



**GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20-D, CHANDIGARH
NAAC ACCREDITED GRADE 'A'**



**3rd Cycle
Assessment and Accreditation by NAAC
CRITERION-VI
GOVERNANCE, LEADERSHIP AND MANAGEMENT**



CRITERION 6

Metric -6.3

KEY INDICATOR- Faculty Empowerment Strategies

6.3.3 Number of Professional/ Administrative training programmes organized by the institution for teaching and Non-Teaching staff during the last five years

Brochures/ Reports along with Photographs with date and caption

INDEX

Sr.No	Content	Pages
1.	Professional Dev.Programmes 2018-19	1-4
2.	Professional Dev.Programmes 2019-20	5-7
3.	Professional Dev.Programmes 2020-21	8-26
4.	Professional Dev.Programmes 2021-22	27-35
5.	Professional Dev.Programmes 2022-23	36-54

PROFESSIONAL DEVELOPMENT ACTIVITIES 2018-19

Details of Participants

S.No.	Name and Designation	e-mail id	Mobile

ORGANISING COMMITTEE

Principal	RUSA Coordinator	Coordinators
Dr. (Mrs.) Harsh Batra	Dr. Anurag Sankhian, Associate Professor	Dr. Sapna Nanda, Associate Professor Ph: 9988852632 Dr. Vandana Aggarwal, Associate Professor Ph.: 9417524684

TENTATIVE SCHEDULE

Registration	9.00 - 10.00 AM
Inaugural Session	10.00 - 11.00 AM
Tea Break	11.00 - 11.30 AM
Workshop Session I	11.30AM-1.00 PM
Lunch	1.00 PM-2.00 PM
Workshop Session II	2.00 PM-3.30 PM
Valedictory	3.30 PM-4.00 PM

Capacity Building workshop on Curriculum Reforms in Integrated Teacher Education: Issues and Challenges November 27th 2018

Under the Aegis of

Rashtriya Uchchatar Shiksha Abhiyan (RUSA)



Organized by RUSA Cell
Government College of Education
Sector 20-D, Chandigarh
Website: www.gcehd.ac.in
E-Mail gcehd@yahoo.co.in
Ph: 0172-2700075

Sponsored by State Project Directorate (RUSA),
Chandigarh Administration Website: spdchd.ac.in

Capacity Building workshop on Curriculum Reforms in Integrated Teacher Education: Issues and Challenges

INVITATION

Dear Sir/ Madam,

It is a matter of great pleasure to inform you that **Capacity Building workshop on 'Curriculum Reforms in Integrated Teacher Education: Issues and Challenges'** is being organized under the Aegis of RUSA in collaboration with State Project Directorate (RUSA), Chandigarh Administration by Government College of Education, Sector 20-D, Chandigarh on **27th Nov, 2018**. I feel honoured to invite you, **RUSA coordinator and Faculty members** from your institution to attend the workshop and make the workshop a great success. Looking forward to your enthusiastic participation.

Dr. (Mrs.) Harsh Batra
Principal
Government College of
Education
Sector 20-D, Chandigarh

About the College

Government College of Education, previously known as Government Post-Graduate Basic Training College, was found in August 1954 under a special scheme of Government of India in the Second Five-Year Plan for establishment of training colleges for teachers at the post-graduate level. The College has great tradition of high achievements in the field of teacher education and ranks among the leading colleges of education in the country. The National Assessment and Accreditation Council (NAAC) has accredited Grade 'A' to this College. The National Council for Teacher Education has sanctioned 50 seats for M.Ed., 100 seats for B.Ed. and 20 seats in Post Graduate Diploma in Guidance and Counseling. The college has spacious campus with smart classrooms, well maintained lawns playgrounds and separate hostels for boys and girls. It provides excellent library and counseling services. The Government Model High School and Government Model Senior Secondary School, Sector 20-D work as experimental schools for the college. A number of dimensions have been added to the teacher training programme so as to make it as comprehensive as possible. The syllabus prescribed by the Panjab University, Chandigarh is enriched by seminars, workshops symposia, community activities, educational camps and numerous modes of other practical work.

Conceptualization

A high quality teacher education is of critical importance for the quality and relevance of education at all levels. Quality is not a unitary concept and is considered in multiple perspectives. The dimensions of quality in education include achieving pre-determined targets and objectives. The quality and extent of learner's achievement are determined primarily by teacher competence, sensitivity and motivation. Capacity building of teachers may be one of the most effective ways of raising pupil achievement.

Government of India at central level and different state governments have proposed and introduced many changes for improving the quality of education. One such proposed curricular reform is to start four years integrated B.Ed. programme keeping in mind the objectives of the teacher education and for the sake of improving the overall quality of the education in the country. The present one day capacity building programme on curriculum reforms in integrated teacher education programme and issues and challenges will focus on following objectives;

- To propose curricular reforms in integrated teacher education programme.
- To bring forth issues and challenges regarding curriculum design of integrated teacher education programme.
- To deliberate on Learner-Centered and Innovative Pedagogies in Teacher education.
- To focus on quality assurance for integrated teacher education programme.

Important Dates

Date of Workshop 27th November, 2018 Tuesday

A confirmation of participants with the following details from your institution is requested for this event at the college e-mail: gcechd@yahoo.co.in positively by 19th November, 2018.

Participants may contribute their views and suggestions in the forms of papers related to the listed objectives. Selected papers will be published in the form of book as chapters. Publication fee is Rs.500/- per author.

PRESS COVERAGE

Hindustan Times 29/11/18

**Principals attend workshop
on curriculum reforms**

CHANDIGARH: Principals of city government colleges attended a workshop on curriculum reforms 'Curriculum reforms in integrated teacher education programme' sponsored by Rashtriya Uchchar Shiksha Abhiyan (RUSA), was organised at the Government College of Education, Sector 20, on Wednesday. S Rubinderjit Singh Brar, PCS, director higher education, Chandigarh administration, inaugurated the workshop.

Dr. Seema

पंजाब केसरी 28/11/2018

टीचर एजुकेशन प्रोग्राम का आयोजन

चंडीगढ़, 27 नवम्बर (रश्मि रोहिला) :: रुसा द्वारा मंगलवार को गवर्नमेंट कॉलेज आफ एजुकेशन सेक्टर-20 में टीचर एजुकेशन प्रोग्राम का आयोजन किया गया। इसका उद्घाटन एजुकेशन डिपार्टमेंट के डायरेक्टर पी. सी. एस. रुबिंदरजीत सिंह बराड़ ने किया। रुसा के अतिरिक्त राज्य परियोजना निदेशक डॉ. दलित कुमार खास मेहमान थे। निदेशक स्कूल शिक्षा ने देश के शिक्षा वर्गों के लिए महत्वपूर्ण चुनौती नए बदलावों के संदर्भ में अपनी पारंपरिक संरचना को फिर से स्थापित करना बताया।

Dr. Seema

अमर उजाला 28/11/2018

बीएड कालेज में टीचर एजुकेशन प्रोग्राम

चंडीगढ़। राष्ट्रीय उच्च शिक्षा अभियान (रूसा) की ओर से मंगलवार को गवर्नमेंट कालेज ऑफ एजुकेशन सेक्टर-20 में टीचर एजुकेशन प्रोग्राम का आयोजन किया गया। इसका उद्घाटन एजुकेशन डिपार्टमेंट के डायरेक्टर पोसीएस रुविंद्रजीत सिंह बराड़ ने किया। रूसा के अतिरिक्त राज्य परियोजना निदेशक डॉ. दलित कुमार खसम मेहमान थे। कालेज प्रधानाचार्य डॉ. हर्ष बत्रा ने इस मेहमानों का स्वागत किया। निदेशक रूसा शिक्षा क्षेत्र के शिक्षकों के लिए महत्वपूर्ण चुनौती नए बदलाव के संदर्भ में अपनी प्रारंभिक संरचना को फिर से स्थापित करना बताया। सुबह के सत्र के दौरान प्रो. अनिल शुक्ला ने शिक्षकों के सोचने के अपने शैक्षिक तरीके से अवगत होने पर जोर दिया। उन्होंने कहा कि शिक्षण पेशा सबसे सम्मानजनक है। दोपहर के सत्र में प्रोफेसर मोहम्मद ने विस्तृत चर्चा देखी। इस मौके पर महात्मा ज्योतिबा फुले रीजिस्ट्रार, विभवविद्यालय के उपाध्यक्ष प्रोफेसर अनिल शुक्ला, बॉली और प्रोफेसर मोहम्मद अख्तार, सिद्दीकी, प्रोफेसर, शिक्षा सहाय, जामिया मिलिया इस्लामिया सेंट्रल युनिवर्सिटी, नई दिल्ली मौजूद थे।

Dr. Sepone

RUSA SPONSORED CAPACITY BUILDING WORKSHOP NOVEMBER 27, 2018



NATIONAL SEMINAR ON POLICY AND REGULATORY CHANGES IN TEACHER EDUCATION

2019-20



NATIONAL SEMINAR
on
POLICY AND REGULATORY CHANGES
IN TEACHER EDUCATION

on
December 5, 2019

Under the initiative of
INTERNAL QUALITY ASSURANCE CELL
(IQAC)



GOVERNMENT COLLEGE OF EDUCATION

Sector 20-D, Chandigarh.

Website: www.gcechd.ac.in

E-Mail: gcechd@yahoo.co.in

Ph: 0172-2700075

ORGANISING COMMITTEE

Principal

Dr. (Mrs.) Harsh Batra

IQAC Incharge

Dr. Sanjeev Kumar
Associate Professor
Ph. 9463391570

Coordinators

Dr. Sapna Nanda
Associate Professor
Ph: 99888-52632

Dr. Vandana Aggarwal
Associate Professor
Ph.: 94175-24684



TENTATIVE SCHEDULE

Registration	09.00 am - 10.00 am
Inaugural Session	10.00 am - 11.00 am
Tea Break	11.00 am - 11.30 am
Technical Session - I	11.30 am - 01.00 pm
Lunch	01.00 pm - 02.00 pm
Technical Session - II	02.00 pm - 03.30 pm
Valedictory	03.30 pm - 04.00 pm

CONCEPTUALIZATION

Teacher Education is a program of policies and procedure designed to equip prospective teachers with the knowledge, attitudes, behavior and skills they require to perform their task effectively in the classroom, school and wider community. Teacher Education program needs to be redesigned periodically in order to respond to the school education process and in accordance with the state and regional context in which they are situated. Moreover, professionalism needs to be instilled in each and every aspect of teacher preparation program from its conceptualization to evaluation and appraisal to prepare professional teachers so as to improve the overall quality of education. A number of dimensions have been changing in the teacher education program to make it as comprehensive as possible. At the central level, Govt. of India and different state governments have proposed various policy and regulatory changes in the teacher education program. The present one day National Seminar on Policy and Regulatory changes in Teacher Education will focus on the following objectives:

- To share the recent policy and regulatory changes in the teacher education in the country.
- To deliberate upon the implications and challenges in implementing the new policies and changes in the teacher education.
- To achieve planned and coordinated development of teacher education through effective implementation of new teacher education regulations.
- To deliberate upon the proposed structural reforms in teacher education.
- To share different reforms in the contents, teaching-learning and the curricula.
- To document the ideas and interventions required for the development of teacher education.

