\_\_\_ Date \_\_\_\_\_



**Results** → The Judges has declared the result of above competition. Raw (Roll No 35) got first prize, Khushi (Roll No. 2) got second prize and Khushboo (Roll No. 14) got third prize.

**Student's Participation** - Around 10-12 students had come forward for the declamation competition.



**Rewards** - Chocolates has been distributed to the winners of 1, 2, 3 prize.

Banjay  
21/11/22



Topic \_\_\_\_\_

Date \_\_\_\_\_

## Rewards-

only appreciation would be given as a reward to the students.  
No physical or materialistic things would be provided as Prize.



Result-

- Ruchika (Roll No. 1) got First Prize.
- Kush (Roll No. 30) got Second Prize.
- Khushi (Roll No. 12) got Third Prize.



Banyan  
21/11/22

Topic \_\_\_\_\_

Date \_\_\_\_\_

## ACTIVITY 03- QUIZ

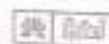
Competition on class 10<sup>th</sup>

Full syllabus.



On November 21, 2022, Government Model Senior Secondary School Sector-16D, Chandigarh, 3 Manisha B.ed intern from 20-D Chandigarh had organized a third economics activity at class 10<sup>th</sup> C on topic "Quiz Competition" Full syllabus of class [10 NCERT] at 6<sup>th</sup> period.

Judges - Ms. Manisha, Ms. Kavina, Mr. Sanjay were the judges of respective Quiz competition.



Date \_\_\_\_\_  
Page \_\_\_\_\_

# Activity - 04

## Model Making Competition

On 25<sup>th</sup> of November 2022, I Manisha Roll. No 66 (B.ed Intern) organized the Model Making Competition at CMSSS-16D, Chandigarh. So many student have taken the volunteering participation in the Competition. Students of class 9<sup>th</sup> C has participated in the Competition in 4 groups according to their Respective houses.



**Judges** → we have appointed two judges for the judgement i.e (Ms. Vandana) and (Ms. Nidhi). Both the judges helped me out for the selection of winner group.





**Results** → The Result has been declared by judges. First Prize goes to the City house and the second prize was awarded to the Daisy house. Two groups with appreciation.

**Rewards** → Stationeries have been distributed among the participants of winner groups of class 9<sup>th</sup> C. Others with appreciation.

**Overall Participation** →

Overall participation of the students is very energetic, enthusiastic and appreciative. Students very shown their cooperation and coordination with each other. They were helping each other in completion of Model. I have really enjoyed organized the Model Making Competition.

Topic \_\_\_\_\_

Date \_\_\_\_\_

1. GGSSS 20B, CHD

# School Activities File

Name - Parvinder Kaur.

Class - B.Ed. (3<sup>rd</sup> semester)

College Roll No - 02/21

University Roll No - 21102002

Section (B), Tutorial Group - 02

SUBMITTED TO - Dr. Balvinder Kaur.

SUBMITTED BY - Parvinder Kaur

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Layout - Rpiid - Model - SA -  
Sex School



Sector - 20 (B) Chandigarh

# No-curricular Activities

## → INTRODUCTION

No-curricular activities are those activities that are undertaken along with academic studies typically, normal classrooms, but they supplement the academic curriculum and help in learning by doing so. Curricular activities in school might be compulsory such as music, art or drama class.

It increases students' participation and helps in the emotional development. Therefore, the importance of no-curricular activities need immense.

## → ESSENTIAL SKILLS

1. Logical and analytical thinking
2. Problem solving
3. Critical thinking
4. Creative thinking
5. Leadership skills
6. Social skills

## Role of Teacher

### → IN ORGANISING CO-CURRICULAR ACTIVITIES

The teacher should have to perform the multi-dimensional functions in organising and conducting extra-curricular activities. It is also the school, which plays pivotal role in conducting co-curricular activities. It is the teacher of the school who finally should take the responsibility. New activities should proceed further.

The teacher is a planner, leader, motivator, director, organiser, manager, recorder, adviser, motivator, communicator or coordinator.

Teacher should act as a facilitator and should take responsibility for organising activity in the school.

## Poster-making Competition

During the Bissali week, many fun and creative activities were organized by the school. There were different competitions like rangoli making, stamp decoration, poster making on "SAY NO TO CRACKER" etc. were held in school.

To create awareness among the students, the school conducted the poster making competition and students actively participated in it. A small rally was also conducted to aware people about green and safe Bissali. The main aim of the competition was to make students elaborate green Bissali by not burning crackers.

Students carried their posters and should slogan to inform others about the need and the importance of green Bissali.

## Morning Assembly

The students are made to assemble on the ground and pray to the god for their guidance and wisdom. The students of the choir group start the prayer. Then thought of the day and trust is given by the students. At the end of the assembly, national Anthem is being done and after that everyone moves to their respective class in a line.

The morning assembly gave a chance to the students to showcase their talents and boost their confidence. It also motivates other students to participate in morning assembly and perform on stage.

Conducting morning assembly also taught us things. It gave us a chance to motivate and manage and help children to prepare for their role overall. It had lead to the development of both students and the pupil teacher.

All these daily activities instillate honesty among the students along with the positivity.

## Morning Assembly





6



7

# Diwali



8



9

## Teacher's Day

Teacher's Day is celebrated on 5<sup>th</sup> September with great zeal and enthusiasm in the birth of anniversary of Dr Sarva Pal Samakrishnan. Teacher's Day is a special day for the appreciation of teachers and to honor them for their special contributions in a particular field area of the community like an education.

With the same thought, students of class II<sup>nd</sup> and III<sup>rd</sup> with the help of drawing teachers organized different activities like dance, and on the importance of teacher's and yoga session were also performed by them. We had also organized different activities like skit, drama, poem recitation, literary arrangement etc. The all students of the school performed a skit. It was a very wonderful experience for us. There was also a singing making competition.

## Poshan Maah

Poshan Maah generally describes the month of eating healthy food where we only have to eat healthy food and avoid junk food.

On this occasion, students were asked to bring home cooked food from their home. This month is also called as the Rashtriya Poshan Maah and the Rashtriya Poshan Maah of 2022 was celebrated from 26<sup>th</sup> to 30<sup>th</sup> September 2022 by the ministry of women and child development. This year, the major focus is on "Aahara aur Swasthya" and "Ancha aur Utkrsha".

On this occasion, students were asked to bring cooked food from home. The food should include all the components of a balanced diet. Conducting this activity made us learn more about the creativity. Every student was given a chance to present their idea.

## Teacher's Day





(12)

# Poshan Maah



(13)



## Parent-Teacher Meeting

The Parent Teacher meeting was conducted on 5 November 2022. The timings of the Parent-Teacher meeting were from 3:00 pm to 4:30 pm. The teachers along with the paper teachers were already prepared with the results. Few students and parents were asked to meet other subject teachers for their children's behaviour and result clarity.

Teacher also informed the teachers about change in school timings and dress codes so that they are well aware of the changes in school rules.

The main purpose of the meeting was to create a common platform where teacher and parents come together to discuss the students' educational experiences and discuss variety of issues and changes regarding the all round development of students.

## Parent-Teacher's Meeting



19

# Children's Day

Every child is a different kind of flower and all together make the world a beautiful garden.

Sometimes it is celebrated as children's day every year in India. The special day is celebrated on the remembrance of India's first Prime Minister Jawahar Lal Nehru. The day focuses on the child's fun and their enjoyment.

The celebration begins with the morning prayers followed by variety of activities like dancing, singing, poem recitation etc.

Very before students was organized in the school and the teacher also distribute their chocolates and some valuable gift as a token of love for students. In the afternoon all give some candies to the students. The food items of chappan, sand which get popcorn ice cream juice and pastries were also set up for celebrating children's day.

The students were overwhelmed and enjoy at the day.

21

# Children's Day





## Constitution Day

Constitution day also known as Samvidhan Din is celebrated in our country on 26<sup>th</sup> November, to commemorate the adoption of the constitution of India. As a part of the celebrations, our school planned innovative activities to highlight the values and principles enshrined in the constitution. A quiz was also held in which students actively participated.

