



**GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20-D, CHANDIGARH
NAAC ACCREDITED GRADE 'A'**



**3rd Cycle
Assessment and Accreditation by NAAC
CRITERION-V
STUDENT SUPPORT AND PROGRESSION**



CRITERION 5

KEY INDICATOR- 5.1 Student Support

5.1.1 B – A RANGE OF CAPACITY BUILDING AND SKILL ENHANCEMENT INITIATIVES ARE UNDERTAKEN BY THE GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20-D, CHANDIGARH

INDEX

Sr. No	Content	Page No.
1	Career Fest	1-4
2	Career Counselling session in Value added course	5-7
3	Counselling initiative	8-9
4	Value added course on Capacity building of Prospective teachers	10-25
5	Value added course on Up skilling employability of pupil teachers	26-35
6	Value added course on Science of happiness course for students	36-49
7	Capacity building youth teachers an interactive session	50-52
8	International Webinar on A reflection on Migration, Cultural understanding and Education	53-56
9	ICT practical file prepared by students	57- 66
10	10 Days long Bazaar by students	67-75
11	Teaching science through simple demonstration	76-77
12	Workshop introduction-cum-demonstration to 3D Printing-A hands on activity	78-79
13	Visit to Blind School	80-115
14	Facility to use Jaws software for visually impaired students	116
15	Workshop paper writing & preparing research proposal	117
16	Session on e- content in Value added course	118-120
17	Online 30hours capacity building training for transformative teaching	121-124

GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20-D, CHANDIGARH

Report

The Career Fest

Date 05.03.2023

Career Fest was organized by the pupil teachers of B.Ed. Semester 4 Section B of our college, under the guidance of Dr. Nisha Singh, to fulfill the requisites of sessional work of Paper F4.2 Guidance and Counselling, on the 4th of May 2023. The objective of this career fest was to raise awareness among higher secondary and senior secondary school students about various trending career options and the means to pursue them.

The Principal of the college, Dr. (Mrs.) Sapna Nanda, the Principal of the school, and the school teachers graced the event with their presence and engaged with the pupil teachers, offering valuable suggestions and encouragement. The event was organized with a great deal of enthusiasm and hard work by the pupil teachers.

The event was held at the Government Model Senior Secondary School, Sector 20-D, Chandigarh ground, and featured numerous booths showcasing different career fields. The students were grouped into teams, with each team setting up a booth and providing information about a specific career field. The teams arranged for pamphlets and brochures of their respective fields, which they distributed among the students. They also interacted with the students, answering their queries and providing relevant information.

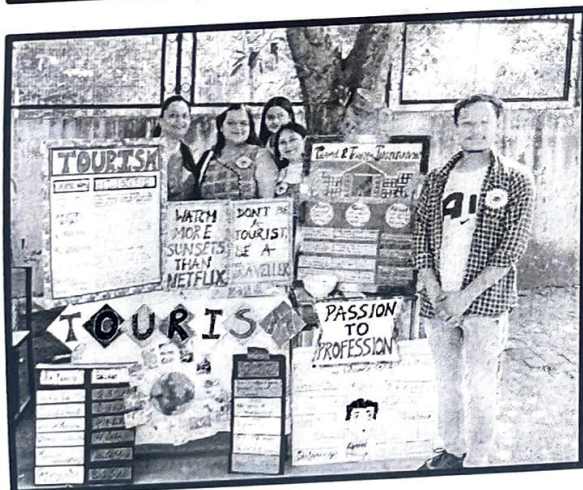
The event was attended by students from 9th to 12th classes, providing them with an opportunity to explore various career options. The students showed a keen interest in the event, and the organizers successfully created awareness among them about the different career opportunities available.

The career fest featured an extensive range of career fields, including Tourism, Agriculture Scientist, Entrepreneurship, Fashion Designing, Make-up artist, Defense Services, Scientist, Police Services, Banking, Lawyer, Start Ups, and many more. The booths were arranged in an interactive manner, providing detailed information about each career option, including educational eligibility, institutes providing specific courses, required qualities, salary structure, and working environment.

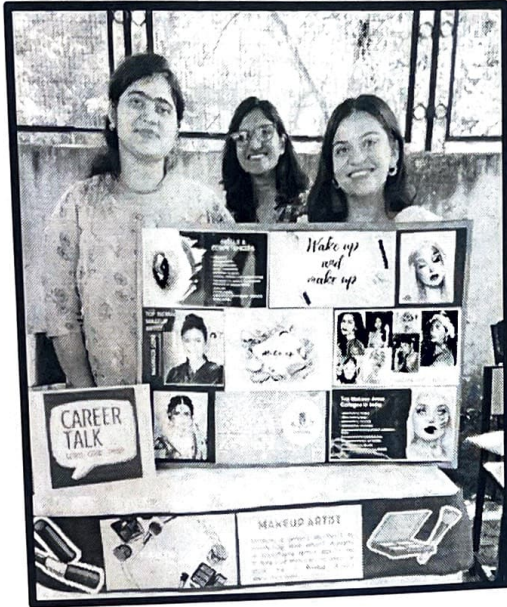
The feedback from the attendees was overwhelmingly positive, with many expressing that the event was informative and helpful. They appreciated the efforts of the pupil students in organizing such an event and felt that it helped them gain a better understanding of different career fields.

In conclusion, the career fest organized by the pupil students was a resounding success, providing an excellent opportunity for prospective teachers to organize such events in the future and for the audience to learn about different career fields and means to pursue them. The organizers did a commendable job in setting up the booths, collecting relevant information, and presenting the information in a systematic and attractive manner. The event was a great learning experience for all the students who attended it, and it will undoubtedly help them make informed decisions about their future careers.

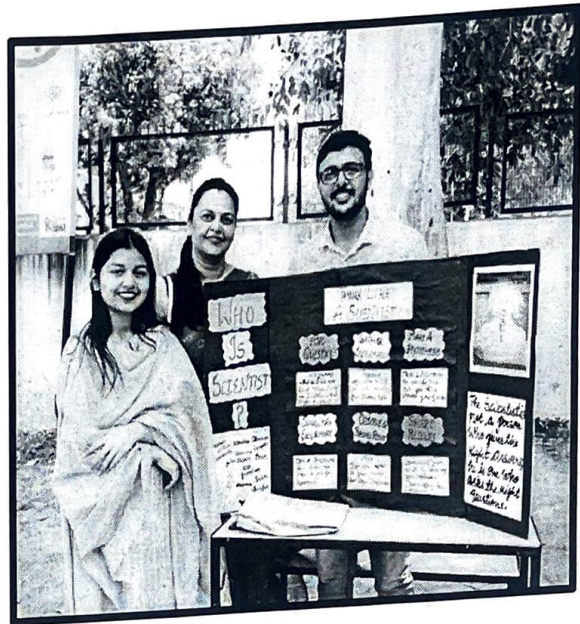
Few Glimpses:







Nishi
Coordinator
Dr Nisha Singh



Kamde
5/3/2023
Principal



GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20 - D, CHANDIGARH
WORKSHOP DAY TWO (May 18, 2023)
REPORT



The Skill Development Committee of the Government College of Education Sector 20 D Chandigarh on the Day 2 of the ongoing Value Added Course on the Capacity Building of Pupil Teachers on Applied Skills was conducted on collaboration of the Placement Cell of the college. The day consisted of three invited speakers and followed by in house panel discussion.

The first session started with Dr. Ravneet Chawla introducing Mrs. Indu Aggarwal from *Disha Consultants* who is a senior corporate and school children and teacher trainer with a diverse experience.

Mrs. Indu Aggarwal began her session by asking questions about the challenges the schools have and gradually transitioned to the gaps the employers find while employing the teachers. The objective was to bring to the listeners the career world expectations, assess their understanding and introducing them to the trending employable talent parameters. She suggested that students should work on their strengths instead of just focusing on their weaknesses and the same should be instructed further to their students. For this purpose she suggested that they should read books like 'Igniting Young Minds'. She referred to the expectation of NEP 2020 in terms of experiential learning. The most important skills that a teacher can have are communication skills, emotional strengths, sensitivity, channelization skills and mentorship. A teacher must also have counselling skills of being empathetic and non judgmental so as to effectively deal with students, parents, officers, and other stakeholders. The whole session was very informative. The speaker was very encouraging throughout the session and inspired students present to be passionate about their profession and to become good teachers.

