

*for website*

**GOVERNMENT COLLEGE OF EDUCATION, SECTOR-20 D, CHANDIGARH**  
**NSS 7-DAY SPECIAL CAMP (November 9-15, 2021)**  
**PROGRAMME SCHEDULE**  
**THEME: SWACHH BHARAT NIRMAN AUR JAL SHAKTI ABHIYAN**  
**Day 1: November 9, 2021 (Tuesday)**

Time	Event
9.00 AM	Assembly of Volunteers & Attendance
10.00 AM-11:00 AM	<i>Inauguration of the Camp &amp; Address by the Chief Guest, Director Higher Education. Special Invitee State Liaison Officer</i>
11:00 AM-12:15 PM.	<i>Importance of Yoga in Daily Life by Yoga Expert Government College Of Yoga Education And Health, Sector 23, Chandigarh</i>
12:15 PM -1:00 PM	<i>Legal Awareness Session In collaboration with the college LEGAL AWARENESS CELL</i>
1:00 PM to 2:00 PM	Lunch
2:00 PM-2:45PM	<i>Values of NSS Volunteer: Dr Ravneet Chawla, Associate Professor, NSS Incharge, GCE , Chandigarh</i>
2:45 PM-4:00 PM	<i>Group Division and assignment of various duties, Diaries distribution by Mr. Ravinder Kumar and Dr. Dipanshu Sharma</i>
4:00 PM-6:00 pm	<i>Project: Identification of the sanitation and environmental issues inside the college campus and their probable solutions by President and Group leaders</i>
6:00 PM	Tea
6:00 PM -8:00 PM	Heats of indoor games in hostel
8:00 PM	Dinner
10:00 PM	Lights off

**Note : Day Scholars will be off after evening tea.**

NSS Programme Officers:

1. Dr. Ravneet Chawla *Ravneet*
2. Mr. Ravinder Kumar *Ravinder*
3. Dr. Dipanshu Sharma *Dipanshu*

*3*  
Principal




GCE 20, Chandigarh

**Day 2: November 10, 2021 (Wednesday)**

Time	Event
8:30 AM-9:30AM	<i>Yoga Training Session by EXPERT FROM GCYE 23 CHD</i>
9:30 AM-10.30 AM	Breakfast
10:30 AM-12:00 NOON	<i>POCSO ACT TRAINING by Ms. Rachita Gupta, State Co-ordinator, Bachpan Bachao Andolan &amp; Kailash Satyarthi's Children's Foundation, New Delhi / Chandigarh</i>
12:00 NOON – 01:00 PM	<i>Training on Water Management by Dr Suman Mor, Department of Environmental Studies, PU, Chandigarh</i>
1:00 PM to 2:00PM	Lunch
2:00 PM-3:30PM	<i>Slogan Writing Completion: Drug Addiction, Swachta Abhiyan, Water Conservation</i>
3:30 PM-4:30 PM	<i>Systematic Relaxation Therapy by Dr Tarundeep Kaur, Department of Psychology, GGD SD College, Chandigarh</i>
4:30 PM-6:00 PM	<i>Campus Cleanliness</i>
6:00 PM	Tea
6:00 PM -8:00 PM	Heats of Games in hostel
8:00 PM	Dinner
10:00 PM	Lights off

**Note : Day Scholars will be off after evening tea.**

NSS Programme Officers:

4. Dr. Ravneet Chawla 
5. Mr. Ravinder Kumar 
6. Dr. Dipanshu Sharma 

  
Principal




GCE 20, Chandigarh

**Day 3: November 11 (Thursday)**

Time	Event
8:30 AM -9:30AM	<i>Yoga Training Session by EXPERT FROM GCYE 23 CHD</i>
9:30 AM-10:00 AM	Breakfast
10:00 AM -01:00 AM	<i>Visit to Kajheri, Awareness Sanitation and Awareness campaign for COVID, MALARIA, DENGUE to the students of Govt. High School, Kajheri (Chandigarh)</i>
1:00 PM to 2:00 PM	Lunch
2:00 PM-4:00 PM	<i>Demonstration on Fire Fighting by Fire Department , Chandigarh Administration</i>
4:00 PM-6:00 PM	<i>Introduction to the theme and assignment of duties to the volunteers and planning for Children's Day Celebration by NSS Programme Officers and the volunteers</i>
6:00 PM	Tea
6:00 PM -8:00 PM	Heats of Games in hostel
8:00 PM	Dinner
10:00 PM	Lights off