Dancing, singing and poem recitation by students were also held. A special Bharat natyam dance was invited to school and a bhavani natyam performance was held in the school. Students really enjoyed this and every activity at this was commensurate behind such activity related to the constitution day.

The day spent and passed as a reminder to live by and promote the sacred values in our communities.

At the end, a rally was organised. Lead from our all the teaching and non-teaching staff took a pledge on safeguarding the fundamental rights of each one in the society.

## Constitution Day





## Experiences.

Teaching is one of the most important job now a days & demands enthusiasm, knowledge, a caring attitude, patience, and many more things that comes with this profession. I think a good teacher is a person that is able to explain and teach any topic subject or language as/she is capable of identifying needs and problems that students might have experienced during the learning process & person capable of understanding other student's position. Teachers need to be patient and neutral throughout the process. For me, to become a great teacher, one need to have clear aims or objectives, have effective lesson plans, need to analyse from my students and be able to continue learning and keep updating myself and the students. Indeed to be well managed and organized person to become a success. My student teaching experience have been the best. It was most informative, amazing and inspiring experience. I had a great time with my students and I could not have asked for a better as part with cooperative teachers and I have.



learned a lot from my school mentors (Mrs. Shivani Gaur and Mrs. Kanwal Batra) as well as students of my class.

All the experiences, methods and techniques of teaching which I have learned in the school teaching practice will shape my teaching character very beautifully and provided me immense confidence of teaching for the better future.

Hence, my overall teaching experience in this school was very positive and school had inculcated qualities of good teacher in me. This teaching practice provide me a real insight into the noble profession of teaching.





3. GMSSS 28D, CHD

ACTIVELY  
CUM  
EXPERIENCE  
FILE

Submitted To:-  
Mrs. Sonika Devi  
GCE Sec.20D, Chd.

*Bharati*

Submitted By:-  
Kavita Singh (68)  
TG - 17

# Government Model

## Senior Secondary

### School

#### Sec.-28 D, Chandigarh



Govt. Model senior secondary school sec. 28 D Chandigarh was assigned to me for my Internship programme (26<sup>th</sup> Aug. 2022 to 3<sup>rd</sup> Dec. 2022). This school is one of the most efficient schools among govt. schools in Chandigarh. It is a co-educational institution that was established by the Education department of U.T Chandigarh Administration. The teacher here help the students to bring out their latent potential in terms of natural talent development in a free and fair environment. They also help in



Building various qualities in students like leadership, confidence, interpersonal skills, positivity, general behaviour, in spirit of being inquisitive & sense of moral values etc. The school aims to impart on all round education & so as to equip students mentally, morally, physically, culturally as well as intellectually.

# Morning Assembly

Morning assembly is an important aspect of any school programme. It is the first thing that is conducted everyday in the morning.

Morning assembly is a time of peace where everyone gathered in assembly ground and join hands to pray God for providing with a whole new day. Everyday, the morning assembly would start with prayers where group of students whom we taught various prayers and hymns would sing and other students would follow them and sing along. Daily thought of the day where

## A Greet on Ours Day in the Morning Assembly



shared by the students. During morning assembly, we prepared and delivered speeches on various topics like environment, health etc. and conducted path ceremony to promote awareness among students to inspire students to become more engaged with the society and various other aspects. The assembly used to end with the national Anthem.



Serial No. .... Date .....

Notes



Panel of Judge and Staff



Speech on International Peace Day

Serial No. .... Date .....

Notes

# International Peace Day

Each year the International peace day is celebrated around the world on 21st September. The UN General Assembly had declared it as a day devoted to strengthening the bonds of peace, through observing 24 hours of non violence and cease fire.

We celebrated this day by conducting various activities like recitation, poetry, skit, and cultural music. We conducted a competition with a series of rounds each judged by a panel of judges selected by the staff.

The winners of the competition were called upon and awarded with an appreciation from the school principals. We were assigned the duty to document the entire event. The purpose of the event was well served.

Serial No. \_\_\_\_\_ Date \_\_\_\_\_

Topic \_\_\_\_\_

**Pledge for Clean & Green Diwali**

**Card, Diya and Candle decorated by Students**

Serial No. \_\_\_\_\_ Date \_\_\_\_\_

Topic \_\_\_\_\_

# Clean & Green Diwali

Green diwali or eco-friendly diwali is a way to celebrate the festival of lights by ensuring minimum damage to the environment. It is a way of celebrating diwali by saying 'No' to fire crackers and making use of eco-friendly materials to celebrate the festival of lights. We conducted an awareness about pollution, contamination and the risks associated with it. We took a pledge in the morning, followed by a speech and some posters on pollution free diwali.

All the students were asked to decorate their classes with hand decorated diya and candles. We helped in the conclusion of poster and card making competition and with the end of the day students were appreciated for their worthy participation. The slogans of each class were appreciated by the principal and other teachers.



# Poshan Maah



Students tasting nutritious and delicious food prepared by teachers.



# Parent Teacher Meeting

PTM is held for evaluation of an academic and non-academic performance of the students. It helps to know and work for the child's performance. PTM enables parents and teachers to work for the positive modification of the student's performance.

As a B.Ed teacher, we actively participated and helped with the management of the PTM. The performance of the students were discussed with parents. We outlined a few parameters where the student need to improve. We also discussed with parents about the schedule. This word is following - the report cards were discussed thoroughly. The PTM come to an end with the conclusion that joint efforts, mutual understanding and cooperation of the parents and teachers is very important for the proper mentainment and progress of the students.



Serial No.

Notes

Date

Students Exhibition  
on  
Disaster Management



Role Play on Disaster  
Management



FIRST AID DISPLAY  
&  
EXHIBITION



# Disaster Management

On 19<sup>th</sup> Oct. 2022, disaster Management programme was organised at Govt. Model Senior secondary school, Sec 25D Chandigarh to educate the students about fire safety and disaster management. As a B.Ed. interns was assigned the task of displaying the charts related to safety manuals and which were followed by a role play skit by students which demonstrated the actions that should be taken under the various circumstances such as fire, earthquake, flood etc.

The event started at 10 am. All the faculty members welcomed Principal mam along with the chief guests who were the authorities of the Fire safety department. This programme remained helpful as it helped all of us to brush off our skills to react and reflect as per the situation and enhanced our knowledge on safety and disaster management required in school premises.





MODEL DISPLAY  
BY  
STUDENTS



A SKIT PERFORMED  
BY THE  
STUDENTS



# Language Fest

Language fest was organised at Govt. model  
senior secondary school, sec 28D Chandigarh on  
20th Nov 2022. This fest was organised  
in order to bring out students' talent  
and in order to enhance their knowledge,  
skills like creativity and develop interests in  
English language.

The preparation for the fest began a week  
earlier as students were supposed to prepare  
various models, present various activities and  
different role plays. The Language fest was  
organised in a systematic and colorful way.  
The day started with the decorations. We  
helped in decoration of notice board and even  
helped the students in presenting their respec-  
tive models.

Simultaneously the activities such as  
'spell-bee' & 'reading maze' etc. were also  
organised as a part of language fest and students  
enthusiastically participated in it.

At the end, the principal of the school awarded  
the winners of the Language Fest with  
trophies.



4. GMSSS 35D, CHD

ACTIVITY AND

ASSESSMENT FILE

SUBMITTED TO ÷ DR. LILURAM JAKHAR

SUBMITTED BY ÷ ANKITA RANOUT

ROLL NUMBER ÷ 81



Topic:

Date:

ACTIVITY AND  
ASSESSMENT FILE

SUBMITTED TO :- DR.  
LILURAM

SUBMITTED BY :- ANKITA  
RANOUT

ROLL NUMBER :- 81/21.

SCHOOL NAME :- GOVERNMENT MODEL SENIOR

SECONDARY SCHOOL SECTOR 35-D CHANDIGARH



## TO WHOMSOEVER IT MAY CONCERN:-

It is to certify that Miss Ankita (B.Ed 3<sup>rd</sup> sem) pupil teacher of TGT-13 Government college of Education sector 35D Chandigarh have participated, organised and conducted following activities that mentioned in next classes/pages and assisted in the assessment and education and evaluation under the CEE (comprehensive and continuous Evaluation) under the supervision of authorities of Government Model Girls secondary school sector 35D Chandigarh when this internship phase was allocated.