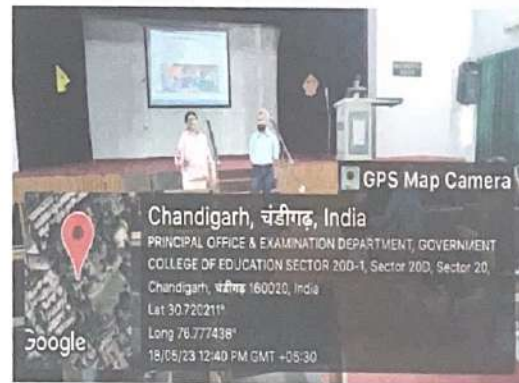
The next session of the day was by Mr. Maninder Singh Bajwa associated with *Eapanza Innovations*, Mohali. He's a software engineer by profession and is working in EdTech

sector since 2008. The session started with Mr. Maninder asking question of why students present wanted to become a teacher. He explained that the top most priority of a teacher should be influencing the life of their students in a better way. The main motive of this session was informing students about various opportunities that they have as a teacher in addition to just teaching in schools. The objective was to crystalize the ideas of the changing mode of teaching-learning in the hybrid mode, to introduce the opportunities on developing digital content and orienting them to the applied employability skills. He discussed with three case studies. The first one was about Punjab, Second was about a project with Central Government and NCERT during the lockdown to develop e-content including episodes and web series, the third was about a project with Haryana Government in which sir and his team worked to develop software for the tablets commissioned by the government for their school students so that they can learn effectively. AI technology and its effects on teaching and learning were also discussed in detail. This interactive session was eye opening for the students and it educated them about the different ways they can use technology to make their teaching style more effective. The students were then provided with refreshment.

The third session started by Mr. Abhinav Dogra who is MD at *Chetanya Career Consultants*, Mohali Immigration and Career Consultant. He introduced the skill of refinement for resume writing. He also emphasised professional e mail writing as soft skills for pupil teachers. Through his experience he shared about opportunities of overseas employability and the skills required to work upon. His session was very informative and interactive with students asking questions throughout. Mr Abhinav also brought forth important details of how to write formal professional e mails, the tone and language to be used. He mentioned countrywise documentation of popular overseas destinations and the correct time and format for applying. He touched upon language, size, and inserting hyperlinks in the resume to make it brief and yet complete. The session was interactive and brought to light points often ignored by applicants.

The concluding session of the day comprised a panel discussion headed by Dr. Ravneet Chawla with valuable participation of Dr. Upasna Thapliyal and Mr. Ravinder Kumar. The objective of the panel discussion was to review the days learning and engage to brainstorm new ideas for upcoming sessions.

Glimpses:



Bany Arora
Skill Development Committee

Chand
24/5/2023
Principal

Government College of Education, Sector 20D, Chandigarh

Report

A Counseling Initiative: "Sip n Talk with Nisha"

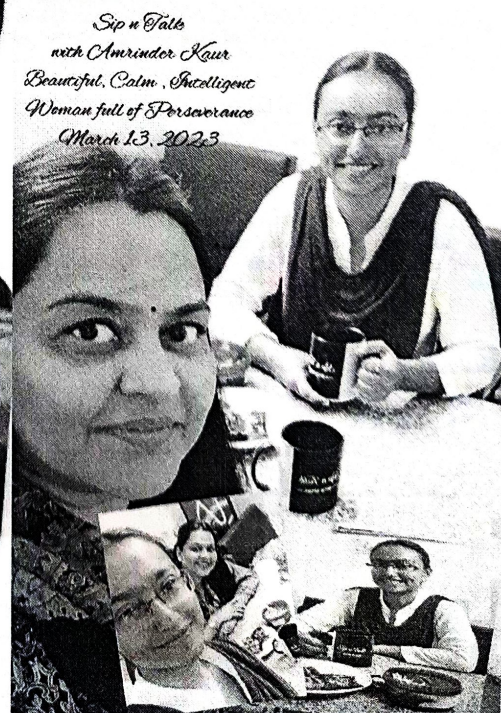
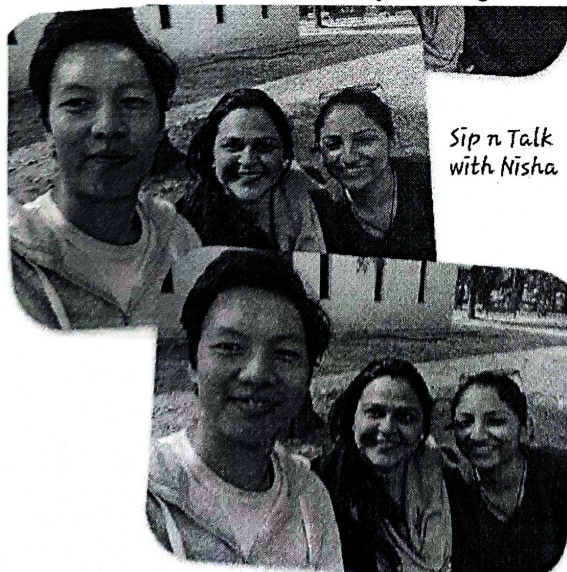
In the ongoing commitment to provide an enriching and supportive learning environment for the students, Dr Nisha Singh, one of the educators of the college, has embarked on a unique and personal counseling initiative. Recognizing the importance of understanding students' perspectives and experiences, Dr Singh has introduced " Sip n Talk with Nisha" an informal platform for open dialogue.

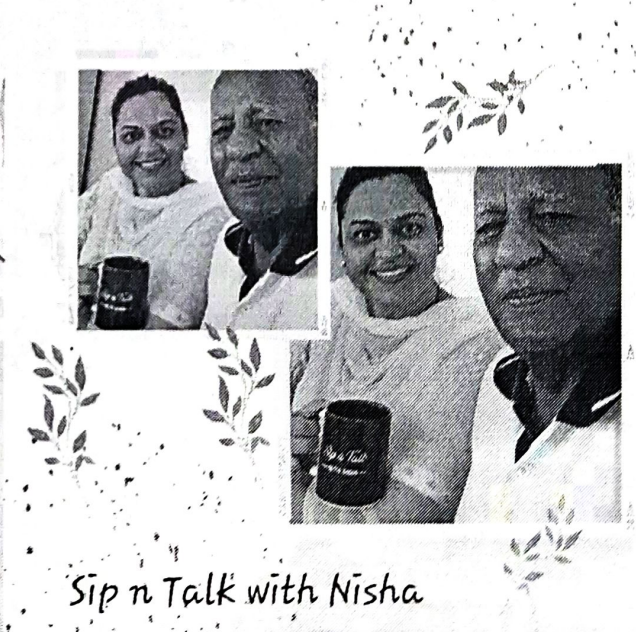
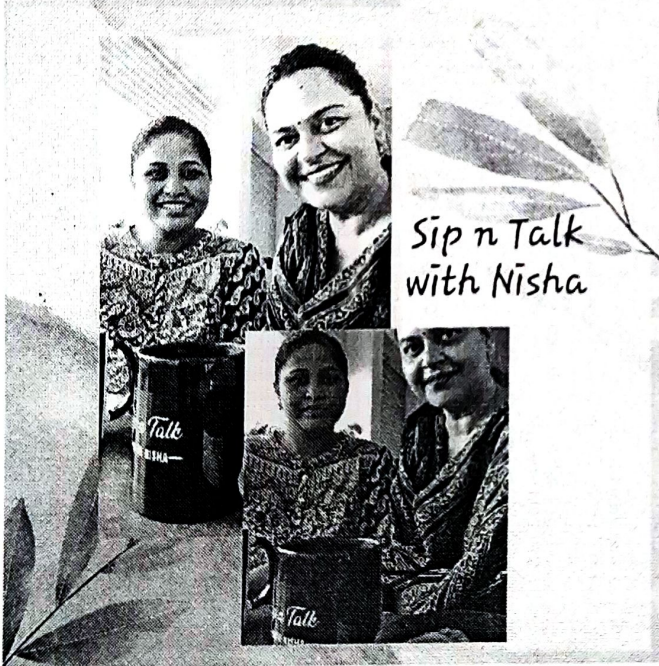
The primary aim of this initiative is to create a safe space for students to connect with their teacher on a more personal level. By engaging in candid conversations, a teacher can gain a deeper understanding of students' needs, both positive and negative, which can then be used to tailor teaching approaches to individual learning styles.