IMPORTANT DATE

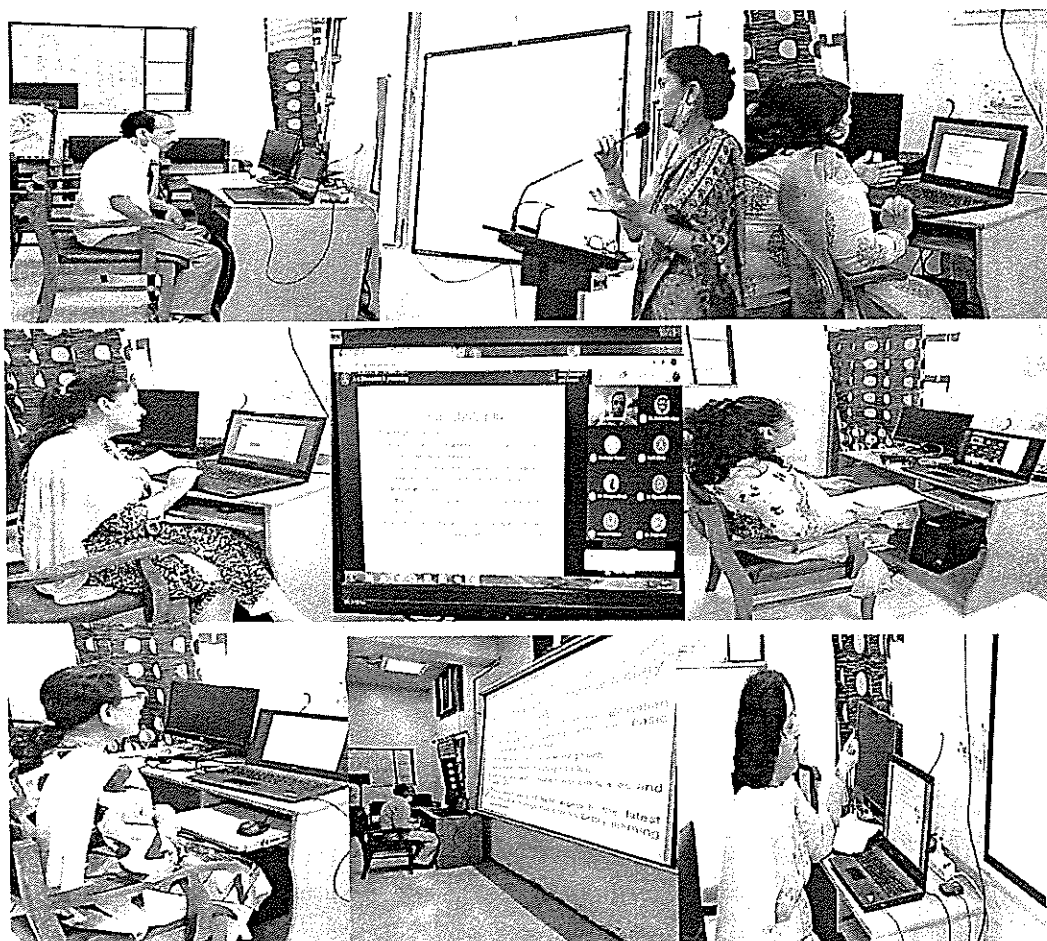
December 5, 2019; Thursday

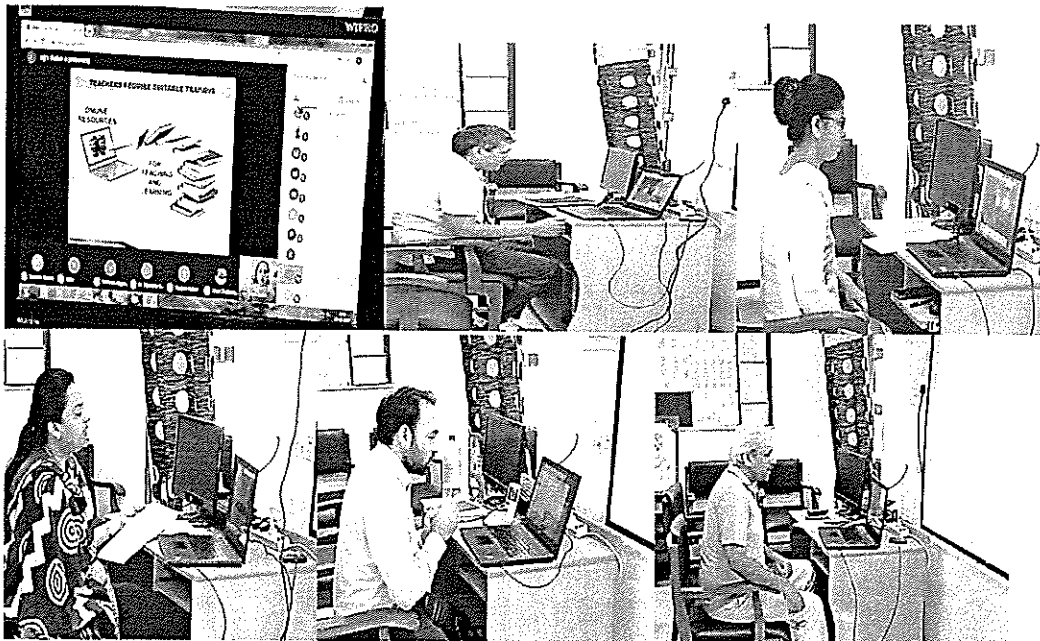
A confirmation of participants with the following details from your institution is requested for this event at the college e-mail: gcechd@yahoo.co.in positively by **December 5, 2019.**

Participants may contribute their views and suggestions in the forms of papers related to the listed objectives. Selected papers will be published in the form of book as chapters. Publication fee is Rs. 500/- per author.

**Online Intensive Discussion Programme on NEP-2020
(2nd September to 17th September, 2020)**

- Government College of Education organized an Online Intensive Discussion Programme on National Education Policy, 2020 from 2nd to 17th September, 2020 under the guidance of Dr. (Mrs.) Renu Verma, Principal, GCE20, Chandigarh.
- During this 16-day event, all the faculty members of the institution presented their views on the various chapters of National Education Policy, 2020 which was followed by an intensive discussion on the recommendations of the policy.
- On the concluding day i.e. 17th September, 2020, Dr Sanjeev Kumar highlighted various regulatory mechanisms in higher education and Dr. Shoejee Singh threw light on the importance of NEP, 2020 and gave an overview of the discussion programme where the experts from various fields came under one theme for creating better awareness and understanding of the NEP, 2020.





Government of Karnataka, Department of Higher Education
A Report on Virtual Education & Massive Open Online Courses
2019
National Education Policy, 2019

Executive Summary

The Government of Karnataka, Department of Higher Education, has initiated a series of measures to promote Virtual Education and Massive Open Online Courses (MOOCs) in the State. The first step was the formation of a Task Force on Virtual Education and MOOCs in the State, which was constituted in the month of March 2019. The Task Force has submitted its report to the Government of Karnataka, Department of Higher Education, in the month of September 2019. The report contains the following recommendations:

The Government of Karnataka should take the following steps to promote Virtual Education and MOOCs in the State:

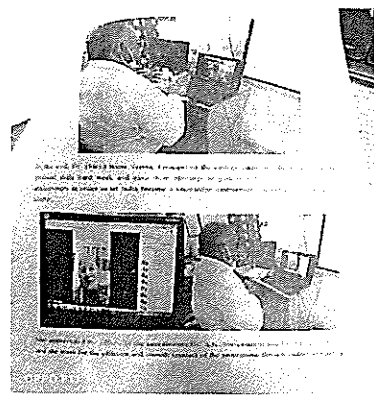
- Establish a Virtual Education and MOOCs Cell in the Department of Higher Education, Government of Karnataka.
- Develop a Virtual Education and MOOCs Policy for the State.
- Establish a Virtual Education and MOOCs Fund to support the development of Virtual Education and MOOCs in the State.
- Encourage the development of Virtual Education and MOOCs by higher educational institutions in the State.
- Provide financial support to higher educational institutions for the development of Virtual Education and MOOCs in the State.
- Establish a Virtual Education and MOOCs Centre of Excellence in the State.
- Organize workshops and seminars on Virtual Education and MOOCs in the State.
- Conduct research on Virtual Education and MOOCs in the State.
- Establish a Virtual Education and MOOCs Research Institute in the State.
- Establish a Virtual Education and MOOCs Council in the State.
- Establish a Virtual Education and MOOCs Commission in the State.
- Establish a Virtual Education and MOOCs Authority in the State.
- Establish a Virtual Education and MOOCs Board in the State.
- Establish a Virtual Education and MOOCs Commission in the State.
- Establish a Virtual Education and MOOCs Authority in the State.
- Establish a Virtual Education and MOOCs Board in the State.

Day 17 September 2019

The report highlights the progress of the State in the field of Virtual Education and MOOCs. It also identifies the challenges faced by the State in this regard. The report also provides recommendations for the Government of Karnataka to address these challenges. The report also provides information on the various initiatives taken by the Government of Karnataka to promote Virtual Education and MOOCs in the State.

Day 18 September 2019

The report highlights the progress of the State in the field of Virtual Education and MOOCs. It also identifies the challenges faced by the State in this regard. The report also provides recommendations for the Government of Karnataka to address these challenges. The report also provides information on the various initiatives taken by the Government of Karnataka to promote Virtual Education and MOOCs in the State.



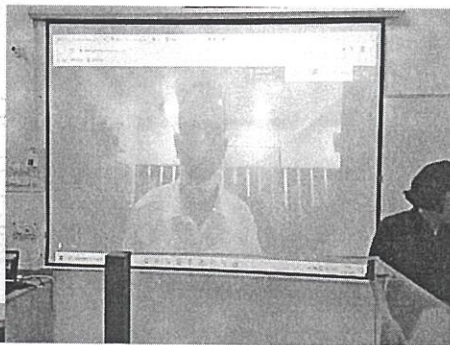
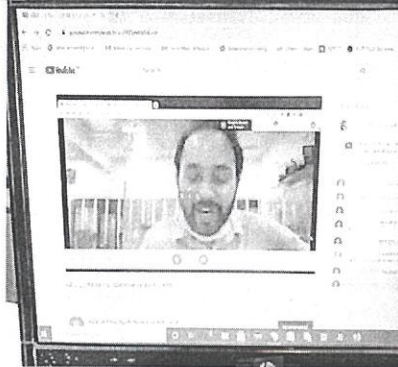
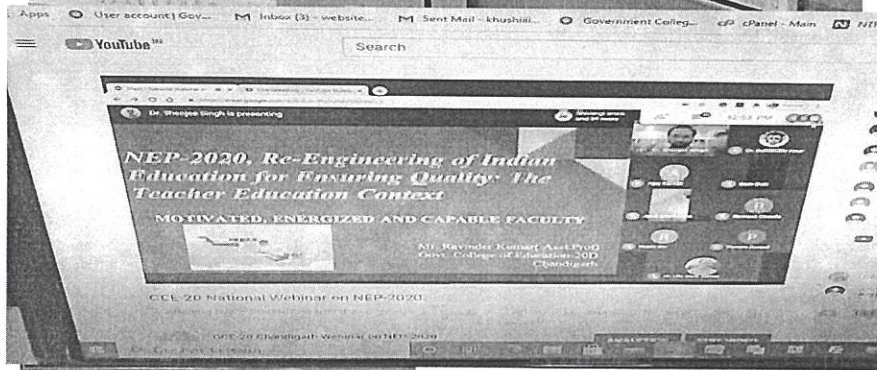
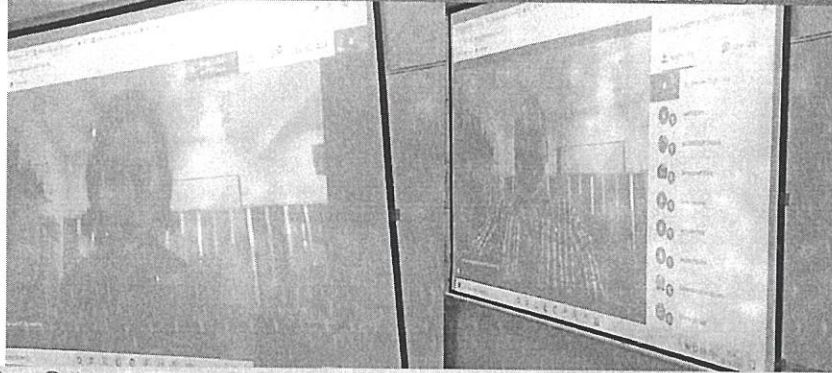
[Handwritten Signature]
 Principal,
 Govt. College of Education,
 Srirangapatna

**National Webinar on “National Education Policy 2020”
(22nd September, 2020)**

- National Webinar on ‘*National Education Policy 2020: A Precursor to Total Re-Engineering of Indian Education for Ensuring Quality- The Teacher Education Context*’ was held at Govt. College of Education under the guidance of Principal Dr. Mrs. Renu Verma on 22nd September, 2020.
- Prof. Kuldeep Puri, Department of Education, Panjab University, Chandigarh was the eminent speaker during the webinar. Prof. Puri gave a detailed overview of the National Education Policy 2020 and emphasized that the important challenge for the education sections of the country is to reposition their traditional structure in the context of new changes. The speech was followed by a stimulating interactive session.
- The other speakers for the webinar who shared perspectives on NEP 2020 recommendations on Teacher Education, Holistic and Multi-disciplinary Education, Teachers, Digitalization of Education were Associate Professors-Dr. Vandana Aggarwal and Dr. Poonam Bansal and Assistant professors- Dr. Rajni Thakur and Mr. Ravinder Kumar of GCE20, Chandigarh.
- The webinar was attended by faculty and academia from all over the country on Google meet. A total of 89 people attended the program. Chief Patron of the webinar was Principal Dr. Mrs. Renu Verma. Patron was Dr. A.K. Srivastava, Dean of the college and organizing committee comprised of Dr. Sheojee Singh and Dr. Lilu Ram.