**Note : Day Scholars will be off after evening tea**

NSS Programme Officers:

7. Dr. Ravneet Chawla 
8. Mr. Ravinder Kumar 
9. Dr. Dipanshu Sharma 

  
Principal

GCE 20, Chandigarh

**Day 4: November 12 (Friday)**

Time	Event
8:30 AM - 9:30AM	<b><i>Yoga Training Session by EXPERT FROM GCYE 23 CHD</i></b>
9:30 AM-10.00 AM	Breakfast
10:00 AM -1:00 AM	➤ <b><i>NAS TEST DUTY OF B ED SEM 3' 7:30AM – 2 PM</i></b> <b><i>Others- Kajheri Visit : Rally (Drug Addiction, Swachta Abhiyan); discussion on gender by Dr Ravneet Chawla</i></b>
1:00 AM -2:00 PM	<b><i>Lunch</i></b>
2:00 PM -3:00 PM	<b><i>Dr. Upendrajeet Singh to speak on Dengue, Malaria and COVID –19</i></b>
3:00 PM -4:00 PM	<b><i>Session on training of the volunteers by the Chandigarh Traffic Police</i></b>
4:00 PM - 6:00 PM	Out Door Games
6:00PM	Tea
6:00 PM -8:00 PM	Heats of Games in hostel
8:00 PM	Dinner
10:00 PM	Lights off

**Note : Day Scholars will be off after evening tea.**

NSS Programme Officers:

10. Dr. Ravneet Chawla

11. Mr. Ravinder Kumar

12. Dr. Dipanshu Sharma

  
Principal

GCE 20, Chandigarh

**Day 5: November 13 (Saturday)**

Time	Event
8.30 AM-9:30 AM	<b><i>Yoga Training Session by EXPERT FROM GCYE 23 CHD (ONLINE)</i></b>
9.30 AM -10:00AM	Breakfast
10:00 AM-11:30 AM	Developing Book Marks on the theme – HEALTH/ SWATCHTA
11:30AM -12:15 PM	<b><i>Former IPS Sh Rajbir Deswal to speak on CIVIC RESPONSIBILITES Group 1( B Ed Sem 1) (Online)</i></b>
12:15 PM - 1:00 PM	<b><i>Distribution of health and swatchta related book marks to public by Group 2 (Other students than B.Ed 1) in the Rose Garden. Assembly of both groups at the venue.</i></b>
1:30PM to 2:30 PM	Lunch at the Rose Garden Sector 16, Chandigarh
3:00 PM-4:00PM	<b><i>Online Session by an expert from the Drug De-addiction and Treatment Centre (DDTC) , PGIMER, Chandigarh</i></b>
4:00PM-6:00 PM	Games and Sports (Indoor and Outdoor) by Volunteers
6:00 PM	Tea
6:00 PM -8:00 PM	Indoor Games in hostel
8:00 PM	Dinner
10:00 PM	Lights off

**Note : Day Scholars will be off after evening tea.**

NSS Programme Officers:

13. Dr. Ravneet Chawla

14. Mr. Ravinder Kumar

15. Dr. Dipanshu Sharma

  
Principal




GCE 20, Chandigarh

**Day 6: November 14 (Sunday)**

Time	Event	CHILDREN'S DAY
8:30 AM-9:30AM	<i>Yoga Training Session by EXPERT FROM GCYE 23 CHD (ONLINE)</i>	
9:30AM-10:30 AM	Breakfast	
10:30 AM -11:30 AM	<i>S. Swairaj Singh (Punjabi Cinema) to discuss on role of Media in Youth Development – a forum of discussion with Dr. Ravneet Chawla and student panellist the Leisure Valley, Sector 10, Chandigarh</i>	
11:00 AM-1:00 PM	<i>Students Dance/Fun and Frolic</i>	
1:00 PM to 2:00 PM	Lunch	
2:00 PM-4:00 PM	<i>Antakshari by the student groups</i>	
4:00 PM-6:00 PM	<i>Preparation of Valedictory Function (Student Groups)</i>	
6:00 PM	Tea	
6:00 PM -8:00 PM	Heats of Games in hostel	
8:00 pm	Dinner	
10:00 pm	Lights off	