Students are encouraged to schedule one-on-one interaction session, where they can freely discuss their thoughts and insights. These conversations go beyond academic concerns and delve into the broader aspects of students' lives. This approach aims to not only build a stronger teacher-student relationship but also foster a sense of community within our classroom.

Students schedule these tea chats as per their convenience. The relaxed and friendly atmosphere of these meetings ensures that students can express themselves comfortably.

This counseling initiative aligns perfectly with our institute's values of inclusivity, learner centred environment and community building.





Nisha
Coordinator
Dr Nisha Singh

Bansal
31/5/2023
PRINCIPAL



GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20 - D, CHANDIGARH
WORKSHOP DAY ONE (May 17, 2023)
REPORT



The Skill Development Committee of the Government College of Education Sector 20 D Chandigarh organized Value Added Course on the Capacity Building of Prospective Teachers on Applied Skills from May 17-22, 2023. On the first day, Dr. Balwinder Kaur, Convener Skill Development Committee welcomed all the participants and Resource persons of all sessions. She introduced the theme and objectives of the workshop. Dean, Dr. A.K. Shrivastava, welcomed the Chief Guest of the day.

The first session started with the introduction of Mr. Nirmal Datt former HOD of English Department D.A.V. College Sector-10 Chandigarh by Dr. Balwinder Kaur. The theme of the session was “*New technique to teach English called Vernacular Bridge course*” to Learn English. He emphasised on one’s own mother tongue to inculcate English language. He said that language is the tool for communication. He introduced his 8 point structural sentence and discussed about various topics like Active and Passive Speech, Tenses and Sentence formation. He interacted with students and gave live examples to learn English language. He shared YouTube channel link where students may learn English online. In the end, he answered all the questions of students and offered his help of any kind to students for future.

The second session was a yoga workshop with trainer Ms. Manisha Sharma. She’s a Yoga Therapist working in Government Rehabilitation Institute for Intellectually Disabled (GRID), Sector 31-C, Chandigarh since 2010. She started the session with a calming prayer. In this session students did some common yoga protocol or ‘*Sukshmyayam*’ for neck, hands feet and trunk in preparation for the upcoming National Yoga Day on 21st May. The session also included a sitting ‘*Suryanamaskar*’ and some ‘*Pranayam*’ or breathing exercises. The session was really enlightening and relaxing. It ended with a light ‘OM’ chanting.

The Third session for the day was conducted on Road Safety Rules by the Chandigarh Police. The session was led by DSP Jaswinder Singh, Senior Inspector Bhupinder Singh, Head Constable Jagroop Singh, Senior Constable Rajeev Sharma and volunteer Jagdamba Prasad. Senior Constable Rajeev Sharma informed about safety measures on road. He played many videos of roads accidents and accident survivors’ courtesy of head constable Jagroop Singh. The whole session was very informative and interesting. Students gained a lot of knowledge on all types of road safety. The team also had a general talk with students on safe living. A pledge was taken by all to protect environment and to become more conscious about road safety. At last, Senior Inspector Bhupinder Singh gave a melodic singing performance of songs written by him especially for traffic related issues.

In the concluding session a discussion was held to view the overall learning of the day and doubts of students were asked. At the end of the workshop Dr. Neelam Paul, Member of Skill Development Committee presented the Vote of Thanks. She expressed her gratitude to all Resource persons of the day Mr. Nirmal Datt, Ms. Manisha Sharma and Chandigarh Police for brilliant sessions. She thanked Principal ma'am for her valuable guidance and supervision during workshop. She thanked all the participants for their enthusiastic participation. The Programme ended with National Anthem.

Glimpses:





Om
Prakash
SKD
Skill Development Committee

Principal
24/5/2023
Principal



GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20 - D, CHANDIGARH
WORKSHOP DAY TWO (May 18, 2023)
REPORT



The Skill Development Committee of the Government College of Education Sector 20 D Chandigarh on the Day 2 of the ongoing Value Added Course on the Capacity Building of Pupil Teachers on Applied Skills was conducted on collaboration of the Placement Cell of the college. The day consisted of three invited speakers and followed by in house panel discussion.

The first session started with Dr. Ravneet Chawla introducing Mrs. Indu Aggarwal from *Disha Consultants* who is a senior corporate and school children and teacher trainer with a diverse experience.

Mrs. Indu Aggarwal began her session by asking questions about the challenges the schools have and gradually transitioned to the gaps the employers find while employing the teachers. The objective was to bring to the listeners the career world expectations, assess their understanding and introducing them to the trending employable talent parameters. She suggested that students should work on their strengths instead of just focusing on their weaknesses and the same should be instructed further to their students. For this purpose she suggested that they should read books like 'Igniting Young Minds'. She referred to the expectation of NEP 2020 in terms of experiential learning. The most important skills that a teacher can have are communication skills, emotional strengths, sensitivity, channelization skills and mentorship. A teacher must also have counselling skills of being empathetic and non judgmental so as to effectively deal with students, parents, officers, and other stakeholders. The whole session was very informative. The speaker was very encouraging throughout the session and inspired students present to be passionate about their profession and to become good teachers.

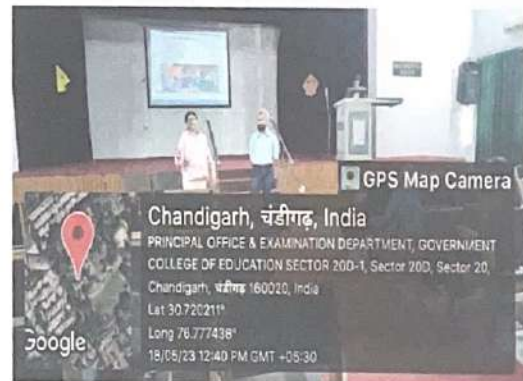
The next session of the day was by Mr. Maninder Singh Bajwa associated with *Eapanza Innovations*, Mohali. He's a software engineer by profession and is working in EdTech

sector since 2008. The session started with Mr. Maninder asking question of why students present wanted to become a teacher. He explained that the top most priority of a teacher should be influencing the life of their students in a better way. The main motive of this session was informing students about various opportunities that they have as a teacher in addition to just teaching in schools. The objective was to crystalize the ideas of the changing mode of teaching-learning in the hybrid mode, to introduce the opportunities on developing digital content and orienting them to the applied employability skills. He discussed with three case studies. The first one was about Punjab, Second was about a project with Central Government and NCERT during the lockdown to develop e-content including episodes and web series, the third was about a project with Haryana Government in which sir and his team worked to develop software for the tablets commissioned by the government for their school students so that they can learn effectively. AI technology and its effects on teaching and learning were also discussed in detail. This interactive session was eye opening for the students and it educated them about the different ways they can use technology to make their teaching style more effective. The students were then provided with refreshment.

The third session started by Mr. Abhinav Dogra who is MD at *Chetanya Career Consultants*, Mohali Immigration and Career Consultant. He introduced the skill of refinement for resume writing. He also emphasised professional e mail writing as soft skills for pupil teachers. Through his experience he shared about opportunities of overseas employability and the skills required to work upon. His session was very informative and interactive with students asking questions throughout. Mr Abhinav also brought forth important details of how to write formal professional e mails, the tone and language to be used. He mentioned countrywise documentation of popular overseas destinations and the correct time and format for applying. He touched upon language, size, and inserting hyperlinks in the resume to make it brief and yet complete. The session was interactive and brought to light points often ignored by applicants.