Glimpses of National Webinar





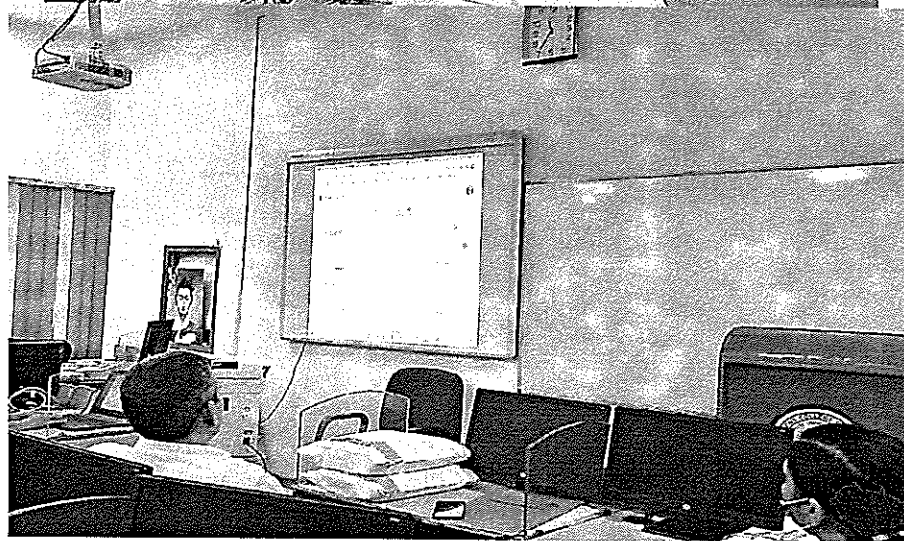

Principal,
Govt. College of Education
Sector 20-D, Chandigarh



Online teaching training sessions

- Online teaching training sessions were organized on 15th October, 2020 by the college for the teachers to clarify doubts and for smooth conduct of online teaching learning process to be started in the month of November.
- Elaborate and informative training sessions were organized by the team of Dr. Balwinder Kaur and Dr. Suman Khokhar.
- Training Session was followed by discussions and clarification of doubts by the team.

Glimpses of training sessions





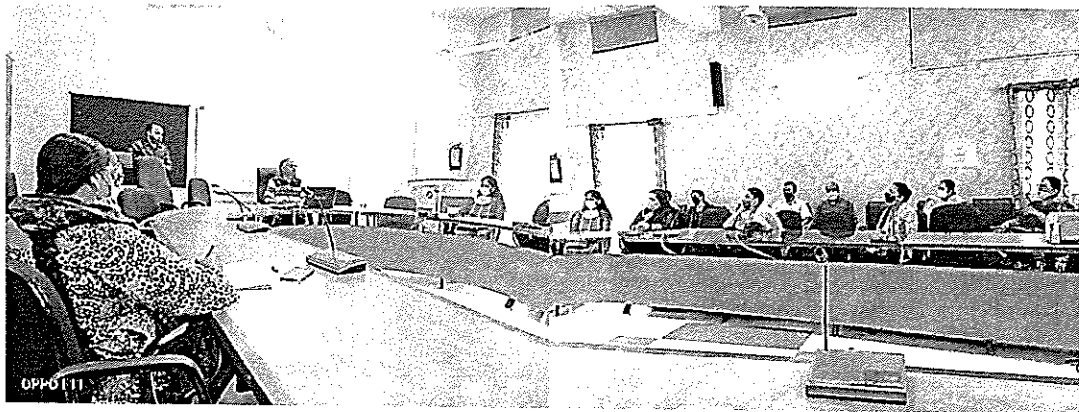

Principal,
Govt. College of Education
Sector 20-D, Chandigarh

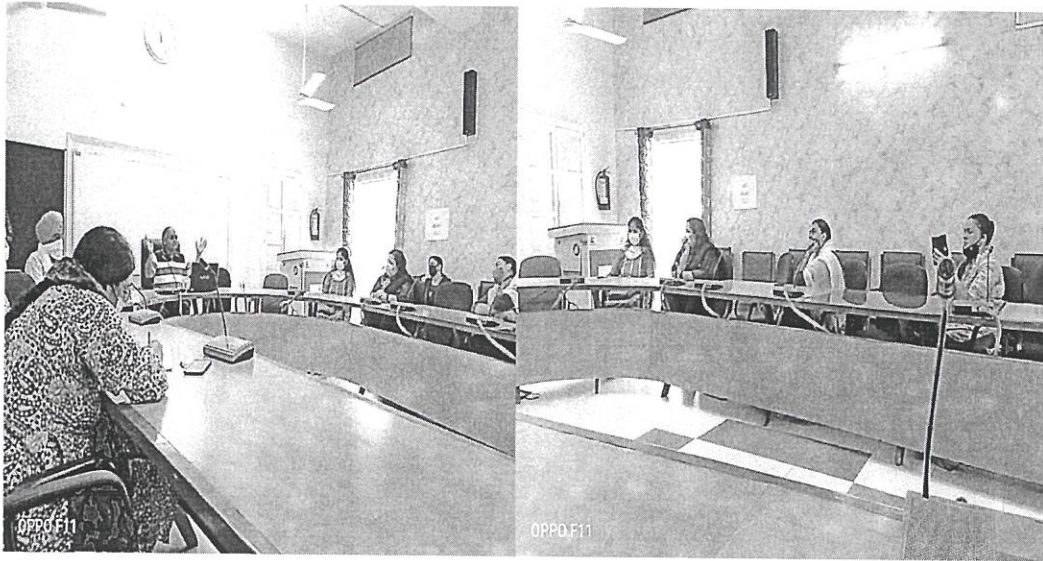


'Reflections on Education' on 21st October, 2020

- The first session of the proposed weekly program of 'Reflections on Education' or "Reading Together- Leading Together" was initiated by the Principal of Government College of Education, Sector 20, Chandigarh on 21st October, 2020. Dr. A.K. Srivastava, the Principal of the college congratulated, motivated and appreciated all the staff members for their contribution and support to initiate a creative discussion forum for constructive outcomes in the field of education. He addressed the faculty and informed that this is an effort to discuss and trace solutions to the contemporary problems and solutions in the field of education.
- In this first lecture-cum discussion in this series, Principal Dr. A.K. Srivastava was the lead speaker and he talked about the Fundamental Aim of Education and Indian View-point. He emphasized that Indian education system not only focuses on the physical, social and intellectual aspect of education but also the aesthetic and spiritual development of the child through right education.
- To conclude, he highlighted the importance of creating and enriching a conducive environment for learning through our resourcefulness, sensitivity to varied perspectives, and sincere involvement in teaching and research and putting in the best of our efforts as teachers in the field of education.

Glimpses of 'Reflections on Education'





Government College of Education, Sector 20, Chandigarh

Report on e-Talk entitled "Emotional Well Being in the COVID-19 pandemic" (24th Oct., 2020)

Government College of Education, Sector 20, Chandigarh organized an e-talk entitled 'Emotional Well Being in the COVID-19 pandemic' for the students of B.Ed., M.Ed. and faculty members on 24th October, 2020. Dr. A.K. Shrivastava, Principal of the college extended a formal welcome to the speaker of the day Professor Dr. Renu Somal (Retd.), former HOD, Department of Psychology, P.G.C.C.G-11, Chandigarh and hoped that it would be highly beneficial for the students in coping up with the uncertainty of life situation due to COVID-19. He also emphasized that every word learnt by our would-be-teachers should be shared at large scale to extend the help to society. Further, Dr. Nisha Singh introduced the speaker Dr. Renu Somal and highlighted the problems faced by the students during ongoing pandemic and need of ensuring emotional health along-with physical health.

The respected speaker guided the students towards emotional intelligence in the pandemic. She emphasized that the development of positive emotions by identifying intellectual and psychological resources will enhance emotional aspect, self esteem and confidence. She concluded with the remark that one should always count on ones' blessings with gratitude, communicate with grandparents and should try to modify ones' opinion with changing time for better adjustment. Not only this but, extending a helping hand to others will lead to internal satisfaction and peace of mind. She also added that we should see this situation as an opportunity to develop a strong bonding with our family members and that it is better to proactively adapt to situation as soon as possible to avoid the problem of uncertainty in this pandemic situation. In addition she highlighted that awareness and logical assessment of the information, building and maintaining a healthy routine and diet and exercising will certainly lead to development of feel good factor among the individuals.

The session was followed by an interactive session handled by Dr. Atasi Sinhababu where Dr. Renu Somal gave very practical and realistic solutions and suggestions to the questions and queries of the students related to the pandemic situation. The e-talk was attended by nearly 100 participants.

In the end, Dr. Rajni Thakur extended a vote of thanks to the speaker Dr. Renu Somal for gracing the occasion and the Principal Sir, for his motivation and support. The e-talk concluded on a positive note that we together can overcome the pandemic situation with a strong will and understanding our responsibility as a social being. Principal, Dr. A.K. Shrivastava congratulated Dr. Nisha Singh and her team (Dr. Atasi Sinhababu and Dr. Rajni Thakur) on the successful completion of the e-talk.

Programme Coordinators

Dr. Nisha Singh *Nisha*
 Dr. Atasi Shinababu *Atasi*
 Dr. Rajni Thakur *Rajni*

for website

[Signature]
 Principal 28/10/20
 Dr. A.K. Shrivastava

OPPO F11

[Signature]
 Principal,
 Govt. College of Education
 Sector 20-D, Chandigarh
[Signature]

Interaction with Punjab National Bank, Sector-22, Chandigarh officials

- On 23rd October, 2020, the Branch Manager of Punjab National Bank, Sector-22, Chandigarh, Mrs. Manjeet Kaur addressed the faculty members of the college and informed them about various new discounts, offers and policies beneficial for the government employees being offered by the bank, on the occasion of Diwali 2020 and coming festivals.



3
Principal,
Govt. College of Education
Sector 20-D, Chandigarh

Financial Literary Camp

- A Financial Literary Camp was held at Govt. College of Education here today on 22/12/2020 with Punjab National Bank, Sector20, Chandigarh in collaboration with Life Insurance Cooperation of India, Sector 22, Chandigarh. Dr. A.K. Srivastava, Principal of the college welcomed the guests present on the occasion.
- The camp was aimed at spreading awareness among government employees about Mutual Fund Investments, LIC policies, LIC's SIIP and other saving schemes. Dr. Shashi Kumar, Chief Manager, PNB House, Sector17-B, Chandigarh and other members gave a detailed overview of the SIP's (Systematic Investment Plans) like large cap, small cap, multi cap, growth fund and balanced advantage fund and Sukanya Samridhi Yojana applicable up to two girl children in a family. The presentation was followed by stimulating interactive session with the faculty members where the queries and problems of members were addressed.

Glimpses of the event



3
Principal,
Govt. College of Education
Sector 20-D, Chandigarh

Hygiene, Food and Kitchen Hygiene (27th September, 2021)

NSS Cell of the college in a special drive to take along the group D staff members organized a talk on the topic Health and Hygiene, Food and Kitchen Hygiene. The Principal, Dr. A.K. Shrivastava, of the college addressed the listeners and highlighted the hygienic practices as the way of the life. Dr. Ravneet Chawla spoke on the healthy way of handling food, the safe cutting, storing, washing, cooking of food items, dustbin etc. Ms. Gurmeet Kaur, Staff Nurse of the college spoke on Health and Hygiene based on influx of seasonal and pandemic flues and fevers for which preventive living is the best solution.



3
Principal
Govt. College of Education
Sector 20-D, Chandigarh
Sector 20-D, Chandigarh

Two days workshop entitled "Samvatsar: Indian Calender" 17th and 18th August, 2021

Government College of Education, Sector 20-D, Chandigarh



Signature

2
18/08/21
Principal,
Govt. College of Education
Sector 20-D, Chandigarh.



Signature

Signature
18/08/21
Principal,
Govt. College of Education
Sector 20-D, Chandigarh

National Webinar on 6th September, 2021

The NSS Unit of the college organized National Webinar on 6th September, 2021 on the theme "Relevance of BMI in Diet: Feeding Smart Right from the Start". The webinar was started by Dr. Ravneet Chawla addressing Dr. Sapna Nanda, Principal, Yoga College of Education, Chandigarh and humbly welcomed her. Dr. A.K. Srivastava addressed the teachers and students and highlighted the importance of education in spreading knowledge of healthy diet and nutrition for a healthy body. Dr. Sapna Nanda, discussed the major themes of the event- Distribution of Regional Nutritional Kit to Anganwadi beneficiaries of high burdened districts, Identification and severe acute malnutrition children and distribution of nutritious food.

-Highlights of NNM 2021 (National Nutrition Month)-Feeding smart right from the smart

-The dietary goals of NNM and dietary guidelines

-The role of nutritionally adequate diet along with the concept and importance of **Balanced Diet**

-A variety of factors on which the diet of an individual depends

-Role of good nutrition for children and women


-Problems like, low birth rate, underweight, malnourished and anemia

-The concept of **Personalizing your Plate**

-followed by National Nutrition Week 2021 Quotes



Aarti Bhatt


Principal,
Govt. College of Education
Sector 20-D, Chandigarh

GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20, CHANDIGARH

Report on Special lecture for Group D Staff
of the College Regarding Health and
Hygiene, Food and Kitchen Hygiene.