My mentor which was assigned to me were Mr. Manu Sharma and Mrs Anju Narula. They played a great role in assisting me in these activities and helped me alot to organise these activities. A very special thanks to our I.C. Incharge Dr. Rajni Thakur who helped us alot during our internship programme.

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## POSHAN MAAH



## POSHAN MAAH

Poshan Maah generally denotes the month of eating healthy food where we only have to eat healthy food and avoid junk food. In this month, students were asked to bring packed food from their home. This month also called as Rashtriya Poshan Maah was being celebrated from 29 to 30th September, 2022 by the ministry of women and child development this year with the main focus on "Madda Aare Vasthitya" and "Bache aur Shiksha". Poshan Maah is to be started as Poshan Sanchayati through Queen Sanchayati.

On this occasion, students were asked to bring packed food from their home. The food should include all the components of balanced diet. The students brought food and displayed in front of the judges. They were creative with what they presented.

Through this activity, we have more about sustainability. Every student was given a chance to present their idea.

## POSTER MAKING COMPETITION



### POSTERS



### PLEDGE ON

→ OZONE DAY

# OZONE DEPLETION

## POSTER MAKING COMPETITION, PLEDGE AND SLOGAN WRITING

15<sup>th</sup> September is celebrated as world ozone day to create awareness among pupils regarding the importance of the ozone layer in atmosphere with this idea keeping in mind the club of class section 7<sup>th</sup> Chandigarh has organised poster and slogan making competition on 15<sup>th</sup> September 2022.

This competition was organised for classes 7<sup>th</sup> to 10<sup>th</sup> total of 15 posters have been displayed by the participants and were started with address by head of the club Mrs. Seema Sataunki she addressed on importance of ozone layer in the introduction where it forms a protection layer that shields us from harmful ultraviolet rays. Human activity has depleted this ozone layer and caused 'holes' in ozone layer. At the end of the competition, prizes winners were announced.

1<sup>st</sup> prize - Pooja Sharma (class - 10<sup>th</sup> A)

2<sup>nd</sup> prize - Anvita (class 7<sup>th</sup> C)

3<sup>rd</sup> prize - Zaid Khan (class 9<sup>th</sup> B)

## SCIENCE QUIZ



## SCIENCE QUIZ

On the auspicious day of October, A science quiz was held in the premises of Government Model secondary school sector SAD Chandigarh. The quiz was conducted under the supervision of teachers Mrs. Anjna Srivastava and Mrs. Anju Nanda. Students from standard 7<sup>th</sup> to 12<sup>th</sup> participated. Three of the brightest teams were chosen out of 6 teams. As a criteria based on science, the event contained many questions related to Physics, Chemistry, Biology. There were 9 rounds.

1) MCQ (Biology)	6) Experiment Round
2) MCQ (Physics and Chemistry)	7) Puzzle Round
3) Visual and/or Round	8) Buzzet Round
4) Scientists and their Discoveries	
5) Recognize the Audio	

The audience actively participated in the event as the Quizmaster kept them amused by quizzing them. This event proved to be very educational and informative for the students. It was a much appreciated endeavor by the school, such events go a long way in moulding students' personality and testing their knowledge.



GOVERNMENT MODEL SENIOR SEC.  
SCHOOL, SECTOR- 27 C, CHD.

# SCHOOL ACTIVITY

## RECORD



Submitted By:

TANUJA UPRETI  
B.Ed - 2nd year

76

Submitted To:

Dr. Neelam  
Paul

SESSION-2021-23

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PAGE NO. 1  
DATE

## MORNING ASSEMBLY

8:10 A.M. - 8:30 A.M.

The morning assembly of a school is one of the most important aspect of school curriculum. We as pupil teachers in our school assembly, regularly organised assembly. Students were prepared for the thoughts, speeches news of the day etc. The General knowledge hour was also conducted twice a week. We used to speak on various occasions as well like speeches were given on healthy diet, Hindi diwas, world ozone day, world AIDS day etc. DPT Mr. Lawrence Kumar Sir helped and guided us everyday for smooth conduct of assembly. The arrangements for the mic, speaker and music system was done with the help of students. Everyday the assembly used to begin by prayer 'Om Namoh Shivai DPT Sir' and used to end with the National Anthem.

## SPEECH ON HEALTHY DIET

1st September, 2022

8:20 A.M.

To celebrate the occasion of 'POSHAN MAHA', Pupil teachers gave a speech in morning assembly. The topic was "IMPORTANCE OF BALANCED



DIET." Pupil Teachers told the student about nutritious diet and how it plays an important role in overall well-being. Simultaneously, bad effects of junk food were also discussed."

### PLEDGE - POSHAN MAAH

14th September, 2022

8:25 A.M.

In the occasion of "POSHAN MAAH", A pledge was conducted by pupil teachers in the morning assembly. Importance of nutritious diet was discussed and the pledge aimed at making the students aware of need and necessity of healthy and nutritious food. Students and teachers of the school took pledge with the pupil teachers to follow a healthy routine with appropriate nutritious food and to avoid junk food as much as possible.

### TEACHER'S DAY ACTIVITIES

5th September, 2022

8:40 A.M. - 9:00 A.M.

Teacher's day was celebrated in the school with much fun and excitement. Pupil Teachers prepared





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DATE: / /

the students for poetry, speech and song to dedicate to their teachers. Also, a skit was simultaneously prepared in which students from 7th to 12th class took part. The skit highlighted the beautiful student-teacher relationship and also described how a teacher plays an important role in shaping the future of a child.

### INDIGENEOUS TOYS [TOY FAIR]

7th September, 2022

11:00 A.M. - 12 Noon

School level judgement and display of toys was held on 7th September, 2022. Students of all classes participated with full zeal and enthusiasm. They made traditional indigenous toys like the clay toys, puppets, musical instruments, board games etc.

### HINDI DIWAS

11th September, 2022

8:10 A.M. - 9:00 A.M.

On the occasion of Hindi day, Pupil Teachers gave speech on 'Importance of Hindi Language'. Pupil Teacher stressed on developing usage of Hindi.



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language. They emphasized on complete conversation in Hindi language for atleast that day. Therefore, speech was started with 'Suprabhat' and not 'Good morning'. At the end, a beautiful poetry was recited to mark the occasion. Pupil Teachers were appreciated by the school Principal Mrs. Monica Kaur.

### JUNIOR CHEF CONTEST

17th September, 2022  
11:00 AM - 12:00 AM

To encourage students to showcase their cooking skills, Junior chef contest was organized by the school accompanied by pupil teachers. Through engaging in the competition, students learn to appreciate just what it takes to get lunch in their tiffin boxes everyday. Students were asked to cook healthy and nutritious food and the food was then displayed for final judgement. Nutritional value, appearance, taste, organization, hygiene and food safety were the parameters for judgement.

### AMMA KI RASOI

21st September, 2022  
11:00 AM - 12:00 AM





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Students were asked to get healthy and nutritious food homecooked from their mothers. The food was then displayed for final judgement. Variety of delicious foods were served by the students like Poha, Sewai, Panarthe, Malpua, Chole-Kulche, Afsants etc. Municipal ma'am Ms. Harica Puri appreciated the efforts of dedicated mothers for cooking such a delicious and nutritious food.

### PLEDGE ON OZONE DAY

16th September, 2022  
8:10 - 8:25 A.M.

On the occasion of world ozone day on 16th Sep, 2022 Pupil teachers presented a speech on Ozone day and importance of ozone layer for human survival. Pupil teachers remarked that ozone layer is under huge depletion because of some human activities like use of deadweight, A.C., refrigerators etc. Thus, careful use must be done. Therefore, a pledge was taken for judicious use of such chemicals that accumulate in the atmosphere and cause damage to the superficial layer.