The concluding session of the day comprised a panel discussion headed by Dr. Ravneet Chawla with valuable participation of Dr. Upasna Thapliyal and Mr. Ravinder Kumar. The objective of the panel discussion was to review the days learning and engage to brainstorm new ideas for upcoming sessions.

Glimpses:



Bany Arora
Skill Development Committee

Chand
24/5/2023
Principal



GOVERNMENT COLLEGE OF EDUCATION

SECTOR 20 - D, CHANDIGARH

DAY THREE REPORT (May 19, 2023)



The Third day of the Capacity Building Program organised by Skill Development Committee started with Dr. Kusum introducing Mrs Charanjeet who is an Assistant Professor at Dev Samaj College, Sec-36, Chandigarh. The objective of the session was to provide instruction and guidance on the concept of "*Micro Teaching*".

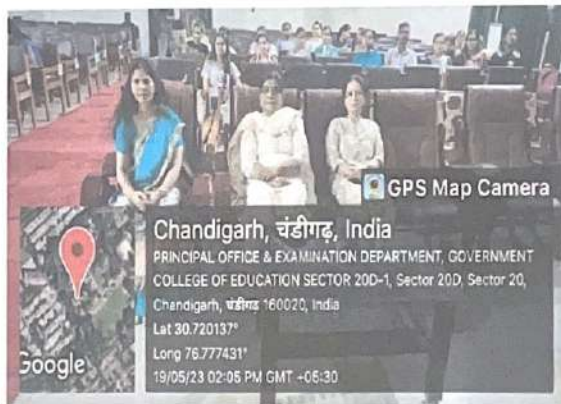
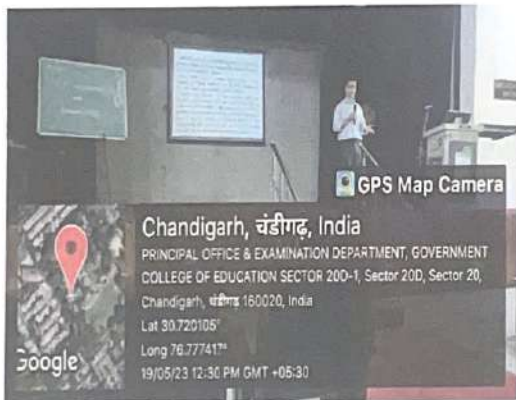
The session aimed to provide training to teachers in a simulated environment. She covered various aspects of microteaching, including its characteristics and phases. Additionally, she emphasized the significance of learning objectives in teaching and discussed the Bloom's taxonomy and its domains. She also addressed the importance of addressing student's emotional learning and provided guidance on introducing lessons and utilizing reinforcement techniques using different approaches. Furthermore, she focused on specific skills such as the skill of introduction, skill of explanation, skill of stimulus variation, skill of probing, and skill of asking divergent questions. Overall, the session proved highly advantageous for the pupil teachers in their professional development. The students were then provided with refreshments.

The next session of the day was by Mr. Anand Mohan Sharma, the director of Jan ShikshanSansthan, Mohali which is sponsored by Ministry of Skill development & entrepreneurship (GOI). He had impact on many lives and aims to turn India into skill India. During the session, he began by discussing various avenues for skill development, such as ITIs (Industrial Training Institutes) and government polytechnics. He then delved into the Skill Development Initiative School Scheme (SDIS), which was initiated in 2014 to cater to the educational levels of 5th, 8th, 10th, and 12th students, focusing on Modular Employable Skills. The next topic covered was the Pradhan Mantri Kaushal Vikas Yojana (PMKVY), a flagship program by the Ministry of Skill Development and Entrepreneurship, aimed at fostering the skill development of the country's youth. The training programs conducted through the Ministry of Micro, Small, and Medium Industries (MSME) were also highlighted. Another institution discussed was JAN Shiksha Sansthan, formerly part of the Human Resource Development (HRD) Ministry, which provides various courses with a significant reservation of seats for illiterate individuals and those who have completed up to 8th grade, while 20 percent of seats are allocated for students who have completed 12th grade. The entire session proved to be highly informative.

The third session was started by Dr. M. Dhrakshayani. She spoke on use of ICT and methods in teaching and learning. She emphasised about impact of student learning; teachers being digitally literate and understand how to integrate it into curriculum. She also discussed how schools use a diverse set of ICT tools to communicate, create, disseminate, store, and manage

information and outlined the ICT curriculum or lesson plan followed, including the specific topics covered, teaching methods employed, and resources utilized. She also explained how the curriculum aligns with relevant educational standards and objectives, Teaching Strategies and Approaches. The session was very informative and interactive as students were asking questions throughout. The concluding session of the day comprised discussion headed by Dr. Kusum with students about learning experiences. The Vote of Thanks was given by Shachi and the day concluded with the National Anthem.

Glimpses:



Devi Arora
Skill Development Committee

Shachi
24/5/2023
Principal



GOVERNMENT COLLEGE OF EDUCATION

SECTOR 20 - D, CHANDIGARH

DAY FOUR REPORT (May 20, 2023)



The Skill Development Committee of Government College of Education, Sector 20-D, Chandigarh organized a session on the fourth day of the ongoing Value-Added Course on the Capacity Building of Pupil Teachers on Applied Skills.

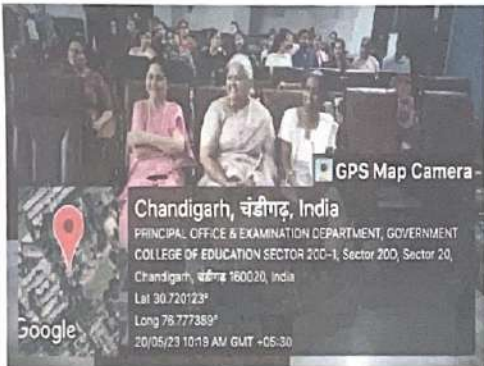
The first session was started by The Skill Development Committee Incharge, Dr. Balwinder Kaur introducing Dr. Jasvir Chahal who's been a member of teaching faculty here, at GCE 20-D, Chandigarh serving from 1989-2016, ending her tenure as the vice principal of the college. She excels as a teacher, mentor, and researcher, and remains actively involved in the field of education, serving as a visiting faculty at multiple universities. Principal, Dr. Sapna Nanda welcomed the resource person and highlighted her achievements. The objective of her session was "*Self Development- The core to Personality Development*".

The session primarily centred on self-development. It started with an activity wherein the pupil teachers were required to identify their emotions and express what they were experiencing at that specific moment. The purpose of this exercise was to cultivate self-awareness among them, as awareness serves as the initial stage in the process of self-development. She emphasised on the significance of a teacher's role in shaping young minds, highlighting the crucial need for educators to prioritize self-care and gain a profound understanding of them. This self-awareness enables teachers to effectively impart these insights to their students, thereby enriching their educational experience. The session was very mind opening and interesting, the main takeaway being, life is very unpredictable and uncertain, so pupil teachers should learn to deal with these uncertainties and keep on developing they to deal with these head on and attain self-actualisation.

The second session featured a film called "*Notebook*". Notebook is a 2019 Indian Hindi-language film which revolves around Kabir, a former army officer, who relocates to Kashmir to assume the role of a school teacher. The school is situated in the secluded Wuller Lane, devoid of essential facilities and with only a few students in attendance. Within the confines of the school, Kabir discovers a notebook left behind by the previous year's teacher, Firdaus, which profoundly impacts his life. With Notebook, The Director brought forth a human story which is sweet, simple and full of warmth. The movie beautifully captured Kashmir and had pleasant music. It was an enjoyable and fun experience for the students.

The session concluded by Dr. Aarti Bhatt. She reviewed both sessions and discussed the learning experiences.

Glimpses:



Oliver
Ravi
AKH
Skill development Committee

Ram Lal
 24/5/2023
Principal



GOVERNMENT COLLEGE OF EDUCATION

SECTOR 20 - D, CHANDIGARH

WORKSHOP DAY FIVE (May 22, 2023)



REPORT

The Skill Development Committee of the Government College of Education Sector 20 D Chandigarh organised Value Added Course on the Capacity Building of Prospective Teachers on Applied Skills. Dr. Balwinder Kaur Skill Development Committee Incharge introduced speakers of both sessions Mr. Navdeep Singh Co founder and President of KachiSadak Foundation and Mr. Prabhu Nath Shahi director Jai Madhusudan Shri Krishna Foundation.