Covid 19

Dated: 27.09.2021

NSS Cell of GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20, CHANDIGARH in a special drive to take along the Group D staff members organized a talk on the topic **Health and Hygiene, Food and Kitchen Hygiene**. The Principal of the College Dr. A.K. Srivasatva warmly welcomed the listeners as learners for the special thing. He highlighted the hygienic practices as the way of the life and how the speakers will up skill them in scientific context as experts Dr. Ravneet Chawla spoke on the healthy way of handling food, the safe cutting, storing, washing, cooking of food items, dustbin hygiene, hand and body hygiene with special reference to common errors we do and waste nutritious part of the same food on that we spend hard earned money to procure food.

Ms. Gurmeet Kaur, Staff Nurse of the College spoke on **Health and Hygiene, based on** influx of seasonal and pandemic flues and fevers for which preventive living is the best solution. She oriented the Safai Karmcharis, Malis, Peons and lab staff on the sign and symptoms of different fevers, the warning signals that need testing and medical care, and their specific role to keep the self and environment clean and to stay away from the infection and to control the spread.

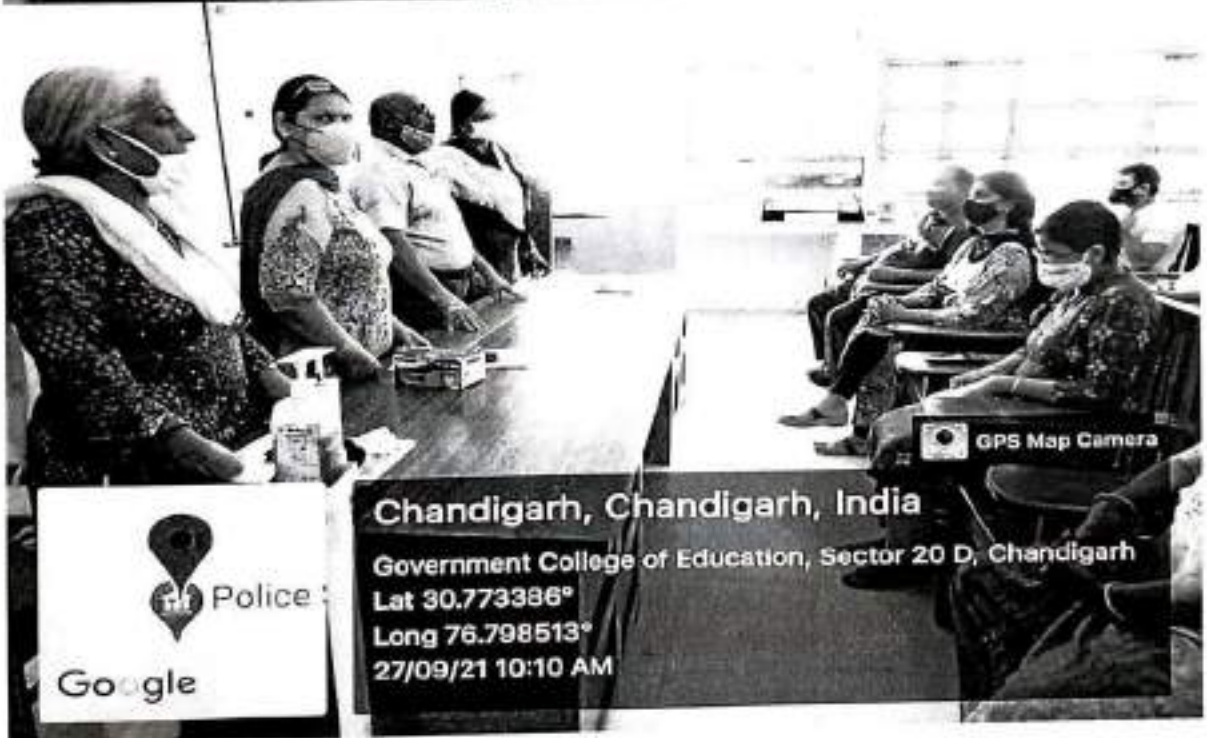
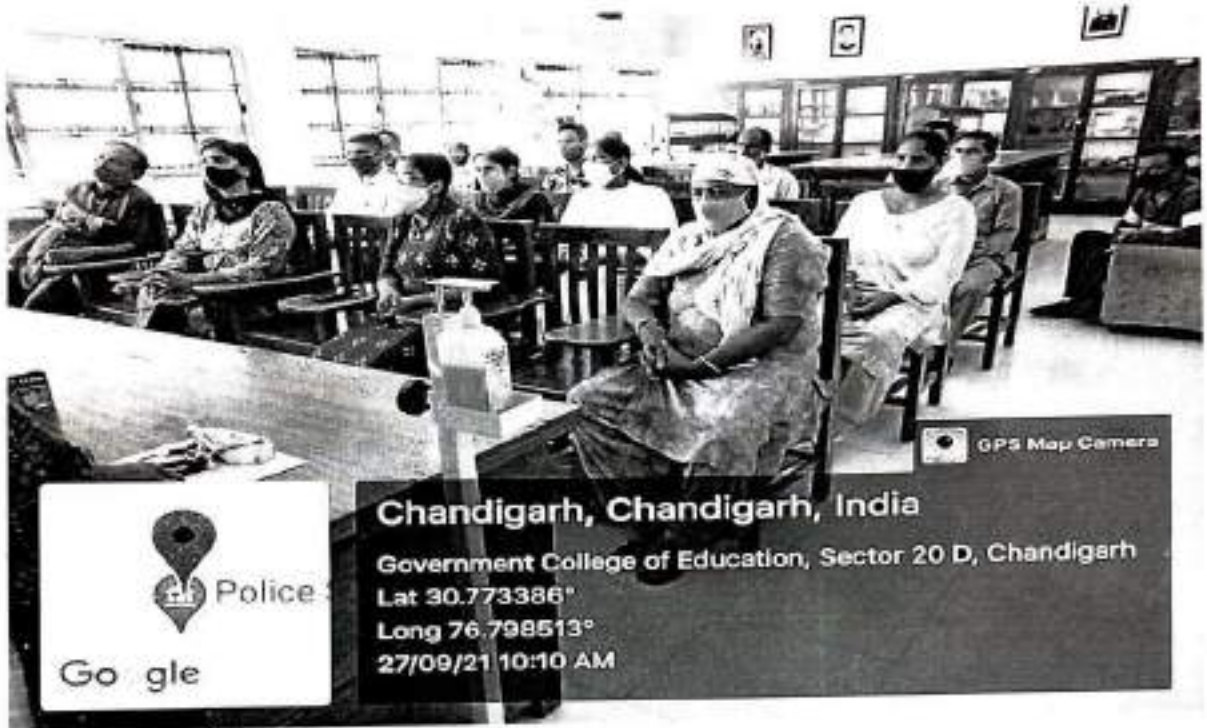
Vice Principal Sabita Arya, appreciated the chosen theme and the beneficiaries while congratulated the NSS and health team of the college. The initiative was much appreciated by the listeners, and they desired such lecture to be a regular practice. Dr. Dipanshu NSS PO took the feedback from the listeners for further planning of such lectures.

- Dr. Ravneet Chawla (PO & Incharge) *[Signature]* 27/9/21
- Dr. Dipanshu Sharma (PO) *[Signature]*
- Mrs. Gurmeet Kaur (Staff Nurse) *[Signature]*
- C.C.: College Website
- IQAC/NAAC

[Signature]
Principal 27/09/21
Government College of Education
Sector,20D,Chandigarh

Copy for Mrs. Gurmeet ~

Glimpses






Police
Google

Chandigarh, Chandigarh, India

Government College of Education, Sector 20 D, Chandigarh

Lat 30.773386°

Long 76.798513°

27/09/21 10:08 AM

GPS Map Camera




Police
Google

Chandigarh, Chandigarh, India

Government College of Education, Sector 20 D, Chandigarh

Lat 30.773386°

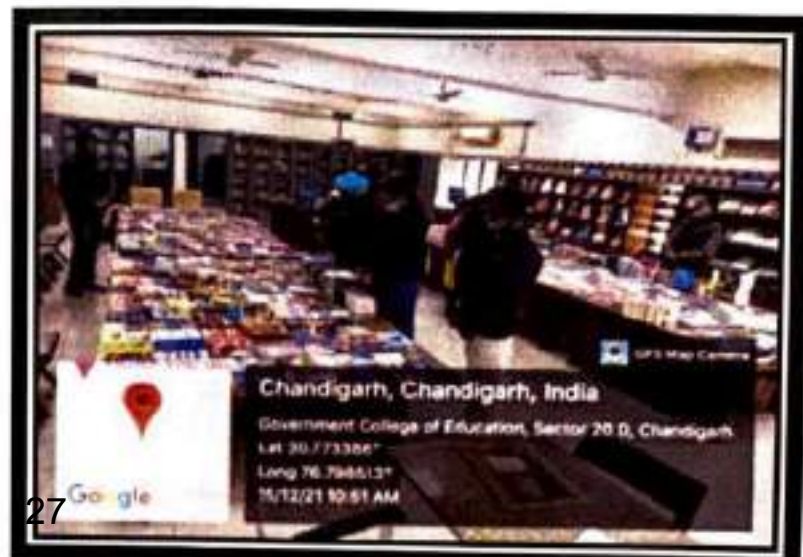
Long 76.798513°

27/09/21 10:09 AM

GPS Map Camera

Exhibition of Books in Library (14th and 15th December, 2021)

An exhibition of books to be purchased for library was held at college for staff members under the supervision of Dr. Savita Arya and Library staff on 14th and 15th December, 2021.



Government College of Education, Sector 20, Chandigarh

Online Orientation Programme for Faculty (9th and 10th February 2022)

Government College of Education, Sector 20D, Chandigarh organized a two day online orientation programme on the theme "National Professional Standard for Teachers in light of NEP- 2020" for the faculty members of the college on 9th and 10th February 2022. On the first day of the program, the Principal of the college, Dr. A.K. Srivastava welcomed the resource person Prof. Arbind K. Jha, faculty at Indira Gandhi National Open University, New Delhi. The program coordinator Dr. Balwinder Kaur gave a brief introduction of the guest to the faculty members as he is credited with Inspired Teacher Award by the President of India (2015) and Fulbright-Nehru International Education Administrators fellowship award in 2016-17.