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### COMIC WRITING

22nd September, 2022  
10:00 AM - 11:00 AM

A comic writing competition was organised by the school on 22nd Sep, 2022. It was open for classes 8th to 12th and was conducted under two categories - Junior category and Senior category. The topics given to the students were Social Evils, Gender Equity and Equality, Environmental pollution etc. Students enthusiastically participated in the competition and made beautiful comics. Pupil Teachers actively took part in conduction of the competition under the guidance of Mrs. Ashima Jaisra and Mrs. Neelam Chopra.

### TALENT HUNT - MEHNDI COMPETITION

12th October, 2022  
10:00 AM - 12:00 AM

Pupil Teachers also made necessary arrangements for conducting Mehndi competition in the school. Board was simultaneously prepared for the occasion. The competition was kept open for all. Students showed active participation and enthusiastically participated in the competition.



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### POSTER MAKING - SAY NO TO CRACKERS

18th October, 2022

Burn Diyas and your ego. Save nature by saying no crackers in the GO. Highlighting the above message, pupil teachers with the help of Mrs. Rashmi Akera and Mrs. Neelam Chopra, conducted a poster making competition on the theme - Say No to Crackers. The message underlying the competition was to encourage students to celebrate diwali happily with friends and family and also save nature from pollution before it comes to an end. Students showed active interest and participated whole heartedly.

### DIWALI FEST

21st October, 2022

Diwali Mela is synonymous to bonding with cultural roots and acquainting children to the rich Indian culture and heritage. On 21st October, 2022, Diwali Mela was organised in the school premises. In the morning, cultural program was organised where dance and music events were conducted by the children. Later on stalls of Indian handicrafts, handmade lampshades, painted diyas and hangings were also set up to let people go on a little shopping spree. Ratables were also a part



of the mela and were relished by one and all. Selfie point depicting 'Say No to Teachers' was the main highlight. The mela overall depicted the vibrance of this festival.

### PARENT TEACHER MEETING

22nd Oct, 2022

9:00 A.M. - 2:00 P.M.

meeting

A parent teacher is a way of interaction between parents and teachers to discuss a child's progress at school and find solutions to academic or behavioural problems of the students. We as B. Ed trainees actively participated and helped with the management of P.T.M. In the P.T.M. results of half-yearly exams conducted in the month of September-October were declared to the parents. Also the classroom behaviour and subjects of improvement were discussed with the parents. We as pupil teachers observed in the classes as to how an interaction is carried out between the teachers and parents. Overall attending first Parent-Teacher Meeting as teachers was an informative experience.



## KALA UTSAV

24th November, 2022

Kala Utsav, the cultural bonanza was celebrated on November 9, 2022 displaying the creative insight of the students. It was an inter school event where students of various schools of Chandigarh participated wholeheartedly. Students showcased the cultural diversity of India through dance, music, theatre and painting activities. The preparation for the same began much earlier in the school. The B.Ed interns of T-9-5 were given the major task of decoration of school display boards and stages. Handmade paper flowers, bunting, artificial decorative items, balloons etc were used for decorative purposes. School students were actively engaged in the process. Some staff members including Miss. Usha, Mrs. Ritakshi and Mrs. Sneha also accompanied the pupil teachers. The decoration was looking very elegant and was much appreciated by the school principal Mrs. Monica Devi. The event began with a welcome address by Mrs. Roshni. From Puri folk dance to Nepali songs and subsequently visual arts especially the Warli Art were eye-catching. After the

mywork



performances, the eminent jury members prepared the results. G.M.S.S. ZFC bagged numerous prizes from folk singing (male and female) to histrionics. The event concluded with the vote of thanks by Mrs. Roofali where she thanked people associated with the event for their dedicated efforts.

## CHILDREN'S DAY EVENTS

14th November, 2022

To make the children's day memorable for students and to celebrate a day making childhood, G.M.S.S. ZFC celebrated Children's day in school premises. The day commenced with immense joy, enthusiasm and magnificence. The celebrations began with morning prayer where importance of children's day was elucidated. Then began a series of celebrations including fun filled activities and games planned by teachers for the students. The teachers made children's day special for the students by involving them into various games like archery, dip and swim, balloon bursting, ring-a-win, musical chairs etc. Students were also allowed to install food stalls the centre of attraction becoming Gulgappa stall. Children were given chocolates and gifts from teachers. The students were overjoyed and enjoyed the day.





### SCIENCE QUIZ

18th Nov, 2022  
12:30 P.M. - 1:30 P.M.

Pupil Teachers were also a part of organisation of science quiz. The main aim of the quiz is to check knowledge and awareness of students regarding basic questions from the field of science. The quiz was conducted in two shifts from class 7th to 12th. Pupil Teachers showed active participation from framing the questions to conducting the quiz under the guidance of Mr. Ankur, Mr. Usha, Mrs. Kundola and Mrs. Ananddeep. They were appreciated for their work.

### WORLD TOILET DAY

19th Nov, 2022  
8:10 A.M. - 8:30 A.M.

On the occasion of world Toilet day, pupil teachers gave speech in order to make students aware of hygiene and sanitation measures. A display board was beautifully illustrated. The washing and cleaning staff of the school was thanked for their dedicated efforts at each step in maintaining cleanliness throughout the school campus.



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### COLLAGE MAKING ON SAY NO TO DRUGS

22nd Nov, 2022  
11:00 AM - 12:00 Noon

Collage Making competition was organised from class 6th to 10th on the theme - Say No To Drugs. Students showed active participation and made beautiful collages. Pupil teachers played an active role in smooth conduct of the competition under the guidance of Mrs. Neelam Chopra.

### ESSAY WRITING ON IMPORTANCE OF CONSTITUTION

25th Nov, 2022  
10:00 AM - 11:00 AM

In order to celebrate the upcoming Constitution Day on 26th Nov 2022, an Essay writing competition on the "Importance of Constitution" was conducted beforehand. The competition was to be organised for classes 5th to 12th where students showed active interest and about 30 students participated in the competition. Beautiful and illustrious essays were written highlighting the theme.



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### QUIZ COMPETITION ON CONSTITUTION DAY

26th Nov, 2022

9:30 A.M. - 11:00 A.M.

To celebrate the occasion of constitution day, a quiz competition was organised by pupil teachers under the guidance of Mrs Kamlesh Kaur and Mrs. Ashima Ahera. The quiz was conducted in two categories - Junior [class VIII to X] and seniors [class XI and XII]. Screening round was conducted first of all followed by a stage round with the top 4 teams. Pupil Teachers showed active participation from framing questions to time keeping and conducting the quiz. Pupil teachers were praised for their efforts.

### PLEDGE ON CONSTITUTION DAY

26th Nov, 2022

11:00 A.M.

In adherence to the rules and regulations of the Government of India, Preamble oath was taken by pupil teachers on the stage followed by students and teachers.



### SPEECH ON AIDS DAY

1st December, 2022  
8:30 A.M.

To celebrate World Aids day on December 1 and to spread awareness regarding the disease, a speech was given by pupil teachers. The aim was to break the superstitions regarding the disease and to make students aware about the disease. At the end, a pledge was taken to not treat AIDS patient badly and to Equalize all in the mainstream.

### HOUSE MEETS

The school used to observe house meets every Saturday. The pupil teachers were allotted various houses like Gandhi, Subhas, Shastri and Tagore. Every week, 2 hour long house meets used to take place where various activities were conducted like Essay writing, badge making, drama and theatre, poetry recitation etc. Owing to No bag day on Saturdays, house wise various sports activities used to take place. Sports like badminton, cricket, volleyball, table tennis etc were played. Pupil Teachers showed active participation in the events and made the events much enjoyable.



## MY EXPERIENCE

Our internship started on 25th August, 2022 at Government Model Senior Secondary School, Sector 27C, Chandigarh. During the first couple of days, we took time to understand the functioning of the school. Then the month of September was spent on revisions for upcoming semester exams. Each day, we had a new learning experience.

October and November were full of co-curricular activities where we were engaged in all the activities of the school like Diwali fest, slogan writing & Junior chess competition.

Looking back, I feel the most enjoyable part was the time spent with the teachers and students of the school. My group mates were also very cordial and I shared a great bond with them.