The topic of the first session was **“Everyone wants the world to be fixed but who will fix it?”**. There were two other members of the foundation - Ms. Monika Sharma-Co founder and director of educational research, and Ms. Neha Kulsheshta Program Manager Kachi Sadak Foundation. The session was meant to gain knowledge about what is exactly social work and how can it be opted as a profession.

Mr. Navdeep Singh firstly explained about what exactly is a social work. Participants did a fun activity in which they have written their problems of daily life on a slip and thrown it to each other. Participants then picked up the slip randomly and read loudly. The purpose of this activity was to make each one to understand that the most important thing in doing a social work is to have empathy and sympathy towards other people’s problems rather than just finding out a working solution.

The speaker gave a detailed description what are the requirements of being a social worker, and how the participants may put their foot in others shoe to feel and understand the problems of others.

The whole session was very informative as participants got to know about exactly how to become a social worker and what is a social service. It’s a noble Profession and one should really learn empathy and sympathy for being a good social worker and a good human being.

The second session was on **“Save Environment Save Earth Save Life”**. Mr. Prabhu Nath Shahi Director Jai Madhusudan Jai Shri Krishna foundation interacted with the students. He also appreciated the efforts of the committee to organise such workshop and expressed his gratitude to invite him on such an important day i.e 22nd May 2023 which is celebrated as **“International Day of Biodiversity”**.

He talked on what is the importance of saving environment and what are the various ways in which one can contribute towards saving environment on an individual level. He explained

the ground reality of the tree plantation drives that occur regularly. Most of the trees do not survive due to negligence of people. Although people plant the saplings, yet they do not take care of the sapling afterwards that results into decaying of the plant. So it becomes important not to only plant trees, but plan and take care of them. He also talked about the importance of preserving water since we face water scarcity every year in summers. It is important that one do not use water unnecessarily and also teach about water preservation to the general public.

In last, he talked about waste management and harmful effects of plastics on the environment. All should work towards completely banning plastics from the lives as these small individual steps will lead to a big change and better future. The whole session was very educational and informative. The session was concluded by Dr. Balwinder Kaur by reviewing the learning experiences of participants. In the end vote of thanks was formally given and National Anthem was sung.

Glimpses:

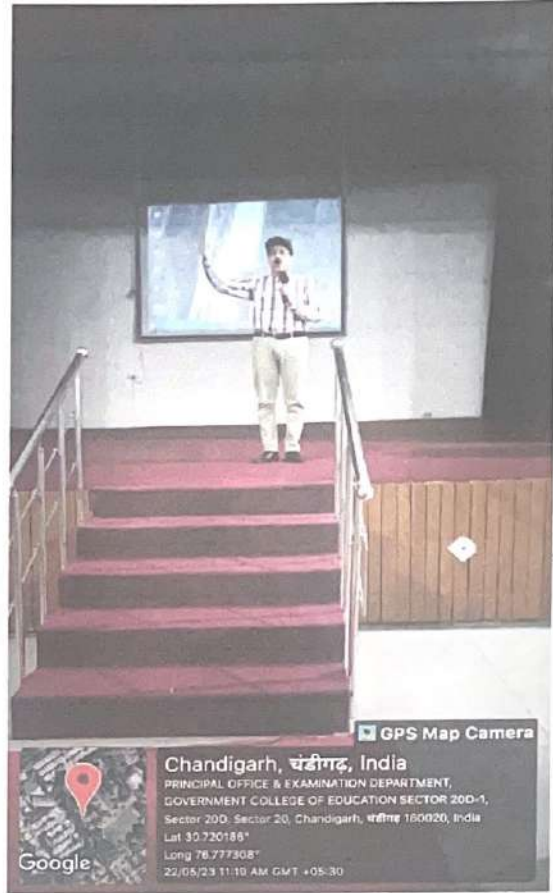




GPS Map Camera



Chandigarh, चंडीगढ़, India
 PRINCIPAL OFFICE & EXAMINATION DEPARTMENT,
 GOVERNMENT COLLEGE OF EDUCATION SECTOR 200-1,
 Sector 20D, Sector 20, Chandigarh, चंडीगढ़ 160020, India
 Lat 30.72018°
 Long 76.777308°
 22/05/23 11:10 AM GMT +05:30



GPS Map Camera



Chandigarh, चंडीगढ़, India
 PRINCIPAL OFFICE & EXAMINATION DEPARTMENT,
 GOVERNMENT COLLEGE OF EDUCATION SECTOR 200-1,
 Sector 20D, Sector 20, Chandigarh, चंडीगढ़ 160020, India
 Lat 30.72018°
 Long 76.777308°
 22/05/23 11:10 AM GMT +05:30

Dave
Prasad
 Skill Development Committee

Sandeep
 24/5/2023
 Principal



GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20 - D, CHANDIGARH
VALEDICTORY FUNCTION (May 24, 2023)
REPORT

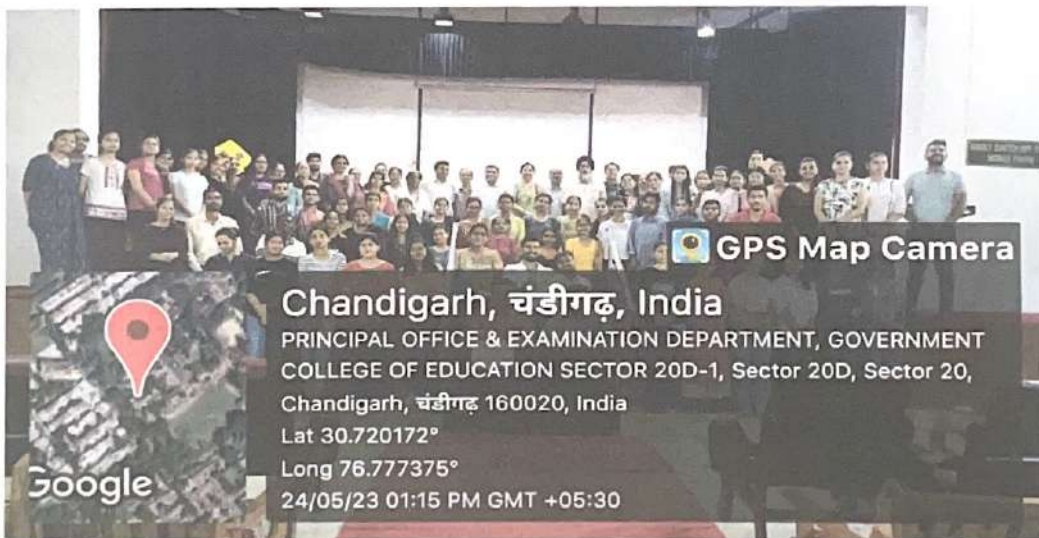
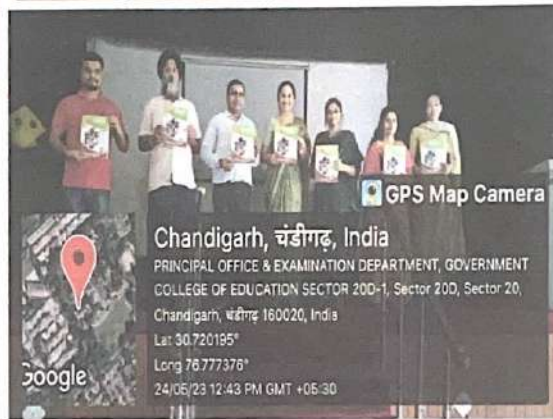


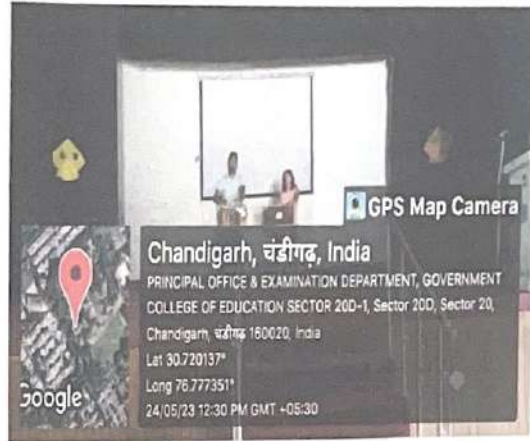
Skill Development Committee of Government College of Education Sec-20D, Chandigarh organised Value Added Course. The Valedictory function for the Capacity Building Program started with the introduction of the Chief Guest of the day Dr. Nemi Chand State Liaison Officer NSS Chandigarh Administration Chandigarh by Incharge Dr. Balwinder Kaur. Dr. Sapna Nanda Principal of the college welcomed the Chief Guest formally and highlighted various achievements. She also informed about the activities and sessions conducted during the programme.