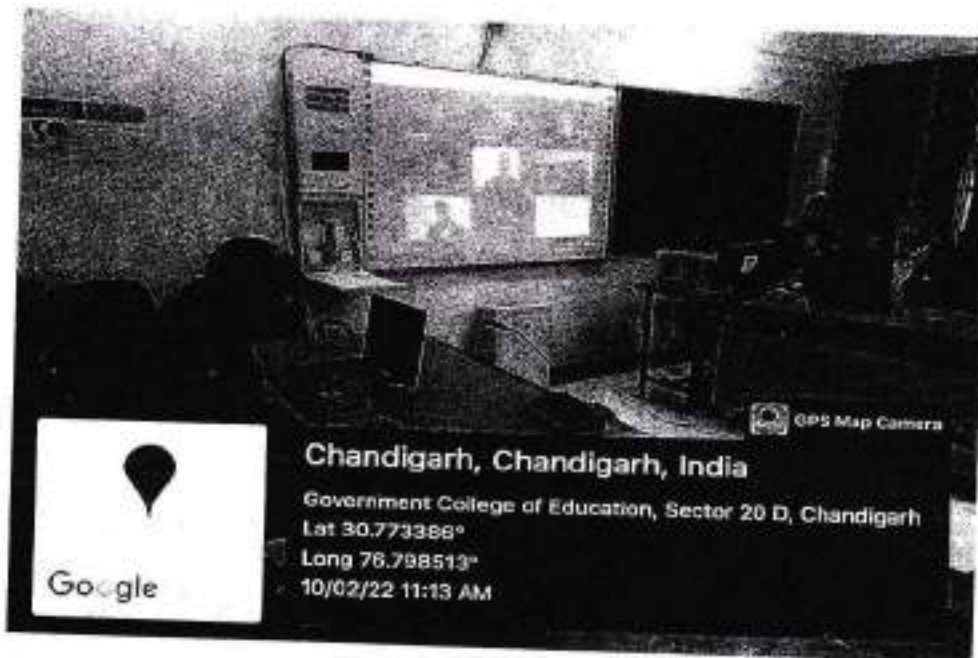
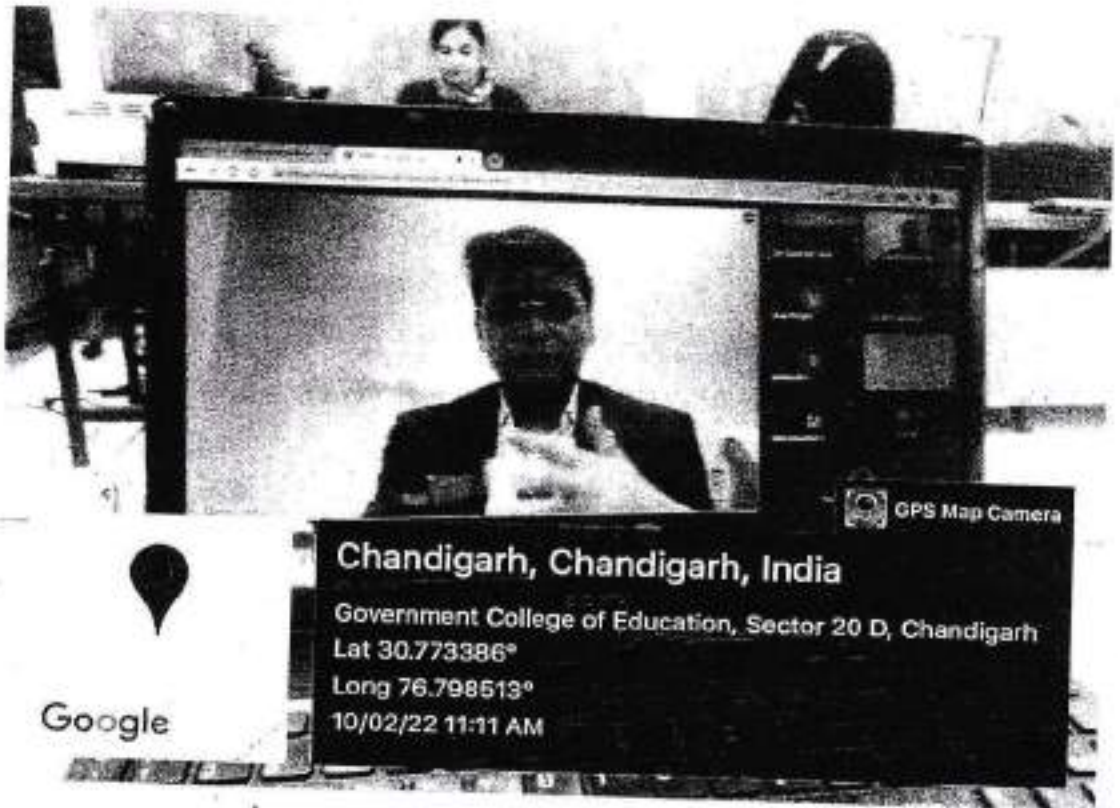
On the first day, Prof. Jha discussed the definitions and ten significant characteristics of a Profession with respect to NEP 2020. He emphasized that *profession is a state of mind* which cannot be defined in terms of years of experience or degrees obtained. He emphasized that as faculty members we need to brainstorm the condition of teaching as a profession and why teaching is still lacking status of a dignified profession. He added that we need to have a critical change in our perception regarding teaching as a profession. He also discussed questions like what is teaching and who teachers are. He also suggested how teachers can bring about a change in the field of education. The programme concluded with a discussion session by the faculty members of the college. Dr. Sheojee Singh, coordinator of the program extended the vote of thanks to the speaker of the day for his gracious presence and sharing his valuable expertise and experience in the field of education on a pertinent theme.

On the second day, the programme was chaired by Dr. Anurag Sankhian. He welcomed the Resource Person, Prof. Jha started the session by sharing the main points of National Profession Standards for teachers in light of NEP-2020. He explained the concept of Standard and its related terms like SNPS and DNPS. He emphasized on the various suggested strategies of quality assurance in National Profession Standard for Teachers. Dwelling on the issues related to it, he added that three components- Governance, Process and Context -are essential in the NPST and the more important aspect is the ethical standard in the profession of teaching. The most important thing in the present global context is the competency of the teacher. He also discussed various challenges in the context of its implementation and concluded by emphasizing the need of communication skills and in-depth knowledge for quality teachers. He further said that there should be no gap between skill and knowledge for competent professionals.

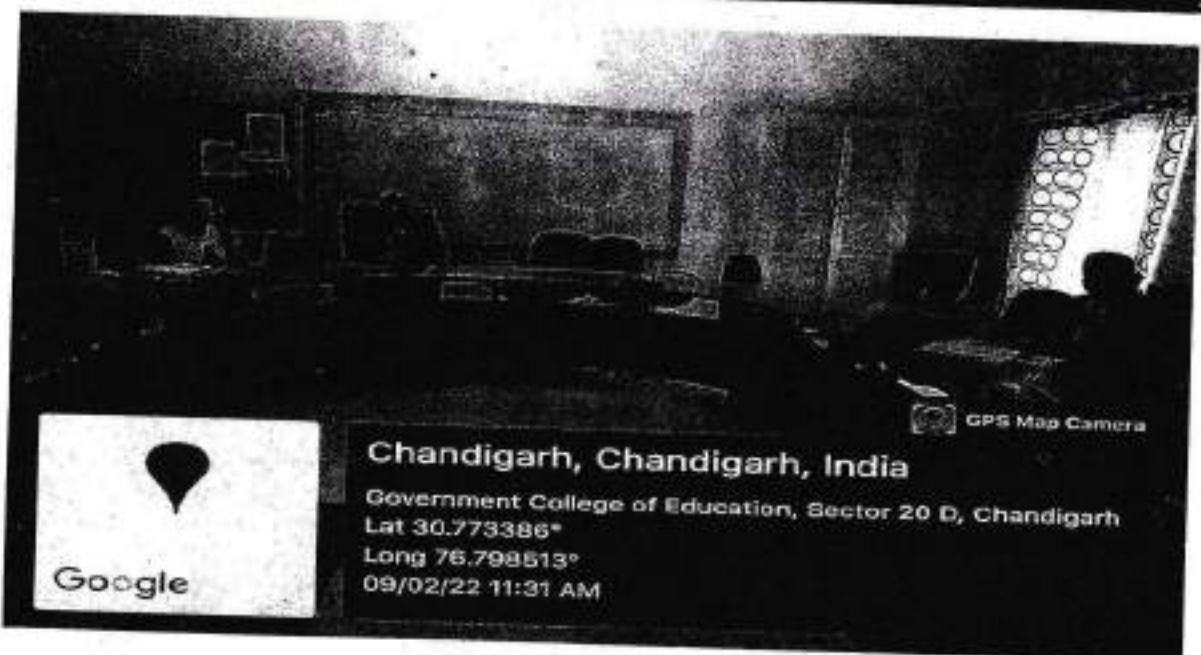
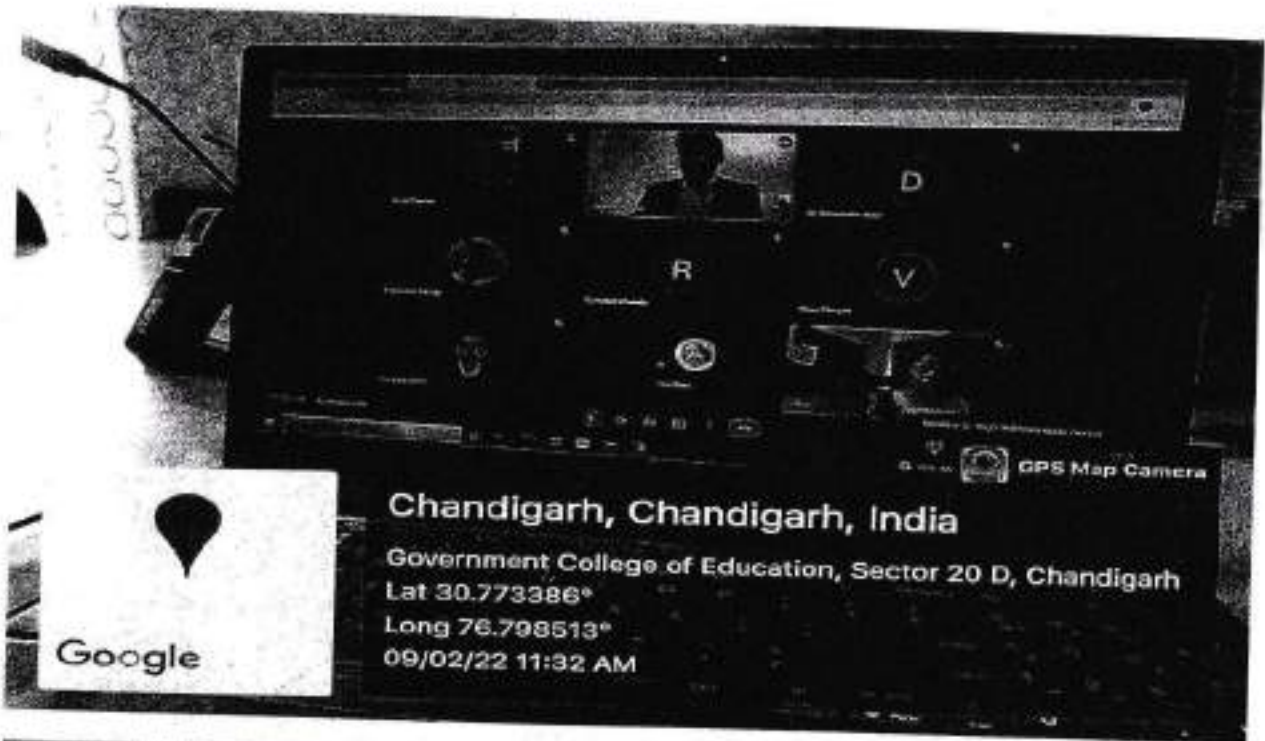
The Programme concluded with a discussion session by the faculty members of the college. Dr. Lilu Ram extended the vote of thanks to the speaker of the day for his gracious presence and sharing his valuable knowledge.


Co-ordinator


Principal 11/02/22



2



Chauhan
11/2/22
2
Coordinators

3
Principal 11/02/22

राष्ट्रीय व्यावसायिक मानक विषय पर कार्यक्रम
**परिभाषाओं और व्यावसायिकता
 के विभिन्न पहलुओं पर की चर्चा**



कार्यक्रम में भाग लेते शिक्षक।

परमजीत

चंडीगढ़, 11 फरवरी (आशीष):
 सेक्टर-20 स्थित गवर्नमेंट कॉलेज ऑफ
 एजुकेशन में दो दिवसीय संकाय
 सदस्यों के लिए एन.ई.पी.-2020 के
 प्रकाश में शिक्षकों के लिए राष्ट्रीय
 व्यावसायिक मानक विषय पर कार्यक्रम
 का आयोजन किया गया। पहले दिन
 प्रिंसिपल डॉ. एस.के. श्रीवास्तव ने रिसोर्स
 पर्सन का स्वागत किया।

इंदिरा गांधी मुक्त विश्वविद्यालय
 के प्रोफेसर आरविंद के झा मुख्य व्यक्ति
 के रूप में शामिल हुए। कार्यक्रम
 समन्वयक डा. चलाकंदर कौर ने संकाय
 सदस्यों को अतिथि का परिचय करवाया।

मुख्य अतिथि डा. ने एन.ई.पी. 2020
 के संबंध में परिभाषाओं और
 व्यावसायिकता के विभिन्न पहलुओं
 पर चर्चा की। उन्होंने कहा है कि
 व्यावसायिकता एक मन की स्थिति है
 जिसे शब्दों या वाच्य के अनुभव या प्राप्त
 की गई डिग्री के रूप में परिभाषित
 नहीं किया जा सकता। उन्होंने कहा है
 कि शिक्षा के क्षेत्र में शिक्षकों में बदलाव
 की जरूरत है। उन्होंने शिक्षकों को
 शिक्षा के क्षेत्र में क्या बदलाव ला सकते
 हैं, उन पर भी अपने विचार रखे। कार्यक्र
 म के समन्वयक डा. शोजी सिंह भी
 उपस्थित रही।



Government College of Education
Sector 20-D, Chandigarh (U.T.)

In Collaboration with

Government College of Yoga Education and Health
Sector 23, Chandigarh (U.T.)