I learnt a lot during my internship program and that has helped me a lot in my professional development as a teacher.

However, I found out that the teacher-student ratio was very poor that makes the work of dedicated teachers difficult. Infrastructure especially parks, toilets, water coolers, blackboards etc need to be taken care of. Otherwise the overall experience of my school internship program was very memorable and knowledgeable.

## 6. GMHS 20D, CHD

# Activity File Government Model High School

## Tutorial Group -10



**Submitted To:**

*Dr. Kusum*

**Submitted by -** *Sant kaur (20)*

*Tsering Norzom (10)*

*Sunita Parihar (27)*

*Kusum Choudhary(44), Rubi (61)*

*Meera (78), Rubby kumari (95)*

*Poonam rani (113), Rita rani (314)*



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2	Activities organized at School	5-8
3	Assessment Record for subjects	9-15
4	Experience in School	16-24

## What are co-curricular activities?

Every activity in school life plays a significant role in the development of students. Co-curricular activities are an essential part of school life and helps in enhancing learning process of students at school. Co-curricular activities are compulsory activities which is important for every student to participate. Cocurricular are designed and balanced with academic curriculum so that every student gets to learn beyond subjects.

Co-curricular activities are meant to bring social skills, intellectual skills, moral values, personality progress and character appeal in students. It includes athletics, cultural events, library activities, science lab activities, classroom activities, creative arts and meditation etc.

## Role of teacher in Organizing Co-curricular Activities

The teacher should have to perform multi-dimensional functions in organizing and executing extra-curricular activities. It is also the school, which plays pivotal role in conducting co-curricular activities. It is the teacher or the school who finally should take the responsibility how activities should proceed further. The teacher can be planner, leader, innovator, director, organizing, manager, recorder, advisor, motivator, communicator or coordinator. While executing such activities, the teacher faced lots of difficulties. But he should not discourage and completed the assignment after consultation with seniors and school administrator.

### Morning Assembly

Morning assembly is an integral part of the school's schedule. Almost all the schools conduct morning assemblies



which include prayers, information of latest happenings, inspiring thoughts, speech, national anthem etc. A good school is always particular about their morning assembly schedule. However, some parents, as well as students, consider morning assemblies as a total waste of time. In fact, few students are always in a lookout to find excuses to escape from the morning assembly is important for a child's development.

In this school, on some days special assembly was conducted to create awareness among children. Topics such as 'Ban on Single use Plastics', 'Save Trees'. All B.Ed. trainee teachers observe the assembly on daily basis.

Morning assembly was conducted by pupil teachers in a well-planned manner. The tasks were divided and everyone performed upto the mark. Coordinated and organized work was done by them which led to systematic morning assembly. Sunita prepared current affairs and taught students to deliver them on stage. Every student was given a chance to use this momentous opportunity and deliver their

speech on the stage. These cocurricular activities helps to boost self-confidence among themselves and makes them a good orator. Rubby prepared a poem in Hindi language to make students more aware about their language subjects. These activities increase student's interest in language subjects and to adopt them for higher studies. Sant prepared poem in Punjabi language to make Punjabi easier and interesting for the students. As a result of these activities good vocabulary is developed in students. Tsering Norzom prepared Thought of the Day and students used to deliver them on stage. It increases their mental horizon and provides them a positive vibe in morning. This increases their catching power and improves learning. Poonm managed P.T. activites and taught yoga which improves student's mind and makes them quick and alert in the school. Kusum and Rubi prepared speech and it improves speaking and listening skills in students. Rita helped in preparing Thought of the Day in Punjabi. Students delivered them on stage which removes hesitation and stage fear. Activities which were performed in morning assembly were for the overall development of students and to make them practically sound in the society.

## POSTER MAKING COMPETITION

Poster making is one of the most fun and creative activity for the students. Posters can have quite a positive effect on the process of learning. Making a poster allows the students to answer a question by using their imagination and creativity. It was organized on 13<sup>th</sup> September 2022 from class 6<sup>th</sup> to class 10<sup>th</sup> on the topic:

- 1) Save Environment
- 2) Cleanliness and Sanitization
- 3) Swachh Bharat

Many students participated in this competition and every student perform very well . At last , the pupil teachers collected the posters . On 23<sup>rd</sup> September 2022 , the prize distribution program was organised by the pupil teachers for the students who got first , second and third positions . The prizes were given by the school teachers to students.





### Model Making

Models were prepared by class 7th students. Theme of the model was excretory system, human heart, respiratory system. Students participated actively and enthusiastically. Students also gave presentation and explained the working of the models. This activity was done to develop the scientific attitude and interest among students.



Pupil teachers encourages all the students to participate actively. Students were very serious during the activity. Students also took the help of pupil teacher. Students motivated other students also by giving their presentations.



## Mathematics and Science Quiz Competition



Quiz competition was organized on 22<sup>nd</sup> November 2022 from classes sixth to eight under RAA. The quiz activity was kept which condition the students learn to response in each time frame and with basic general knowledge which can be used in day-to-day life.



Students enjoys such activity as it leads to proper communication between the teammates and brings the team spirit which are instilled in each one of them. Fair scoring method was used, and quiz was effectively wrapped up as the team C was announced as winner.

# Parents Teacher Meeting

Parents Teacher Meeting for classes 1 to 10 was held on 4 November, 2022 to discuss the performance of students with their parents. Also, feedback regarding their studies, health, and performance was discussed with their parents. In this meeting, the teachers and parents discussed the area through which they improve their wards for the best result. The progress report i.e marks of midterm examination was shown to them and the teachers noted the suggestion given by parents. The PTM comes to end with the conclusion that the progress of the students depends on the joint effort, mutual understanding, and cooperation of parents and teachers.





Assessment record class 7<sup>th</sup> 'A' (Subject- Science)

ASSESSMENT RECORD CLASS 7 <sup>th</sup> 'A' (SCIENCE)					
Roll No	Names	TEST I	TEST II	TEST III	TEST IV
1	Ankit	10	10	09	10
2	Rajat	01	02	01	01
3	Tarun	03	10	10	10
4	Balraj	0	01	0	0
5	Kalash	03	10	10	10
6	Arushi	02	03	02	01
7	Kharu	00	00	00	00
8	Shikhar	01	01	02	01
9	Shivanshu	00	02	00	00
10	Keshav	10	10	10	10
11	Pooja	05	06	03	03
12	Anuj	10	10	10	10
13	Ashish	06	07	07	03
14	Vishal	02	07	10	10
15	Ashu	03	04	03	03
16	Chiranjiv	02	01	03	02
17	Yashanshu	10	10	10	10
18	Sagar	09	10	07	08
19	Bhaskar	03	02	01	01
20	Anshu	04	03	03	02
21	Aman	03	01	0	0
22	Pinku	06	05	05	02
23	Kushal	07	08	06	06
24	Sakshi	02	09	10	10
25	Sakshi Singh	05	07	10	10
26	Vishal	07	06	03	03
27	Pooja	08	07	10	10
28	Tanya	08	10	10	08
29	Gunjan	03	02	0	0
30	Pooja	03	02	0	0
31	Sanshu	02	01	01	0
32	Anjali	01	0	0	03
33	Anjali	05	03	03	05
34	Tarun	00	00	10	10
35	Nishi	05	03	04	04
36	Naina	07	08	07	08

# ASSESSMENT RECORD OF CLASS 7th

## SUBJECT – MATHEMATICS

Roll no.	Student's Name	Test – 1 Out of 20	Test – 2 Out of 15	Test – 3 Out of 15	Total Out of 50
1	Ankit Sharma	18	14	15	47
2	Rajat Kumar	10	07	08	25
3	Tanmay	16	12	14	42
4	Baljinder	06	03	04	13
5	Kailash Giri	16	14	14	44
6	Akash	15	10	12	37
7	Khushpal	05	Ab.	08	13
8	Dhirender	07	05	04	16
9	Shivnandan	04	Ab.	02	06
10	Keshav	18	15	15	48
11	Prince Pandit	06	02	04	12
12	Anuj Kumar	17	14	14	45
13	Abhishek	10	08	Ab.	18
14	Vishal Kumar	15	08	06	29
15	Atul	15	11	09	35
16	Shivam Pal	16	13	10	39
17	Yashansh	17	12	12	41
18	Sagar Singh	12	09	08	29
19	Bikram	03	06	Ab.	09
20	Ashish	Ab.	02	03	05