Students Ms. Shachi and Ms. Isha Duggal shared their Reflections about the programme. They highlighted their experiences, memories, and aspirations of the workshop. Ms. Jyoti sang a Ghazal and Komal performed dance on Krishna Vandana. Chief Guest of the programme distributed the certificate of completion to the participants. Afterwards the College Magazine **The Educational Observer** 2021-22 and 2022-23 was released by the Chief Guest, Principal, Chief-in- Editor and editors.

The Principal of the college Dr. Sapna Nanda appreciated the organizing committee and the students for their enthusiastic participation in the training program. The training ended on a positive note and the few participants Ms. Shachi and Ms. Isha shared their testimonials and expressed gratitude towards the program's organizers for the valuable opportunity provided. Dr. Balwinder Kaur, the convener of the training program extended vote of thanks to all the Chief Guest of the day for their kind presence and incubating the life skills ideas among the prospective teachers of the college.

Glimpses:





गवर्नमेंट कॉलेज ऑफ एजुकेशन, चंडीगढ़ में 'एप्लाइड स्किल्स पर भावी शिक्षकों की क्षमतानिर्माण' पर वैल्यूएडेड कोर्स का आयोजन

• मसलीक मंसफारदाता

चंडीगढ़। गवर्नमेंट कॉलेज ऑफ एजुकेशन, सेक्टर 20डी, चंडीगढ़ में कौशल और उद्योग-उन्मुख शिक्षण के माध्यम से भावी शिक्षकों की क्षमता निर्माण कार्यक्रम का शुभारंभ हुआ। कार्यक्रम का उद्देश्य प्राथमिक और माध्यमिक शिक्षण के क्षेत्रों में कार्य करने वाले शिक्षकों को नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है। कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है। कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है।

कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है। कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है।



कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है। कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है।

कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है। कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है।

कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है। कार्यक्रम में भाग लेने वाले शिक्षकों को प्रयोग और प्रदर्शन के माध्यम से नवीनतम शिक्षण विधियों और तकनीकों से अवगत कराना है।

Dinesh
Skill Development Committee

Principal
24/5/2023

GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20 D, CHANDIGARH

REPORT

Value added course Credit Hours 30

“Up-skilling Employability of Pupil Teachers”

January 2-7, 2023

Course Curator & Coordinator

Dr Ravneet Chawla, Associate Professor HDFR, Co-ordinator, Placement Cell

Duration 30 Credit Hours

Introduction and Concept Note:

The students of B Ed Semester 3, ready to go to Semester 4 were the beneficiaries. Two student of B Ed Semester 1 also attended.

The *objectives* of the course:

- Understanding the trends in world of work
- Readiness to work in a group and as an individual
- Absorbing the nuances of workplace as a beginner
- Holistic skills required for work
- Grooming as an all rounder

Understanding the work culture and understanding case studies, experiences, group/ cooperative work, the sense of initiatives and achievement oriented tasks, the desire to improve and evolve, to go through transitions and arrive smoothly in the education/ allied/ other works is imperative. The course was designed to bring to the pupil teachers a module that capacitates them to bring life and vibe to the theoretical and limited field experience. It shall encompass well being and relaxation, rejuvenation, eating and dressing etiquette. .

The course was expected to make the probable teachers further understand the recently evolved changes and eco-system of the learning processes as well as the behavioural aspects and finesse of a career oriented individual.

Day 1

INAUGURATION PROGRAMME OF THE VALUE ADDED COURSE

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 2, 2023

Time: 10:00 AM – 04:00 PM

For seeking the prime blessings of almighty, Government College of Education, Sector 20 D Chandigarh, conducted a blazing havan ceremony to mark the beginning of New Year 2023. Principal Dr. Sapna Nanda, all the teachers, administrative staff members and students marked their presence on this auspicious moment. *Aahutis* were put in the *Havan Kund* while chanting the sacred mantras. Religious hymns sung by all the staff members created the ambiance of spirituality in the campus. *Havan* ceremony was performed religiously under the divine fervour and spirituality. Prasad was also distributed at the end.

Today's Morning Assembly was conducted by T. G -7 students under the guidance of Dr. Lilu Ram. The assembly was started with a prayer, "*Shubh savera lekar tera naam prabho...*" followed by thought of the day and news. A speech was delivered on the National youth day or Swami Vivekananda Jayanti. Through the speech, Swami Vivekananda 's philosophy, his contribution to social reforms were told and urgent need of youth leadership is emphasized . Another speech on National Science Day was delivered to the audience to make them understand the significance of science and how it improves the daily life of the common folk. Students were informed about the *Pongal* and *Lohri* festival ,their significance and how and why these festivals are celebrated .A poem was recited on the topic "Father " .depicting the importance and sacrifices of a father. The importance of "Mental Health" was also informed to the students through a speech. The soldiers' bravery and sacrifices were shown to the students through a clip. The clip gave a small tribute to the army on the coming occasion of Indian Army Day .The assembly ended with singing the national anthem.

At 12:30 pm the event was followed up by various performances under the theme 'Happiness' to celebrate the new year. The students showcased the cultural diversity through various dance forms which included,

Garhwali dance, Manipuri dance, *Nati*, *Bhangra*, Bollywood mashup, Haryanvi and lazy dance . It also included a special Qwali performance by the music students in the beginning and also at the end.

Overall it created a joyful and enthusiastic environment among the students.

This cultural event marked the beginning of an energetic new year.

Dr Ravneet Chawla then introduced the new course to the students "UPSKILLING EMPLOYABILITY OF PUPIL TEACHERS". She guided and motivated the students about the aims and objectives of the course. She familiarized the students with the concept of upskilling and upscaling and the importance of being employment ready in the 21st century. She also took students doubts and queries regarding the course and calibrated the students capacities to bring life and vibe to the theoretical and limited field experience.

Day 2

GLOBAL OPPORTUNITIES, 7C'S & PREPARING MULTITASKING TEACHERS

Session Speaker: Major Dr Gulshan Sharma

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 3, 2023

Time: 11:00 AM – 03:00 PM

The Government College of Education Sector -20 D ,Chandigarh organised a six day value added course on the theme "UPSKILLING AND EMPLOYABILITY OF PUPIL TEACHER". The session started with the Principal's address and she welcomed today's motivational speaker Major Dr. Gulshan Sharma (DG-ICSI and Life Coach).

Sir talked about building ideas for better education, realising one's full potential and passion. He also covered several aspects of being an educator in today's changing world and focusing on collaborative learning instead of competition. Sir promoted the idea of setting up the inspirational lab and he threw light on some aspects of NEP 2020. This session was very engaging and interesting as it also involved student participation in a fun way.

The main objective of this session was to enhance the awareness of the students about the various employment opportunities and promoting creative and innovative learning.

...

FIRST IMPRESSION TO CARRY ONESELF RIGHT

Session Speaker: Ms. Samaira Sandhu

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 3, 2023

Time: 03:00 PM – 04:00 PM

Session 2 of the day was on the topic: 'FIRST IMPRESSION TO CARRY ONESELF RIGHT' conducted by Placement cell, Government College of Education, Sector-20 D Chandigarh as a part of the ongoing value-added course- 'UPSKILLING EMPLOYABILITY OF PUPIL TEACHERS'. The speaker for the session was renowned actress Samaira Sandhu. The aim of conducting such a session was to make the pupil teachers realize the importance of carrying oneself properly.