Organizes

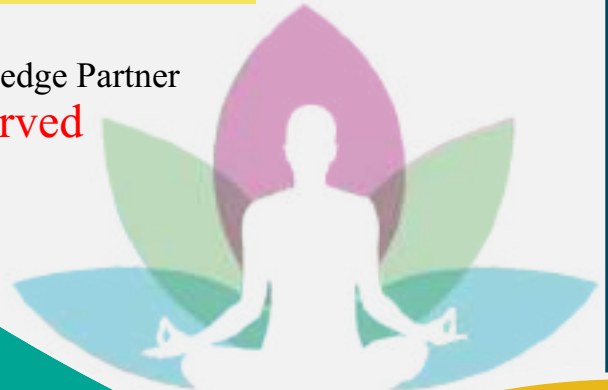
Faculty Development Program

under the aegis of
IQAC and RUSA

on

**5-Days Integrated Yog and Ayurved Wellness Awareness
Program for Teacher Educators**

Ayurveda Knowledge Partner
Lokayurved



Date: 6 September 2022 to 12 September 2022

Timing: First Session: 10:00 am to 11:00 am
Second Session: 11:00 am to 12:00 pm

Venue

Seminar Room,
Government College of Education
Sector 20-D, Chandigarh (U.T.)

Distinguished Speakers and Resource Persons



Prof. Lakhvir Singh
ASPD, RUSA (U.T.) Chandigarh



Ms. Shyampriyaa
Wellness Trainer/speaker
Lokayurveda
The Wellness Revolution



Dr. Ajay Kumar Srivastava
Principal
Govt. College of Education,
Sector 20-D, Chandigarh



Dr. Sapna Nanda
Principal
Govt. College of Yoga Education
and Health, Sector 23, Chandigarh



Ms. Anupama



Mr Sumant Batish



Mr Roshan Lal



Dr Mohinder Kumar



Mr Kulwant Singh

Yoga Instructors
Government College of Yoga Education and Health, Chandigarh (U.T.)



Dr. Ajay Kumar Srivastava & Dr. (Mrs.) Sapna Nanda
Convenors

Dr. Lilu Ram , Dr. Sheojee Singh and Mr. Kulwant Singh
Coordinators

Contact: 91-0172-2700075 E -mail:gcechd@yahoo.co.in, gcechd@gcechd.ac.in
For more information visit: www.gcechd.ac.in, www.gcyeh.edu.in, www.lokayurved.com

Guidelines For Submission of Papers

Papers are invited for the National Seminar. The soft copy of the paper along with Copyright form duly signed and in JPG format is to be submitted. Soft copy of the paper and copyright form can be e-mailed to the email-id: seminargcechd@gmail.com

Last date for submission is 18-02-2023. Kindly follow the author's guidelines as mentioned below:

1. Paper should preferably be related to the theme/ Sub themes of the seminar.
2. Paper should be original and should not have been presented /submitted anywhere else.
3. Paper should be free from Plagiarism and comply with the UGC (Promotion of Academic Integrity and prevention of plagiarism in (Higher Educational Institutions) Regulations- 2018.
4. Length of paper should not generally exceed 2500 words and it should be typed in MS -word.
5. The abstract should not exceed 200 words and should state the purpose of the study, basic procedure and main findings.
6. Font size should be 12 for the body of the paper and 14 for main heading in Times New Roman (Alignment Justified)
7. Line spacing should be with space 1.5.
8. Margin should be 1.2 for both left and right side and 1" for top and bottom'
9. Table and graphs should be minimally included and should have appropriate titles.
10. References should be written in APA style 6th Edition.
11. Paper must include name of author/authors with qualification and affiliation along with contact number, E- mail and mobile number.
12. Papers authored by more than two authors will generally not be accepted.

Note:

1. Submission of paper doesn't necessarily mean acceptance for publication.
2. Papers not considered for publication will not be returned.

Designed By: Mr. Sanjeev Kumar, Department of Fine Arts,
GCE 20-D,CHD

PATRON

Dr. (Mrs.) Sapna Nanda
Principal
0172-2700075

CONVENOR

Dr. A. K. Srivastava
Dean & Convenor, RDC
09023645450

ORGANISING SECRETARY

Dr. Anjali Puri
Associate Professor, (IQAC Incharge)
Tel.: 09855443240

CO-ORDINATORS

Dr. Anurag Sankhian
Associate Professor
Tel. 09417474152

Dr. Sheojee Singh
Associate Professor
Tel. 09815679784

Dr. Lilu Ram
Associate Professor
Tel. 09417745883

Dr. Neelam Paul
Associate Professor, (RUSA Incharge)
Tel. 09814433612

Dr. Ravneet Chawla
Associate Professor
Tel. 08968233155

Contact: +91-0172-2700075

E-mail: gcechd@yahoo.co.in
gcechd@gcechd.ac.in

Website: www.gcechd.ac.in



CDC, P.U. SPONSORED NATIONAL SEMINAR

on

**INTEGRAL EDUCATION OF
SRI AUROBINDO AND ITS IMPLICATIONS
FOR INDIA'S NATIONAL RESURGENCE
THROUGH QUALITY TEACHER
EDUCATION**

On February 22nd, 2023
(at 09:00 am)



ORGANIZED BY



**GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20-D, CHANDIGARH**

UNDER THE AEGIS

OF
IQAC

(Internal Quality Assurance Cell)

&

RUSA

(Rashtriya Uchchar Shiksha Abhiyan)



About the College:

A premiere Institute of Teacher Education, Government College of Education was established in August, 1954 under a special scheme of Government of India. The college ranks high among the leading colleges of Education in northern India, is affiliated to the Panjab University, Chandigarh. The National Assessment and Accreditation Council (NAAC) has accredited Grade A to this College. The college in its 14 acres campus has 50 seats for M.Ed (General), 110 seats for B.Ed and 20 seats in P.G. diploma in Guidance and Counselling which has been introduced by U.G.C. through Chandigarh Administration.

About the Seminar: This seminar is being held on a very significant theme of education propounded by the revolutionary freedom fighter, educationist, poet, philosopher and Mahayogi Sri Aurobindo at a time when the country is celebrating the completion of 75 years of its political freedom (Azadi ka Amrit Mahotsav) and 150 years of Sri Aurobindo’s Birth with a drastically new National Education Policy for reshaping the entire trajectory of Indian Education aiming at making India play significantly its destined role in the emerging world order.

The concept of integral education goes much farther to that of value-based education and holistic education in the sense that it encompasses a complete nurturing of the five main aspects of human personality-the physical, the mental, the vital, the psychic and the spiritual-creating a conducive climate for the emergence of the superman from man. It is indeed the education of the future over which an extensive deliberation is required in the academia of the country.

Theme of the Seminar

INTEGRAL EDUCATION OF SRI AUROBINDO AND ITS IMPLICATIONS FOR INDIA’S NATIONAL RESURGENCE THROUGH QUALITY TEACHER EDUCATION

Sub-Themes:

1. Sri Aurobindo’s concept of Integral Education.
2. Integral Education and Its Practical Implications.
3. Integral Education for the children of tomorrow.
4. Reframing Teacher Education in light of Integral Education.
5. Challenges of Change and Educational Response in light of Integral Education.
6. Towards a Learning Society-From Teaching to Integral Facilitation of Learning.
7. Education of the Future and the Concept of Integral Education.
8. The Three cardinal Principles of Integral Education,
9. *Nothing can be taught*-What does it imply?
10. Free Progress System of Education-What, Why? and How?

11. Integral Education and the recommendations of NEP-2020

12. Azadi ka Amrit Mahotsav-Sri Aurobindo’s Contributions towards True Freedom of man.

Registration : On the spot

Registration Fee: For Faculty:- Rs 500/- (In Cash)

For Research Scholars:- Rs 300/- (In Cash)

Sr. No.	Time	Event
1	09:00 am - 10:00 am	Registration
2	10:00 am - 11:00 am	Inaugural Session
3	11:00 am - 11: 30 am	Tea Break
4	11:30 am - 12: 30 pm	Keynote Speech & 1st Technical Session
5	12:30 pm - 01: 30 pm	2nd Technical Session
6	01:30 pm - 02: 00 pm	Lunch Break
7	02:00 pm - 03: 00 pm	3rd Technical Session
8	03:00 pm - 04: 00 pm	Valedictory Ceremony and Feedback



NIVEDITA TRUST INVITES YOU ALL TO THE

ॐ *nu* **Lama**

Aahar Kranti

**29th April, 2023, Govt. College of
Education, Sec-20, Chandigarh**

TIME: 3:30 PM ONWARDS

Millet Mom Competition

• Niveditatrust01@gmail.com

WWW.NIVEDITATRUST.COM

 NiveditaTrust

 NiveditaTrust





AAHAR KRANTI

Millet mom recipe competition

Will be Held on:

Saturday, 29 April 2023 at 3 p.m

At: Government College of Education sec-20
Chandigarh



For registration call us:

7973274427





GOVERNMENT COLLEGE OF EDUCATION

SECTOR 20, CHANDIGARH



International Webinar

2023

**TUESDAY,
MAY 30TH**

AT- 3:30 TO 4:30 IST

A Reflection on Migration, Cultural Understandings and Education

<https://meet.google.com/snx-ncoc-brf>

Organizer:

www.placementgce2020@gmail.com

www.gcehd.ac.in

OUR AWESOME SPEAKERS:



PROF. DALON P. TAYLOR

Faculty of Social Work



DR. SAPNA NANDA

Principal
GCE20, Chd.



DR. A.K. SRIVASTAVA

Dean,
GCE 20, Chd.



DR. RAVNEET CHAWLA

Co-Ordinator
Assistant Professor,
GCE 20, Chd.

DALON P. TAYLOR

Professor
Faculty of Social Work



Dalon P. Taylor is a Professor in the Faculty of Social Work at Wilfrid Laurier University in Canada. She is also an Adjunct Professor in the Social Work Department at Trent University and a part-time lecturer in the University of Windsor's Master of Social Work for Working Professionals program.

DALON P. TAYLOR

Professor

Faculty of Social Work

- ❑ Her PhD work through York University focuses on the historical and contemporary functioning of race and gender in shaping the adjustment and labour market experiences of racialized skilled immigrant women from the Caribbean in Canada.
 - ❑ Her research interests include migration, immigration and skilled migration, disrupting colonial construction of women of colour and, in particular, immigrant women, race, racism, anti-Black racism, as well as community development around health inequities.
 - ❑ She is a trained teacher and a social worker and is passionate about working as a collective to achieve social justice for those who are oppressed.
-

PLACEMENT CELL STUDENT MEMBERS:

STUDENT CO-ORDINATOR

UJJAL KHAWAS

FLYER DEVELOPER

RASHMI

IT HANDLE

NITISH KUMAR JHA

REPERTOIRE

ANANYA NAUTIYAL

SUPPORTING MEMBER

ISHA DUGGAL

**ONE DAY INTERNATIONAL
WORKSHOP**

on

**ART OF MANMAKING THROUGH
VASUDEVA KRIYA YOGA**

On January 07th, 2023

(09:00 am Onwards)

REGISTRATION FORM

Name: _____

Designation: _____

Institution: _____

Address: _____

Pin Code. _____

Contact No. _____

Email ID: _____

Participating as: Delegate / Student / Faculty

Designed By:

*Mr. Sanjeev Kumar
Department of Fine Arts
GCE, 20-D, CHD*

CONVENOR

Dr. (Mrs.) Sapna Nanda

Principal

0172-2700075

COORDINATORS

Dr. Anjali Puri

Associate Professor

Tel.: 09855443240

Dr. Anurag Sankhian

Associate Professor

Tel. 09417474152

Dr. Sheojee Singh

Associate Professor

Tel. 09815679784

Dr. Lilu Ram

Associate Professor

Tel. 09417745883

Dr. Neelam Paul

Associate Professor

Tel. 09814433612

Contact: +91-0172-2700075

E-mail: gcechd@yahoo.co.in

gcechd@gcechd.ac.in

Website: www.gcechd.nic.in



**ONE DAY INTERNATIONAL
WORKSHOP**

on

**ART OF MANMAKING
THROUGH
VASUDEVA KRIYA YOGA**



On January 07th, 2023

(at 09:00 am)

ORGANIZED BY



**GOVT. COLLEGE OF EDUCATION,
SECTOR 20-D, CHANDIGARH**

In Collaboration with

VASUDEVA KRIYA YOGA

UNDER THE AEGIS

OF
IQAC

(Internal Quality Assurance Cell)



About the College:

A premiere Institute of Teacher Education, Government College of Education was established in August, 1954 under a special scheme of Government of India. The college ranks high among the leading colleges of Education in northern India, is affiliated to the Panjab University, Chandigarh. The National Assessment and Accreditation Council (NAAC) has accredited Grade A to this College. The college in its 14 acres campus has 50 seats for M.Ed (General), 110 seats for B.Ed and 50 seats in P.G. diploma in Guidance and Counselling which has been introduced by U.G.C. through Chandigarh Administration.

Distinguished Guests and Resource Persons



Chief Guest
Sh Dharam Pal, IAS
Adviser to the Administrator
Chandigarh Administration



Guest of Honour
Ms. Purva Garg, IAS
Education Secretary,
Chandigarh Administration



Shri. Rajendra
Yenkanamoole
Speaker
Vasudeva Kriya Yoga
Melbourne, Australia



Dr. Sapna Nanda
Principal
Govt. College of Education,
Sector 20-D, Chandigarh

About the Workshop:

Vasudeva Kriya Yoga is Kriya, Pranayama and Mantra combined into a Single Formula.