21	Armaan	02	04	02	08
22	Pinki	05	Ab.	08	13
23	Khushi	06	09	07	22
24	Sakshi	03	07	Ab.	10
25	Sakshi Singh	12	13	14	39
26	Vidhi Sharma	Ab.	09	08	17
27	Naina	08	07	09	24
28	Priyanka	11	10	13	34
29	Tannu Devi	07	09	06	22
30	Gungun	07	04	05	16
31	Preeti Gond	09	03	07	19
32	Sonam	06	Ab.	08	14
33	Gayatri	Ab.	09	06	15
34	Anjali	10	09	08	27
35	Tapssya	09	10	Ab.	19
36	Nidhi	08	08	06	22



## Assessment Record for Class 6th A

### LIFE SCIENCE

ROLL NO.	NAME	TEST 1	TEST 2	TEST 3	TEST 4	TOTAL	MAX. MARKS	RANK
1	Khusboo	1.5	0	3	3	7.5	40	15
2	Pari	0	0	2	2	4	40	20
3	Komal	4.5	2.5	5	3	15	40	9
4	Bandana	1	0	3	4	8	40	16
5	Prachi	8.5	4	7	7	26.5	40	3
6	Yashica	8	0	4	4	16	40	4
7	Jiya Rani	7.5	7.5	6	6	27	40	5
8	Niyati	5	6	6	6	23	40	7
9	Abhi Sharma	9	3.5	5	4	21.5	40	2
10	Badal	1	0	3	5	9	40	16
11	Om	0	0	0	3	3	40	20
12	Sunny	1	1	3	4	9	40	16
13	Ankit	0	0	3	6	9	40	20
14	Sundram Singh	2	1.5	2	4	9.5	40	14
15	Tanish	0	0	3	3	6	40	20
16	Manish	0	4	6	5	15	40	20
17	Arush singh	2.5	5	4	3	14.5	40	12
18	Akash	3	0	5	2	10	40	11
19	Shubham	10	10	4	7	31	40	1
20	Keshav	2.5	3	3	4	12.5	40	12
21	Sornath	4	8.5	2	6	20.5	40	10
22	Shiv	1	1	1	3	6	40	16
23	Simran	0	2	3	3	8	40	20
24	Shobhit	0	5	4	4	13	40	20
25	Anuragh	5	4	4	5	18	40	7
26	Sanvi	6.5	7.5	5	6	25	40	6

# ASSESSMENT RECORD FOR CLASS 8<sup>th</sup>A

ROLL NO	NAME	TEST 1	TEST 2	TEST 3	TEST 4	Max. Marks	TOTAL
1	Arpita	8	9	9	9	40	35
2	Dipanshi	7	5	8	6	40	26
3	Muskan	7	4	7	7	40	25
4	Lavanya	8	6	6	5	40	25
5	Simran	7	8	7	9	40	31
6	Akshara	7	5	7	6	40	25
7	Sonam	8	7	6	5	40	26
8	Angali	7	4	8	6	40	35
9	Sundina	6	6	7	4	40	17
10	Tanvi	8	7	6	5	40	26
11	Nisha	7	6	6	7	40	26
12	Kiran	6	6	9	6	40	27
13	Tanisha	7	8	7	9	40	31
14	Rimpy	6	7	5	8	40	26
15	Saisha	8	9	9	9	40	32
16	Radhika	6	7	5	6	40	24
17	Sangam	6	5	5	4	40	20
18	Neha	5	6	5	7	40	23
19	Shiva	7	3	5	5	40	20
20	Thamiz	6	4	5	5	40	20
21	Surjeet	7	6	8	6	40	27
22	Nikhil	6	4	6	4	40	20
23	Aman	5	6	3	6	40	20
24	Nitin	4	6	4	5	40	19
25	Anuj	6	4	6	6	40	22
26	Rangit	9	8	7	8	40	32
27	Shiva Srinastav	8	6	7	7	40	28

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मुम्बई बंद (विषय), नगरपालिका, विभाग - पत्रिका

क्र.सं.	नाम	दस्तावेज-1 (30)	दस्तावेज-2 (20)	दस्तावेज-3 (20)	दस्तावेज-4 (20)	कुल (90)	वर्ग
1.	साथी	18	10	10	10	48	मी०
2.	वसुध	25	15	04	10	54	मी०
3.	उत्तरी	02	11	11	07	31	मी०
4.	शिवाजी	25	20	20	10	65	मी०
5.	पत्रिका	15	04	08	10	37	मी०
6.	सद्यः परिचय	24	20	20	02	66	मी०
7.	बंगल	20	10	10	14	54	मी०
8.	गोवडा	27	15	18	04	64	मी०
9.	साहित्य सेवा	08	10	19	20	57	मी०
10.	साहित्य	27	12	15	08	62	मी०
11.	सिंह	15	15	09	12	51	मी०
12.	गावडी	10	18	11	17	56	मी०
13.	सावडी	20	04	10	15	49	मी०
14.	सावडी	04	12	15	12	43	मी०
15.	सावडी	25	10	17	11	63	मी०
16.	सावडी	27	17	09	07	60	मी०
17.	सावडी	20	21	05	13	59	मी०
18.	सावडी	23	03	12	10	48	मी०
19.	सावडी	02	05	14	02	23	मी०
20.	सावडी	24	01	02	18	45	मी०
21.	सावडी	20	09	10	15	54	मी०
22.	सावडी	26	11	10	04	51	मी०
23.	सावडी	27	18	07	09	61	मी०
24.	सावडी	25	20	10	15	70	मी०
25.	सावडी	09	10	10	17	46	मी०



### Experience of teaching internship at Government Model High school, Sector 20D

Teaching like any other art should be practiced enough to convey the information or message to the students. Excelling at this art requires lots of patience and practice. Therefore, I am lucky enough to be allotted at Government Model High school, Sector 20 D which is adjoining to Government college of Education, Sector, 20D, from where I am pursuing my B.Ed. Course.

Within these three months, with the guidance of my mentors Mrs Uma Rani and Mrs Savita, I got exposure to many teaching resources and assessment methods which should be known to every teacher. Presence of my mentors while I am teaching made me learn from my mistakes. I worked on my personality development, and I learnt a lot about my strength and weaknesses.

Other than teaching in classes, I spoke during an assembly stage during a prize distribution, and it was a great platform to learn public speaking. I enjoyed the process of planning till execution of the program.

In a nutshell, I developed patience, understanding and communication from this experience. I had practically seen how each student are different and how each students need the teacher's attention for their learning and development. Leant that how a teacher's word can change a child's world. I tried to implement or practice reinforcement to the below average students, and it worked wonders to make the child feel accepted and capable of anything.

I have learnt that without any prior preparation, no classes can be delivered in effective way and for me lesson plan making surely made the teaching more efficient and easier.

- Tsering Norzom  
Roll No-10

## Teaching internship experience

I would like to express my gratitude towards school staff teaching as well as non teaching that made me learn how to work as a team and take individual responsibilities. During this internship program of 72 days I learned variety of teaching strategies ,working abilities and adapted teaching according to needs of the students.

I will be always thankful to respected headmaster Mr. Manmohan Singh sir from whom I learnt all qualities that a good leader possess. His role of leader is not just leading an institution but also his pivoted role in journey of learning in a student's life impacted me a lot.

School staff has been very cooperative, respectful, reflective, focused on progress and growth which ultimately marked an effect on me. Through various activities like morning assembly commanded by Mrs Neetu ma'am, regular motivational words by A K Tiwari sir, Laxmi ma'am, Ranju ma'am in coordination with other worthy teachers. I learned how a teacher can lighten up young minds of students. Mr. Sunil has always been cheering us , boosted our moral and also made us realize sense of punctuality and regularity.