Dr. Sapna Nanda, Principal, Government College of Education, Sector- 20, Chandigarh formally welcomed Ms. Samaira Sandhu. Ms. Sandhu highlighted that first impressions are important as they affect how we perceive and interact with people, places, and things. Being an actor and an author, she shared some relatable incidents from her own journey that could help to get the initial idea about the concern behind the first impression of someone. She emphasized on maintenance of good health by following proper diet and regular exercise. She also shared her own journey to motivate the students for being confident and motivated through the ups and downs of life. At the end of the session, she interacted with the pupil teachers by answering their queries.

Course curator & Co-Ordinator, Dr. Ravneet Chawla gave the concluding remarks followed by a formal vote of thanks.

This was an inspiring and informative session for the pupil teachers as they realized that first impression should never be taken lightly as it is always beneficial.

Day 3

ROLE OF LIBRARIES & PASSION IN READING

Session Speaker: Dr Neeza Singh

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 4, 2023

Time: 11:00 AM – 01:00 PM

The Government College of Education Sector -20 D, Chandigarh organised a seven day value added course on the theme "UPSKILLING AND EMPLOYABILITY OF PUPIL

TEACHERS". Dr. Ravneet Chawla formally introduced the speaker of the session – Dr. Neeza Singh, Librarian, T.S. Central State Library, Sector-17, Chandigarh. Dr. Singh very enthusiastically started the session and laid emphasis on importance of reading. She talked about various benefits of reading as reading results in addition of knowledge, stimulates imagination and creativity, improves memory, increases vocabulary, and results in stress reduction. She also highlighted that regular reading improves communication skills and holistic development of personality along with language development. She also motivated the pupil teachers by telling them examples of great readers like Mahatma Gandhi, Jawahar Lal Nehru, Bhagat Singh, APJ Abdul Kalam. Further on, she mentioned reading is not only limited to the field of education, but also included some great actors who are avid readers like Shahrukh Khan, Kajol, Saif Ali Khan, etc.

In her concluding remarks, she told the pupil teachers about Importance of Public libraries and the various resources that they can refer to enhance their academic performance like computer and internet facility, open textbooks, portals, media journals, e-books, svayamprabha, shodhganga, e-pathshala, MOOCs, IRIS, spoken tutorials, National Digital Library, classroom library etc.

The session concluded with Course curator & Co-Ordinator, Dr. Ravneet Chawla extending a formal vote of thanks to the guest of honour.

.....

DESIGNING LESSONS TO CREATE MIRACLES IN CLASS

Session Speaker: Dr Gulshan Kaur

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 4, 2023

Time: 02:00 AM – 04:00 PM

The Government College of Education Sector -20 D ,Chandigarh organised a six day value added course on the theme "UPSKILLING AND EMPLOYABILITY OF PUPIL TEACHER". The session started with Dr. Ravneet Chawla formally welcoming the guest of honour. Dr Gulshan Kaur began her talk with doing an activity with the pupil teachers about the importance of content and delivery. She also conducted a brainstorming session with the pupil teachers regarding the processes of enriching the subject knowledge and content. She

talked to the students about the 6 learning designs and did multiple rounds of Q and A with the students. She also encouraged the students to work on their knowledge domain and the skill of developing a holistic progress chart.

The session ended with obtaining feedback from students and taking the pupil teacher's doubts and queries.

The session concluded with Course curator & Co-Ordinator, Dr. Ravneet Chawla extending a formal vote of thanks to the guest of honour.

Day 4

INTERVIEW SKILLS FOR EMPLOYABILITY

Session Speaker: Dr Anuradha Chawla

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 5, 2023

Time: 11:00 AM – 12:00PM

The Government College of Education Sector -20 D, Chandigarh organised a six day value added course on the theme "UPSKILLING AND EMPLOYABILITY OF PUPIL TEACHER". The session started with Dr Ravneet Chawla formally introducing the guest of honour. Dr Anuradha Chawla began her session with talking to the pupil teachers about the whole process of interviewing and familiarized the pupil teachers about the whole recruitment process. She talked about the importance of body language and demeanor in the selection process . she interacted with the students and gave multiple important tips about dressing etiquette and general appearance guidance with respect to jewellery etc. She also delved into the zone of confidence and the methodologies to enhance one's speaking skills. She encouraged the pupil teachers to speak with confidence and not nervousness and have a good command over language so as to have a genuine and formal conversation with the recruiter. Further on she talked about the difference in the interview process of corporate and government sector.

The session ended with addressing doubts and queries of the pupil teachers following which Course curator & Co-ordinator, Dr Ravneet Chawla presented the guest of honour with a shawl and gave a formal vote of thanks.

....

OPTIMISING COLLABORATION WITH STAKEHOLDERS

Session Speaker: Mr Krit Serai

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 5, 2023

Time: 12:00 PM – 01:00 PM

The Government College of Education Sector -20 D ,Chandigarh organised a six day value added course on the theme "UPSKILLING AND EMPLOYABILITY OF PUPIL TEACHER". The session started with principal Dr Sapna Nanda formally welcoming the guest of honour , the alumnus of the college. The aim of conducting such a session was to make the future teachers understand the recently evolved changes and eco-system of the learning process as well as the behavioural aspects of the career oriented individual audience. The emerging trends in employability skills were emphasised upon like critical thinking, communication skills, organisational skills, leadership skills, team work, time management, conflict resolution and hybrid teaching.

The session ended with the signing of an MoU between the college and Satluj group of schools for upcoming collaborations.

Course curator & Co-ordinator, Dr Ravneet Chawla extended a formal vote of thanks to the guest of honour.

...

INDIVIDUAL DIFFERENCES AND SITUATIONAL BIASES IN LEARNING & TEACHING

Session Speaker: Ms Neha Sharma Bhullar (Melbourne, Australia; Online session)

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 5, 2023

Time: 03:00 PM – 04:00 PM

The Government College of Education Sector-20 D ,Chandigarh organised a six day value added course on the theme "UPSKILLING AND EMPLOYABILITY OF PUPIL TEACHER". The session was organised online from Australia on Google Meet platform. Dr Ravneet Chawla welcomed the guest of honour and the session began with Ms Neha Sharma Bhullar engaging with the students on the individual differences with the help of a video. Ms Neha Sharma Bhullar elucidated the role of self related experiences or having certain specific

socially isolated experiences in the development of individual differences. Further on she talked about the various behavioural or perception based interactions that take place in the workplace and their significance in employability of an individual. The session was kept interactive with many interesting questions which she asked the inquisitive pupil teachers. The hour long session ended with Course curator & Co-Ordinator, Dr Ravneet Chawla extending the formal vote of thanks to the guest of honour.

Day 5

THE EVOLVED TEACHER AS PER INDUSTRY ACADEMIA INTERFACE

Session Speaker: Dr Viddhi Miglani

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 6, 2023

Time: 11:00 PM – 01:00 PM

The Government College of Education Sector-20 Chandigarh invited Dr. Viddhi Miglani, Etiquette coach and Language trainer for an expert talk on "THE EVOLVED TEACHER AS PER INDUSTRY ACADEMIA INTERFACE." The session started with Dr. Ravneet Chawla addressing and welcoming the expert for her talk and interaction with the pupil teachers.

Dr. Viddhi Miglani introduced the important aspects of an effective Resume. She talked about elements of storytelling resume and also highlighting the major challenges. She focused on making up a branding statement and right body language during interviews. She even demonstrated right postures and etiquettes and involved students in this activity. She also emphasised on the importance of right pronunciation and way of speaking. The session was very engaging and interesting as it covered different aspects of personality development and etiquettes for an evolved professional teacher in today's changing world.

The session ended with Course curator & Co-Ordinator, Dr Ravneet Chawla enriching the students with her personal experiences in resume writing and interview processes and extended a formal vote of thanks to the guest of honour.

.....