The founder of the Vasudeva Kriya Yoga, Shri. Rajendra Yenkanamoole hails from a small village Yenkanamoole located in the border of Karnataka and Kerala in South India.



Shri. Rajendra Yenkanamoole has Master degrees in Chemical Engineering as well as Business Administration. He began his yoga practice at the tender age of 10 years under the guidance of Sri Yogeeswar in Bangalore. Under the guidance of his Guru Paramahansa Swami Maheshwaranandji, Rajendra further enhanced his understanding of Yoga. Rajendra started teaching yoga in Melbourne in 2004 at the behest of Swami Ramaswarupanandaji. Rajendra believes that the acquired knowledge has to be passed onto others for the benefit of the society.

The workshop will provide in-depth traditional knowledge of yoga and its principles while instilling correct practicing techniques in the students. The session will cover theoretical and practical aspects of yoga asanas, pranayama and meditation.

Topics of Workshop:

1. **Inspirations from Bhagavad Geeta**
2. **Chakra healing for channelization of energy.**
3. **Think big and achieve great through yoga.**

PICTURES AND MEDIA COVERAGE OF PROFESSIONAL DEVELOPMENT/ADMINISTRATIVE TRAINING PROGRAMMES



PICTURES AND MEDIA COVERAGE OF PROFESSIONAL DEVELOPMENT/ADMINISTRATIVE TRAINING PROGRAMMES



PICTURES AND MEDIA COVERAGE OF PROFESSIONAL DEVELOPMENT/ADMINISTRATIVE TRAINING PROGRAMMES



गवर्नमेंट कॉलेज ऑफ एजुकेशन, चंडीगढ़ में अन्तुत्तमा कार्यक्रम का आयोजन

चंडीगढ़। आजादी का अमृत महोत्सव और जी20 के तहत आहार क्रांति के लिए निवेदिता ट्रस्ट की ओर से गवर्नमेंट कॉलेज ऑफ एजुकेशन, सेक्टर 20-डी, चंडीगढ़ में आज ह्यअन्तुत्तमा कार्यक्रम का आयोजन किया गया। निवेदिता फाउंडेशन एक गैर-लाभकारी पंजीकृत सार्वजनिक ट्रस्ट है जिसका उद्देश्य मिशन 3 डी(ऊ) डू पी (जी), धरती(ऊ३) और रोहर (ऊ३ई) का पालन करना है।

यह कार्यक्रम उन कार्यक्रमों की श्रृंखला में से एक था जो मानव के महत्व को उजागर करने और समाज के विकास में महत्वपूर्ण योगदान देने वाली गणमान्य महिलाओं को सम्मानित करने के लिए आयोजित किए जा रहे हैं। आज आयोजित हुए कार्यक्रम में डॉ. श्रीमती मल्लिका नड्ड, अध्यक्ष, विशेष ओलंपिक्स ने नतीर मुख्य अतिथि शिरकात की तथा अन्य सम्मानित अतिथियों में श्री संतोष कुमार तनेजा, प्रख्यात सामाजिक विचारक और सुधारवादी, माननोद श्रीमती जस्टिस सबीना, कार्यवाहक मुख्य न्यायाधीश (सेवानिवृत्त) हिमाचल प्रदेश, डॉ. विनोद एन. इंदरकर, अध्यक्ष, सांस्कृतिक संसाधन और प्रशिक्षण केंद्र और श्री बनवीर सिंह, क्षेत्र, प्रचारक आरएएसएस शामिल थे। इस कार्यक्रम



में चंडीगढ़ के विभिन्न सरकारी और निजी कॉलेजों और स्कूलों के प्रिंसिपल, समन्वयक और आहार क्रांति के क्लब सदस्यों सहित लगभग 400 प्रतिष्ठित महिलाओं ने भाग लिया। डॉ. खरेंद्र गर्ग, केंद्रीय स्वास्थ्य मंत्री के ओएसडी और निवेदिता ट्रस्ट के महासचिव के साथ प्रिंसिपल गवर्नमेंट कॉलेज ऑफ एजुकेशन, चंडीगढ़, डॉ. सपना नंदा ने अतिथियों का स्वागत किया। इस आयोजन का एक मुख्य आकर्षण पुरस्कार समारोह था जहां समाज में महत्वपूर्ण योगदान देने वाली गणमान्य महिलाओं को सम्मानित किया गया। पुरस्कार पाने वालों में डॉ. रेणु विगा (कुलपति, पंजाब विश्वविद्यालय); डॉ. सुमन सिंह (डीएचएस), डॉ. मीनू सिंह (निदेशक एम्स, प्रशिक्षण), सुश्री कंवरदीप कौर (एसएसपी), श्रीमती खीनू राजपूत (फिल्म निर्माता), सुश्री समाया संघ

(फिल्म अभिनेत्री), सुश्री ज्योतिता डोडा (अभिनेत्री), गायिका सुश्री अन्नजोत कौर और सुश्री निधि तारंग, विभिन्न उद्योगी सुश्री पृथुला कैन, सुधी दीप्ता आरिफ अख्तर, सुश्री पूजा अरोड़ा और सुश्री हिमजा राणा शामिल थीं। पुरस्कार विजेता अपने लिए एक विशिष्ट स्थान बनाने और समाज की भलाई को बढ़ावा देने के लिए अथक प्रयास कर रहे हैं। वे बड़े पैमाने पर उन संस्थानों और क्षेत्रों से लाभान्वित हुए हैं जिन्होंने वे जुड़े रहे हैं। इस अवसर पर बोलते हुए डॉ. मल्लिका नड्ड, जो विशेष ओलंपिक्स और महिला उद्योगिता को बढ़ावा देने के लिए लगन से काम कर रही हैं, ने महिला सशक्तिकरण के महत्व पर विचार-विमर्श किया। उन्होंने कहा कि महिलारूप समाज की रीढ़ है और हम शैक्षिक और व्यावसायिक गतिविधियों में महिलाओं को सक्रिय भागीदारी के बिना प्रगति के

बारे में नहीं सोच सकते। विशिष्ट अतिथि श्री. संतोष कुमार तनेजा ने एनडीए 2020 के आलोक में देहलया कि यह नीति भारत में शिक्षा प्रणाली को बदलने और इसे अधिक समावेशी, लचीला और समग्र बनाने का लक्ष्य रखती है। हमारे भाष्य रूप से विशिष्ट देश में शिक्षा के विकास के लिए क्षेत्रीय भाषाओं की आवश्यकता है। हमारी भाषाएं भारत की सांस्कृतिक विरासत और पहचान का अभिन्न अंग हैं। कार्यक्रम का एक अन्य आकर्षण मिलेट भूमि प्रतियोगिता था। इस प्रतियोगिता में विभिन्न स्कूलों और कॉलेजों से लगभग 65 शिक्षक, प्रतिभागियों ने हिस्सा लिया। प्रतियोगिता के जज शेफ जराविंदर सिंह, शेफ संजीव वर्मा और शेफ सुनील कुमार आई थे। टीम निवेदिता के सदस्यों श्रीमती बिनाशी अग्निहोत्री, डॉ. नवनीत कौर, डॉ. विमल अंजुम, डॉ. हरेश कुमार, श्रीमती अंजु, श्रीमती लिफिका, श्रीमती बबिता, श्रीमती शिवानी, सुश्री कल्याणी श्रीमती पूजा महाजन, सुश्री परमिंदर कौर, डॉ. पुनम अग्रवाल, ममता शर्मा, डॉ. अजलि पुरी, डॉ. रवनीत चावला और कुंवर जगमोहन ने इस कार्यक्रम को आयोजित करने में सक्रिय रूप से योगदान दिया। इस कार्यक्रम को ट्विटर ग्रुप द्वारा प्रयोजित किया गया था।

गवर्नमेंट कालेज में योग कार्यशाला का आयोजन

जागरण संवाददाता, चंडीगढ़ : सेक्टर 20 स्थित गवर्नमेंट कालेज आफ एजुकेशन में वासुदेव क्रिया योग के सहयोग से आइव्यूएसी के तत्वावधान में एक दिवसीय अंतरराष्ट्रीय कार्यशाला 'आर्ट आफ मैनेजिंग थ्रू वासुदेव क्रिया योग' का आयोजन किया गया। कार्यक्रम के मुख्य अतिथि गृह सचिव, नितिन यादव और गेस्ट स्पीकर मेलबोर्न आस्ट्रेलिया

से वासुदेव क्रिया योग के संस्थापक राजेंद्र येनकन्नामूले मौजूद रहे। कार्यक्रम के शुभारंभ में मुख्य अतिथि ने दीप प्रज्ज्वलित किया गया। इसके बाद में कालेज छात्रों ने सरस्वती वंदना प्रस्तुत की और विभिन्न योग आसनों का प्रदर्शन किया। इस मौके पर येनकन्नामूले की लिखित पुस्तक जीवन सूत्र प्रेरणादायक जीवन कौशल के तीन खंडों का विमोचन किया गया।



येनकन्नामूले की पुस्तक जीवन सूत्र प्रेरणादायक जीवन कौशल के तीन खंडों का विमोचन करते गृह सचिव नितिन यादव ● स्रोत:

'वासुदेव क्रिया योग के माध्यम से मानव निर्माण की कला पर अंतर्राष्ट्रीय कार्यशाला आयोजित'

चंडीगढ़, 7 जनवरी (राम सिंह बराड़) : गणमैट कॉलेज ऑफ एजुकेशन, सैक्टर 20-डी, चंडीगढ़ में आज 'वासुदेव क्रिया योग' के सहयोग से आईक्यूएसी के तत्वावधान में एक दिवसीय अंतर्राष्ट्रीय कार्यशाला 'आर्ट ऑफ मैन मेंकिंग थू वासुदेव क्रिया योग' का आयोजन किया गया। कार्यक्रम के मुख्य अतिथि गृह सचिव, चंडीगढ़ प्रशासन, नितिन यादव (आई.ए.एस.), एवं गैस्ट स्पीकर वासुदेव क्रिया योग के संस्थापक रावेंद्र येनकत्रामुले का कॉलेज की प्रिंसिपल डॉ. सपना नंदा और कॉलेज के डीन डॉ. ए.के. श्रीवास्तव ने स्वागत किया। इस अवसर पर विशिष्ट अतिथि सुश्री योजना यादव भी उपस्थित थीं। कार्यक्रम के शुभारंभ में मुख्य अतिथि द्वारा दीप प्रज्वलित किया गया, कॉलेज के छात्रों ने सरस्वती वंदना प्रस्तुत की और विभिन्न योगासनों का प्रदर्शन किया। येनकत्रामुले द्वारा लिखित पुस्तक 'जीवन सूत्र- प्रेरणादायक जीवन



चंडीगढ़ प्रशासन के गृह सचिव नितिन यादव दीप जलाकर कार्यक्रम की शुरुआत करते हुए।

(छाया : कमलजीत सिंह)

कौशल' के तीन खंडों का मुख्य अतिथि श्री नितिन यादव द्वारा विमोचन किया गया। नितिन यादव ने अपने संबोधन में शिक्षकों को समाज के शिल्पकार के रूप में नामित किया जिनकी भूमिका क्यों से विकसित हुई है और सम्कालीन समय में अधिक चुनौतीपूर्ण हो गई है। उन्होंने योग, आयुर्वेद, आध्यात्मिक ज्ञान और भारतीय परंपरिक ज्ञान को पारंपरिक ज्ञान प्रणाली पर आधारित कार्यशाला आयोजित करने के लिए कॉलेज की सलाह दी। उन्होंने वर्तमान और

भविष्य के समय की चुनौतियों का सामना करने हेतु छात्र शिक्षकों को कौशल से युक्त करने के लिए 'द साइंस ऑफ हैपीनेस', 'असिक्लिंग द एम्प्लॉयबिलिटी ऑफ प्सूफिल टीचर्स' और 'योग एंड फिटनेस' नामक तीन वैल्यू एडेड कोर्स को शामिल करने के लिए कॉलेज को बधाई दी। अतिथि वक्ता राजेंद्र येनकत्रामुले ने योग प्रदर्शनों के साथ-साथ योग के माध्यम से भागवत गीता से प्रेरणा, छात्रों के चैलाइजेशन के लिए चक्र चिकित्सा, बड़ा सोचो और