**Note : Day Scholars will be off after evening tea.**

NSS Programme Officers:

16. Dr. Ravneet Chawla   
 17. Mr. Ravinder Kumar   
 18. Dr. Dipanshu Sharma 

  
Principal




GCE 20, Chandigarh

**Day 7: November 15, 2021 (Monday)**

Time	Event
8.30 AM-9:30 AM	<b><i>Yoga Training Session by EXPERT FROM GCYE 23 CHD</i></b>
9.30 AM – 10:00 AM	Breakfast
10:00AM-11:00 AM	<b><i>Session by Prof Dr Prabhjot Malhi, Dept of Pediatrics, PGIMER, Chandigarh on SENSITIZING PUPIL TEACHERS ON HOLISTIC UNDERSTANDING OF SCHOOL GOING CHILDREN</i></b>
11:00 AM -12:00 NOON	<b>Motivation Talk by Sh. Vivek Atray, Former IAS</b>
12:00PM to 1:00 PM	<b><i>Valedictory Function Chief Guest, Sh. Vivek Atray</i></b>
2:00 PM-3:00PM	<b><i>Lunch</i></b>
3.00 PM -4.00 PM	<b><i>Feedback forms to be filled. Restroing articles issued.</i></b>

**Note : Day Scholars will be off after evening tea.**

NSS Programme Officers:

19. Dr. Ravneet Chawla   
 20. Mr. Ravinder Kumar   
 21. Dr. Dipanshu Sharma 

  
Principal

GCE 20, Chandigarh

***Our invited speakers:****DAY 1*

- DIRECTOR HIGHER EDUCATION, CHANDIGARH ADMINISTRATION
- SLO, NSS CELL, DEPARTMENT OF EDUCATION, CHANDIGARH
- YOGA EXPERT, GCYE, SEC 23, CHANDIGARH
- LEGAL EXPERT, SLC, CHANDIGARH

## Day 2

- MS. RACHITA GUPTA, BACHPAN BACHAO & KAILASH SATYARTHI FOUNDATION (DELHI), CHANDIGARH
- DR. SUMAN MOR, ASSOCIATE PROFESSOR, DEPARTMENT OF ENVIRONMENTAL STUDIES, PU, CHANDIGARH
- DR. UPINDERJIT SINGH GILL, ADM, HEALTH DEPARTMENT, CHD

## Day 3

- MRS. GURMEET KAUR, HEAD, GMHS KAJHERI, SEC 52, CHANDIGARH (also day 4)
- FIRE FIGHTING EXPERTS FROM CHANDIGARH POLICE

## Day 4

- DR. TARUNJEET KAUR, HEAD PSYCHOLOGY, GGSDC 32, CHANDIGARH
- EXPERTS FROM TRAFFIC AND SECURITY, CHANDIGARH POLICE

## Day 5

- SH. RAJBIR DESWAL, FORMER IPS, HARYANA
- DR SHITIJ, SENIOR RESIDENT, DEPARTMENT OF PSYCHIATRY, DDTC EXPERT, PGIMER, CHANDIGARH

## Day 6

- DR. SWAIRAJ SINGH SANDHU, FILM AND THEATER ARTIST

## Day 7

- PROF. PRABHJOT MALHI, PEDIATRIC PSYCHOLOGY, PGIMER, CHD
- Sh. VIVEK ATRAY, FORMER IAS, HARYANA

*HOST TEAM:*

- *DR. RAVNEET CHAWLA, ASSOCIATE PROF., GCE CHD*
- *MR. RAVINDER KUMAR, ASSISTANT PROF., GCE, CHD*
- *DR. DIPANSHU SHARMA, ASSISTANT PROF., GCE, CHD*

*PRINCIPAL: DR. A.K.SRIVASTAVA**DEAN: DR. SAPNA NANDA**VICE PRINCIPAL: DR. SAVITA ARYA*