I am very grateful to my teaching mentor Mr. Rajinder sir who has been a great guide with enormous capabilities and experience. He has always provided me such an environment which boosted my confidence, knowledge and teaching skills. Mrs. Ranju ma'am has been a great mentor, very cooperative and friendly expert who also provided honest feedback to inculcate best skills in me .

Overall this overwhelming experience groomed me not only professionally by but also personally which would evolve me as versatile teacher and a human in future.

Sunita Parihar  
B. Ed -3<sup>rd</sup> semester  
Roll no. 27/21  
Session 2022

Name- Rita Rani  
College Roll No- 314B  
B.Ed. INTERNSHIP STUDENT

MY EXPERIENCE

Teaching like any other art should be practiced enough to convey the information or message to the students. I am lucky enough to be allotted at Govt. Model High School, Sec-20D, Chandigarh from where I am pursuing my B.Ed. Course.

B.Ed Teacher Training was the most amazing and beautiful experience in my life. Within these three months, with the guidance of my mentors Mrs. Samandeep Kaur and Jaswinder Kaur. Presence of my mentors while I am teaching made me learn from my mistake and also know to make sure to make a schedule of what will be done at what time. I worked on my personality development, and I learn a lot about my strength and weakness. The staff was very Co-operative.

It was a great experience for me as well as one of the best exposure I experienced.



## EXPERIENCE

### Meera (Roll no 78)

During this internship, I enjoyed a lot to teach students. On the first day of my internship, I was quite nervous as this was a new experience for me. Gradually I'm comfortable with the students. Day by day I tried to improve myself to become a better teacher. In this B.Ed Teacher training program of 3 months my mentors Ms. Priya & Mr. A.K Tiwari guided me and provided a free environment to teach. My motive during teaching was that my teaching should be interactive. Through this internship I learned how to organize various activities, morning assemblies, etc

Teaching students not only help students to gain knowledge but also a teacher to update their knowledge every day. I'm thankful to my T.G incharge Dr. Kusum , my mentors and principal sir for providing me with such an oppportunity and helping me to become a better teacher in the future.

## EXPERIENCE

B.Ed. Teacher Training was the most gratifying experience in my life. This experience helped me to inculcate qualities like discipline, confidence, punctuality, Leadership, teamwork, Creativity etc. I learned all the skills which are to be used in a classroom along with professional ethics, values and competence to be required. It was a great experience for me as well as one of the best exposures I experienced.

I am very grateful to my teaching mentor Mrs. Ranju Singh, they are very supportive to me and boosted my confidence, and teaching skills.

I will be always thankful to respected headmaster Manmohan Singh sir from whom I learnt all qualities that a good leader possess.

Overall this overwhelming experience groomed me not only professionally by but also personally which would evolve me as a good human in future.

Name – Poonam Rani

B.Ed. 3<sup>rd</sup> Sem

Roll no. -113/21

## 7. GMSSS 21A, CHD

TOPIC

DATE

Government College of  
Education  
Sector 20-d, Chandigarh  
Internship File -  
Activity and Assessment  
Report

Pedagogy of Physical Science

Submitted to :- Dr. Sheojee Singh  
- Associate Professor

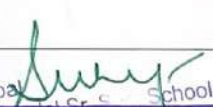
Submitted by :- Sonali Kumari Manhas  
- B.Ed 3<sup>rd</sup> sem.  
- 74/21



To Whomsoever it may concern:

It is to certify that Miss Sonali Kumari Manchhas (B.Ed. 3<sup>rd</sup> sem) pupil teacher of TG-6 of Govt. College of Education, sector 20 D (Chd.) have participated, organised and conducted following activities mentioned in next pages and assisted in assessment & evaluation under the CCE under the supervision of authorities of Govt. Model Sr. Sec. School, 21A, when this internship phase was allocated.

Signature of Principal

Principal   
Govt. Model Sr. Sec. School  
Sector 21, Chandigarh



TOPIC

DATE

# 1. Ozone Depletion - Poster & Slogan Writing

16<sup>th</sup> September is celebrated as World Ozone Day to create awareness among people regarding the importance of the ozone layer in atmosphere with this idea keeping in mind Eco-Club of GMSs, sector 21A has organized poster and slogan making competition on 2<sup>nd</sup> September 2022.

This competition was organized for classes from 8<sup>th</sup> to 10<sup>th</sup>. Total of 15 posters have been displayed by posters-panels. The event started with address by head of Eco-Club Ms. Anita Sood she stressed on importance of ozone layer in the stratosphere where it forms a protective layer that shields us from harmful ultraviolet rays. Human activity has depleted this ozone layer and caused 'holes' in ozone layer.

At the end of the competition, prize winners were announced:-

1<sup>st</sup> Prize :- Anmol Verma (10<sup>th</sup> A)

2<sup>nd</sup> Prize :- Anusha Saha (8<sup>th</sup> A)

3<sup>rd</sup> Prize :- Zainab Khan (8<sup>th</sup> B)

S-12

Dobby Stationery





TOPIC

DATE

## 27 Water Management - Poster making

In the premises of Govt. model senior secondary school, sector 21A; poster making competition was organised on the topic and theme of 'Water management'. Students of classes 8<sup>th</sup> - 12<sup>th</sup> participated in the competition. Competition was on the topic 'save water' to make them aware of the need of conserving water and the significance of the same.

Students participated in the competition with great fervour. Students showcase their talent and creativity on the prescribed topic or theme.

Total of 19 posters were made by the students and teachers of fine arts were the judges of the work.

Prize winners are :-

1<sup>st</sup> Prize - Umesh (12<sup>th</sup>U)  
2<sup>nd</sup> Prize - Abhinav (11<sup>th</sup>E)  
3<sup>rd</sup> Prize - Palak (9<sup>th</sup>B)  
Consolation prize - Mahaave (8<sup>th</sup>A)  
Chander Prakash (8<sup>th</sup>B)





TOPIC

DATE

### 3. Rally For Green Diwali-

Date - 18 October, 2021

Theme - Feel lightening diyas is a better option than bursting crackers.

Students of government Model senior secondary school, sector 21 organised a rally to enlighten the public to celebrate 'Eco-friendly Diwali' on 18 October, 2021. The students and staff carrying placards, raised slogans against air, water, sound and environmental pollution. A member of class 8<sup>th</sup> gave information through speech before the rally began. School principal Subhpal Kaur said the programme was aimed at enlightening the students on safety and celebrating Diwali with Dyaas.

Later she gave tips to the public on celebrating the festival safely. School's activity Incharge Anita Sool, NSS cell incharge Nirmal Singh and B.Ed Trainees participated in the rally. Refreshments were distributed among students after rally.



Chandigarh, Chandigarh, India  
Government Model Senior Secondary School  
Sector 21A, Sector 21, Chandigarh, 160022, India  
Lat: 30.72794°  
Long: 76.77022°  
20/10/22 09:12 AM GMT +05:30



Chandigarh, Chandigarh, India  
Government Model Senior Secondary School  
Sector 21A, Sector 21, Chandigarh, 160022, India  
Lat: 30.72794°  
Long: 76.77022°  
20/10/22 09:12 AM GMT +05:30

TOPIC

DATE

## 4.) Wildlife Conservation - Fancy dress competition

On the occasion of wildlife conservation week fancy dress competition was organised in the campus of Govt. Model Senior Secondary School, Sector 21-A on 20<sup>th</sup> of October 2022. Students from classes nursery to 1<sup>st</sup> were the participants in the competition. Students were dressed up in the costumes of wild animals and they recite the dialogues and presented in front of the audience. The chief guest of the event was Principal Sukhpal Kaur. The jury members were the senior teachers of the school. Rahul Nam cooperated a lot by preparing the students effectively. Students were happy and excited. Conclusion of the event was done by Arya, student of 11<sup>th</sup> class and B Ed trainees. Positions were announced at the end.