योग के माध्यम से महानता प्राप्त करें जैसे विषयों पर छात्र को संशोधित किया। योग गुरु ने योग शास्त्र के रूप में हमारे जीवन में भागवत गीता के महत्व पर जोर दिया और सभी के लिए जीवन के सौंदर्य मूल्यों के मार्गदर्शक के रूप में गीता योग के महत्व को जीवन में अमानने पर जोर दिया। कॉलेज के छात्र-छात्राओं ने सांस्कृतिक कार्यक्रम भी प्रस्तुत किया, जिसमें दर्शकों को मंत्रमुग्ध कर दिया। अतिथि वक्ता द्वारा 'द साइंस ऑफ हैपीनेस' और 'असिक्लिंग द एम्प्लॉयबिलिटी ऑफ प्सूफिल टीचर्स' के वैल्यू एडेड कोर्स के प्रतिभागियों को प्रमाण पत्र भी प्रदान किए गए। कार्यशाला में चंडीगढ़ के विभिन्न सरकारी और निजी कॉलेजों के लगभग 350 छात्रों और फैकल्टी सदस्यों ने उत्सहपूर्वक भाग लिया। अंत में कॉलेज के डीन डॉ. ए.के. श्रीवास्तव द्वारा सभी का धन्यवाद किया गया तथा राष्ट्रिय के पञ्चत कार्याक्रम संभव हुआ।

अजीत समाचार

08-Jan-2023

Page: 5

उत्तर भारत का दूरदर्शन अखबार

http://www.ajitsamachar.com/20230108/14/5/1_1.cms

Awareness Programme on Millets "Aahar Kranti" organized at Government College of Education



Chandigarh: Government College of Education, Sector 20D, Chandigarh celebrated the International year of Millets 2023 through an Awareness Programme on millets "Aahar Kranti" in collaboration with MGNCRE & Nivedita Foundation propagating the use of millets on 7th February, 2023. Dr. Sapna Nanda, (Patron of the event) Principal of the college welcomed the Chief Guest Dr. Virender Garg, OSD to Union Health Minister, Government of India and special guests Ms. Shyampriyaa from Lokayurveda Foundation, Dr. Lipika Guliani, Assistant Professor, UIHTM, PU, Chandigarh and Ms. Kalyani, member of NIVEDITA Foundation. Dr. Virender Garg in his address talked about the importance of a healthy diet and suitable lifestyle. He further reflected upon the severity of prevailing diseases such as diabetes and cancer. The programme proceeded with the presentation given by Dr. Lipika Guliani, a core team member of the Aahar Kranti team which focused upon the daily dietary habits. The various kinds of millets that can be incorporated in the diet were introduced like Sorghum Millet (Jowar), Proso Millet (Chena / Barni), Pearl Millet (Bajra), Foxtail Millet (Kakum / Kangni), Finger Millet (Ragi), Browntop Millet (Korle), Barnyard Millet (Sanwa) & Little Millet (Moraiyo). The consequences of consuming junk food were also discussed such as hormonal changes in males and females leading to early miscarriages in females, diabetes, cancer and early menstruation in girls. Some recipes related to millets were also introduced. The idea behind the awareness session was to make every individual an Ahar Kranti in oneself so that a healthy and conscious society can be developed to nourish our bodies.



Students of Government College of Education, Sector 20, performing yoga asanas during a workshop on Saturday; and (below) Vasudeva Kriya Yoga founder Rajendra Yenkanamoole addressing the event. HT PHOTOS

Art of manmaking through yoga in focus at workshop

HT Correspondent

chandigarh@hindustantimes.com

CHANDIGARH: A workshop on 'Art of Manmaking Through Vasudeva Kriya Yoga' was held at the Government College of Education here on Saturday.

The day-long workshop was organised by its internal quality assurance cell. Melbourne-based Vasudeva Kriya Yoga founder Rajendra Yenkanamoole was the guest speaker, while UT home secretary Nitin Yadav was the chief guest.

Yenkanamoole also released three volumes of the book 'Life Sutras-Inspirational Life Skills'.

Calling teachers the architects of society, Nitin said their role had become all the more challenging in contemporary times. He appreciated the college for conducting workshops based on the traditional knowledge system of yog, ayurveda, spiritual knowledge and Indian traditional wisdom.

He also congratulated the college for including three value-added courses: science of happiness, upskilling the employability of pupil teachers and yoga



and fitness to equip the budding teachers with skills to face the challenges of present and future.

Yenkanamoole spoke on seeking inspiration from the Bhagavad Gita, chakra healing, and thinking big and achieving great.

A cultural programme was also organised where students were presented certificates for participation in value-added courses. Principal Sapna Nanda and Government College of Education, Chandigarh, dean AK Srivastava were also present on the occasion. Around 350 faculty members and students from different government and private colleges of Chandigarh participated in the workshop.

350 attend International Workshop held under aegis of IQAC 'Art of Manmaking through Vasudeva Kriya Yoga'

PUNJAB EXPRESS BUREAU
Chandigarh, January 7

Govt. College of Education, Sector 20-D, Chandigarh in collaboration with Vasudeva Kriya Yoga organized a One Day International Workshop under the aegis of IQAC 'Art of Manmaking through Vasudeva Kriya Yoga' on 7th January, 2023.

Nitin Yadav, Home Secretary, Chandigarh Administration was the chief guest on the occasion. Rajendra Yenkanamoole founder of Vasudeva Kriya Yoga from Melbourne, Australia was the guest speaker of the day. They were extended a formal floral welcome by Dr. Sapna Nanda, Principal and Dr. A.K. Srivastava Dean of Govt. College of

Education Chandigarh. Ms. Yojana Yadav, Senior News Editor, Hindustan Times also graced the occasion as Special Guest.

The event started with the formal lamp lighting ceremony followed up with a Saraswati Vandana. During the event the students of the college also demonstrated varied yoga asanas. Three volumes of the book 'Life Sutras- Inspirational LifeSkills' were also released on the occasion by Rajendra Yenkanamoole.

Nitin Yadav in his address designated teachers as architects of society whose role has evolved over the years and has become more challenging in the contemporary times. He appreciated the college for

conducting workshops based on the traditional knowledge system of Yog, Ayurveda, Spiritual Knowledge and Indian traditional wisdom. He also congratulated the college for inculcating three value added courses namely 'The Science of Happiness', 'Upskilling the Employability of Pupil Teachers' and 'Yoga and Fitness' to equip the pupil teachers with the skills to face the challenges of present and future times.

Guest Speaker Rajendra Yenkanamoole addressed the session on the themes of Inspirations from Bhagavad Geeta, Chakra healing for channelization of energy, Think big and achieve great through yoga along with Yoga demonstrations.

अरबिंदो नाम अपने आप में एक मंत्र है : मिश्रा

● कहा, एक शिक्षक से एक योगी होने की उम्मीद की जाती है

सवेरा न्यूज़/वीना
चंडीगढ़, 22 फरवरी : स्वर्णमैट कॉलेज ऑफ एजुकेशन सेंक्टर 20 में श्री अरबिंदो की समा शिष्य और गुणवत्तापूर्ण शिक्षक शिक्षा के माध्यम से भारत के राष्ट्रीय पुनरुत्थान के लिए इसके निहितार्थ पर राष्ट्रीय संगोष्ठी का आयोजन किया गया। प्राचार्य डॉ. सपना नंदा ने संगोष्ठी की थीम देश की और प्रो. सम्पदानंद मिश्रा, निदेशक मानव विज्ञान केंद्र, अरवि हुड विपबिद्यालय, सोनीपत और पूर्व निदेशक अरबिंदो फाउंडेशन फॉर इंटीग्रेल कल्चर ने खतौर मुख्यातिथि शिरकत की। अरविंद मेहन, पूर्व अध्यक्ष, अरबिंदो सोसाइटी चंडीगढ़ शाखा गैस्ट ऑफ ऑनर, संसाधन व्यक्ति के. पवन, अध्यक्ष, अरबिंदो सोसाइटी, पटियाला शाखा और इंजी. नवनीत कुकरेजा, पूर्व निदेशक, एनआईसी, पंजाब, हरियाणा और जम्मू-कश्मीर और इस अवसर पर उपस्थित अतिथि थे। संगोष्ठी का उद्घाटन प्रो. सम्पदानंद मिश्रा, मानव विज्ञान केंद्र, अरवि हुड विपबिद्यालय, सोनीपत और पूर्व निदेशक, अरबिंदो फाउंडेशन फॉर इंटीग्रेल कल्चर द्वारा किया गया था। उन्होंने अरबिंदो के



राष्ट्रीय संगोष्ठी में उपस्थित अतिथि।

गायत्री मंत्र का जाप कर अपने उद्घाटन भाषण की शुरुआत की। उन्होंने अरबिंदो की 150वीं वर्षगांठ के उपलक्ष्य में एकात्म शिक्षा विषय पर राष्ट्रीय संगोष्ठी आयोजित करने के लिए आयोजन समिति को बधाई दी। उन्होंने दोहराया कि समय शिक्षा का उद्देश्य जीवन, योग और शिक्षा को पुरान विद्या के रूप में समहित करना है। उन्होंने यह भी कहा कि अरबिंदो नाम अपने अंत में एक मंत्र है। उन्होंने जोर देकर कहा कि यह शिक्ष के तीन तत्वों- विद्या, विधा डेटा और विद्य गृह के बीच सामंजस्य है जो सच्ची शिक्षा की

ओर ले जाता है। इस संगोष्ठी के तकनीकी सत्रों में समय शिक्ष से संबंधित विभिन्न प्रमुख मुद्दों पर विचार किया गया। पहले तकनीकी सत्र में प्रो. सम्पदानंद मिश्रा ने शिक्षक एक नेता के रूप में-आंतरिक परिप्रेक्ष्य विषय पर प्रतिनिधियों को संबोधित किया। दूसरे तकनीकी सत्र की अध्यक्षता रिसोर्स पर्सन के. पवन, अध्यक्ष, अरबिंदो सोसाइटी, पटियाला शाखा ने की। विषय पर अपने संबोधन में उन्होंने स्पष्ट किया कि ग्रहणशीलता और परिवर्तन या नई चीजों के लिए खुला होना एक अच्छे शिक्षक के प्रमुख गुणों में से एक है।

उन्होंने अरबिंदो द्वारा दिए गए शिक्षण के तीन प्रमुख सिद्धांतों की सच्ची शिक्षा के रूप में चर्चा की कि कुछ भी सिखाया नहीं जा सकता है। तृतीय तकनीकी सत्र की अध्यक्षता ई.आर. नवनीत कुकरेजा, अपने संबोधन में उन्होंने अरबिंदो द्वारा दी गई साइकिक खोज की अवधारणा के बारे में मार्गदर्शन किया जो मानव को विकास की ओर ले जाता है। संगोष्ठी में देश भर के प्रतिनिधियों ने उत्साहपूर्वक भाग लिया और एकीकृत शिक्षा की अवधारणा पर शोधपत्र प्रस्तुत किए। इसके बाद इंटरैक्टिव और उल्लेख चर्चा हुई।

GCE hosts National Seminar on 'Integral Education of Sri Aurobindo and its Implications for India's National Resurgence through Quality Teacher Education'

PUNJAB EXPRESS BUREAU

Chandigarh, February 22

National Seminar on "Integral Education of Sri Aurobindo and its Implications for India's National Resurgence through Quality Teacher Education" was organized at Govt. College of Education under the aegis of IQAC and RUSA on Wednesday.

Principal Dr. Sapna Nanda introduced the theme of the seminar and welcomed the Chief Guest- Prof. Sampadananda Mishra, Director Centre of Human Sciences, Rishi Hood University, Sonapat & Former Director, Sri Aurobindo Foundation for Integral Culture, Guest of Honor- Er. Arvind Mehan, Former Chairman, Sri Aurobindo Society Chandigarh Branch, Resource Persons- K. Pawan, Chairman, Sri Aurobindo Society, Patiala Branch and Er. Navneet Kukreja, Former Director, NIC, Punjab, Haryana and J&K and guests present on the occasion.

Seminar was inaugurated by Prof. Sampadananda



Mishra, Director Centre of Human Sciences, Rishi Hood University, Sonapat & Former Director, Sri Aurobindo Foundation for Integral Culture. He began his inaugural address by reciting Gayatri mantra of Shri Aurobindo. He congratulated the organizing committee to conduct the national seminar on the theme of Integral education to commemorate the 150th anniversary of Shri Aurobindo.

He reiterated that the aim of Integral education is to amalgamate life, yoga and education as purang vidya. He also added that the name "Aurobindo" is a mantra in itself. He emphasized that it the harmony among three

elements of education- Vidya, Vidya data and Vidya grahita that leads to true education. He also added that a teacher is expected to be a "Yogi" developing a silent mind that is more powerful than a thoughtful mind. He added that a teacher should focus on "growing from within" of the child leading to refinement of senses, developing power of concentration, creativity, imagination.

He also highlighted the concepts of aesthetic development, knowing thyself and discipline as given by aurobindo as instructions (awakening), example (ideal) and influence (your presence) for realisation of "tatvamasi" (you have the potential).