1<sup>st</sup> Position - Lkhushi  
2<sup>nd</sup> Position - Adida Agarwal  
3<sup>rd</sup> Position - Aryan Negi

S-12

Orbit Stationery

8. GMSSS 23, CHD

***CO-CURRICULAR ACTIVITIES  
AND MY INTERNSHIP  
EXPERIENCE***

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**SUBMITTED BY- MEGHA SAINI**

**31**

**B.ED.- 3 SEM.**

*Megha*  
Principal  
Govt. Model Sr. Sec. School  
Sector 23-A, Chandigarh



# Say no to drugs

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Poster making competition was conducted in school to make students aware of the harmful effects of drugs and how to prevent themselves from them.



Activity File

Pedagogy of

Social Studies

Session 2022-2023

MEERA  
78  
B.Ed 3<sup>rd</sup> SEMESTER

SUBMITTED TO  
DR. ANURAG  
SANKHAN

## INDEX

S.No.	TOPIC	PAGE NO.	SIGNATURE
1.	MORNING ASSEMBLY	1	
2.	WHAT ARE CO-CURRICULAR ACTIVITIES	2	
3.	SELF EXPLANATORY ACTIVITY	3	
4.	POSTER MAKING COMPETITION	4	
5.	PARENTS TEACHER MEETING	5	
6.	ASSESSMENT RECORD	6	
7.	Expenience	8	

*Meera*





## PARENTS TEACHER MEETING

Parents Teacher Meeting for classes 1 to 10 was held on 4 November, 2022 to discuss the performance of students with their parents. Also, feedback regarding their studies, health and performance was discussed with their parents. In this meeting, the teachers and parents discussed the area through which they improve their wards for the best result. The progress report i.e. marks of mid-term examination was shown to them and the teachers noted the suggestion given by parents. The parents teacher Meeting comes to end with the conclusion that the progress of the students depends on the joint effort, mutual understanding, and co-operation of parents and teachers.

10. GMSSS 20D, CHD

**ASSESSMENT RECORD OF**  
**PEDAGOGY OF COMPUTER SCIENCE**

**Submitted To:**

Dr. Suman Khokhar  
Assistant Professor  
GCE, SEC- 20, Chandigarh

**Submitted By:**

Neha  
Roll no: 253  
B.Ed, Semester III

GOVERNMENT COLLEGE OF EDUCATION, SECOR 20-D, CHANDIGARH  
SESSION 2020-2021

# Index

Sr. No.	Content	Page Number
1	What is Assessment?	1
2	Test of Electronic spreadsheet	2
3	Record of Test1	3
4	Test of Data Entry and keyboarding skill	4 - 5
5	Record of Test 2	6
6	Test of Digital Documentation	7- 8
7	Record of Test3	9
8	Test of HTML	10-12
9	Record of Test4	13
10	Final Record	14

*Priyanka*  
Signature of Mentor

*[Handwritten signature]*



## Question Paper-Electronic Spreadsheet

Time:45 minutes

Max Marks:20 marks

Section A,B and C all questions are compulsory to attempt.

### Section:A

Choose one correct option from each of the following: (1 X 5=5)

1. which of the following shows you the location of an active cell ?

- a).formula bar
- b).status bar
- c).name box

2. What is the keyboard shortcut to create a new workbook ?

- a).ctrl + T keys
- b).ctrl + N keys
- c).ctrl + M keys

3. In Excel, a formula begins with a/an :

- a).equal to (=) sign
- b).plus(+) sign
- c).hash(#) sign

4. A cell with a dark boundary is known as a/an:

- a).inactive cell
- b).active cell
- c).working cell

5. What type of the chart looks circular in nature?

- a). Scatter chart
- b). Pie chart
- c). Radar chart

### Section:B

Fill in the blanks.

(1X5=5)

1. A function should start with \_\_\_\_\_.
2. The chart preview can be seen in \_\_\_\_\_.
3. The default extension of a workbook created using a LibreOffice calc spreadsheet is \_\_\_\_\_.
4. The spreadsheet feature used to continue the series is called as \_\_\_\_\_.
5. Number entered into a cell are automatically \_\_\_\_\_ aligned.

### Section:C

Answer the following question.

(2x5=10)

- Q1. What is a spreadsheet?
- Q2. What is a function? Give four examples?
- Q3. How do you enter the data into an active cell using the formula bar?
- Q4. How many types of data can be entered in the cell?
- Q5. Give the name of any three function in excel?

## RESULT (TEST – 1)

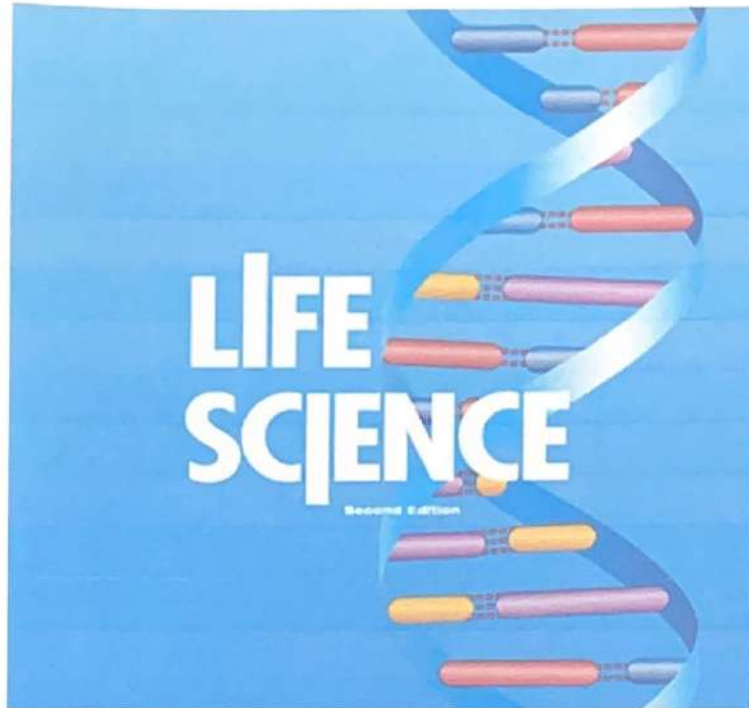
Rollno	Name	Mark Obtain	Total Marks	Percentage
1	Abhinav	14	20	70%
2	Aditya	08	20	40%
3	Akhilesh	11	20	55%
4	Aryan	10	20	50%
5	Arkin	08	20	40%
6	Arshvinder	10	20	50%
7	Atul	11	20	55%
9	Ayush	09	20	45%
10	Abhyjeet	10	20	50%
11	Chiranjeev	10	20	50%
12	Deepak	12	20	60%
13	Deepesh	06	20	30%
14	Farhan	04	20	20%
15	Harsh	12	20	60%
16	Himanshu	15	20	75%
17	Jayansh	07	20	35%
18	Jasmine	08	20	40%
19	Kajal	09	20	45%
20	Varun	08	20	40%
21	Niti	06	20	30%
22	Khushi	12	20	60%
23	Simran	13	20	65%
24	Gagandeep	14	20	70%
25	Dikshant	08	20	40%



11. GGSSS 18, CHD

# ACTIVITY AND ASSESSMENT FILE

## LIFE SCIENCE



SUBMITTED TO:

RAVINDER KUMAR

Headmaster,  
Govt. Model High School,  
Sector 20-D, Chandigarh.

SUBMITTED BY:

POONAM RANI

B.Ed. 3<sup>rd</sup> Sem

Roll No. 113

# POSTER MAKING COMPETITION

Poster making is one of the most fun and creative activity for students. It is by far the easiest activity in which students can attempt to score better than exam. Making a poster allows the students to answer a question by using their imagination and creativity. It was organized on 13 September 2022 for classes 6<sup>th</sup> to 9<sup>th</sup> on the topic:

- 1) Save Environment
- 2) Personal hygiene

Prizes were given 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>



## QUIZ COMPETITION ON MALNUTRITION, BALANCED DIET, HEALTH AND HYGIENE

Quiz competition was organized on topic Malnutrition, Balanced diet, Health hygiene was organized for the students of class 6<sup>th</sup> on 16 September 2022 during Poshan Maah Week. Quiz competition is much common to students. Many students are much eager and interested to take part in those competitions. Quiz competition refers to the competition in which students are asked questions of all kind in relation to the extra-curricular subjects also.