CONNECTING THE LEARNINGS, EXPECTATIONS AND MOVING TOWARDS EMPLOYABILITY

Session Speaker, Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 6, 2023

Time: 02:00 PM – 04:00 PM

The curator of the course connected the learning from all the sessions. The beneficiaries expressed their perceptions, concerns of their readiness and admitted to the scope of improvement in the next 6 months and sought facilitation from the faculty. They were keen to visit private schools also and observe the work culture. The placement cell member Dr. Upasana Thapliyal, also shared her life anecdotes as exemplar for building the proactive worker as a teacher at any level. The students expressed the grooming opportunity they had with behavioural and academic inputs during the course. They were more clear on choosing to pursue what after their B. Ed. A few wanted to complete their masters first before they would go to the teaching career as they felt the need to further learn more first. Dr Ravneet shared her life journey and international and national experiences to stimulate them to dream big and be sure and confident of themselves. It was a happy and interactive session of informal out of the soft heart session.

Day 6

SYNERGIZING SPIRITUAL AND YOGA WISDOM WITH EMPLOYABILITY OF PUPIL TEACHERS

Session Speaker: Sh. Rajendra Yenkanamoole, Founder, Vasudeva Kriya Yoga, Melbourne, Australia

Course Curator & Co-ordinator: Dr. Ravneet Chawla

Date: January 7, 2023


Time: 09:00 AM – 02:00 PM


The Placememnt Cell of The Government College of Education Sector-20 Chandigarh created a collaborative session of the day with the specially designed International Workshop

on Yoga wherein the expert from Australia, Sh. Rajendra Ji rendered his demonstrations based on the narratives from the Bhagwad Gita and brought together the wisdom and enlightenment to become a good and sound individual. In his dedicated and spell bopund sessions, the mantras were enchanted and he bilingually connected with the audience from various institutions including students and faculty, and also the other staff. He discussed contemplation and self-introspection, the responsibility and expectations from the extra - ordinary teacher, the always a co-learner attitude of the teacher, inculcation of stillness, calmness and serenity. Each person, he said, has the capacity to master his mind to survive the extremities in life, and as a teacher one has a constantly involved role to take along many precious lives to blossom.. He stimulated the audience to discover each one's own potential and not to be in a rush to be in the guise of majority. The session was self awakening and threaded with pauses of discussions.

Earlier in the day, the Honourable Home Secretary, Sh Nitin Kumar Yadav, IAS, Home Secretary, Chandigarh Administration in his address mentioned the over all grooming of the teachers as per the expectations of the NEP 2020 to design teachers while they take along the rich Indian Culture.

At the closure of the day, Valediction Ceremony was held. The students presented various musical and folk items, some contemporary dances and show stealer was Shampreet of the B.Ed. Semester 3 stole the show in bringing the audience on their to Punjabi folklore. The attendees were distributed with a completion certificate for the students. The Principal of the college, Dr. Sapna Nanda applauded the design, thoughtful content, execution and completion of the highly relevant programme as a course with more than 30 dedicated hours. Dr. Ravneet Chawla extended a sincere vote of thanks to Patron of the course/ Principal of the college for having the course on and leading the team for her guidance.


 DR. RAVNEET CHAWLA
 COURSE CURATOR & CO-ORDINATOR
 Jan 7/2023


 DR. SAPNA NANDA
 PRINCIPAL
 GCE-20, CHANDIGARH

About the course

Unhappiness arising from negativity and a stressed mind can affect one's physical and mental health, which can further reduce an individual's overall efficiency. Happiness does not come automatically but needs to be practiced. This course will provide insight into practicing scientific ways of psychological research to live a happier life.

Objectives of the course:

- To understand scientific perspective of happiness
- To practice happiness through hands-on call
- To be happier

Course Duration: 30 Hours

Course Mode: In-person

Course Fees: No fee

Course Requisites:

- A desire to be happier
- Commitment to practice happiness strategies daily
- A growth mindset

The course is open to all students at the college

Course Schedule

Date	Day	Theme
Dec 26, 2022	Day 1	Inauguration & Orientation
Dec 27, 2022	Day 2	Scientific perspective of Happiness
Dec 28, 2022	Day 3	Science of Gratitude
Dec 30, 2022	Day 4	Happiness by Forgiveness
Dec 31, 2022	Day 5	Misconceptions about Happiness, Effect of Social Media on Happiness
Jan 2, 2023	Day 6	Celebrate Life to achieve Happiness
Jan 3, 2023	Day 7	Happiness and IKIGAI
Jan 4, 2023	Day 8	Understanding Hedonic Adaptation & Impact Bias, Laughing Buddhas
Jan 5, 2023	Day 9	Happiness by Savoring, Kindness & Social connections
Jan 6, 2023	Day 10	Practicing Mindfulness & other strategies to maintain happiness
Jan 7, 2023	Day 11	Yoga, Chakra Healing for Happiness, Valedictory Function



Government College of Education
Sector 20-D, Chandigarh

The Science of Happiness

A Value-Added Course



Convenor

Dr Sapna Nanda
Principal

GCE, 20-D
Chandigarh

Coordinator

Dr Nisha Singh
Assistant Professor

GCE, 20-D
Chandigarh



About the college

A premiere institute of Teacher Education, Government College of Education, Chandigarh was established in August 1954 under a special scheme of Government of India. The college has accredited Grade A by the NAAC. The courses offered in the college are B.Ed. (110 seats), M.Ed. (50 seats) and PGDG&C (20 seats) and Pre Ph.D. course for research scholars. The college equips perspective teachers to fulfill demands of 21st century by providing interdisciplinary exposures through theory and practice and to live a fulfilling happy life ahead

"Happiness is the meaning and the purpose of life, the whole aim and end of human existence."

- Aristotle

The Science of Happiness

Dec 26, 2022 - Jan 07, 2023



Student Support

- Rupanshi (B.Ed. I)
- Meghna Duhan (B.Ed. I)
- Anjali Rana (B.Ed. I)
- Tripti Atri (B.Ed. I)
- Shachi (B.Ed. I)
- Sourabh (B.Ed. I)

Contact Us

Dr Nisha Singh

Phone:

7837870287, 01722700075

Email:

nisha.singh@gcechd.ac.in

gcechd@yahoo.co.in

Website:

www.gcechd.nic.in

Designed by:
Dr Nisha Singh

The Science of Happiness_

(Value-Added Course)

The Report of Inauguration Date: Dec 26, 2022

Government College of Education, Sector 20-D, Chandigarh started a value added course "The Science of Happiness" today i.e. Dec. 26, 2022 which was presided by Sh Vivek Atray, Former IAS, a Motivational Speaker, and popular Author. Principal of the college, Dr Sapna Nanda presented welcome address to the chief guest and highlighted the importance of happiness in an individual's life. During an interactive session the chief guest enlightened the students about basics of happiness. He suggested that meditation, physical exercise, good sleep and appropriate use of social media is essential for maintaining a balance between mental and physical health. He also guided students to keep realistic expectations and inculcate spiritual inclination at an early stage. The organizer of the course Dr Nisha Singh, Assistant professor introduced the course by highlighting the need of the happiness program and its objectives. The program was attended by 150 students of the college. Meghna, a student of B.Ed. I presented a formal vote of thanks to the chief guest. Dr Sapna Nanda congratulated the organizer for the initiative and ensured students that the course will help them develop an insight to live a happier and fulfilling life.



Nisha
Course Coordinator

Dr Nisha Singh

Sapna Nanda
Principal

GCE, Sec20-D, Chd

The Science of Happiness (A Value Added Course)

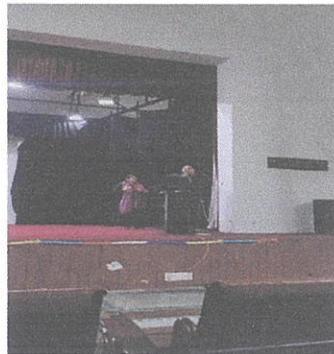
Report

Date 27.12.2022

Theme: Scientific Perspective of Happiness

The day begins with immense positivity and enthusiasm. The course coordinator (Dr.Nisha Singh) divided the students into the groups. Along with that, students were asked to have a unique group name and a theme song which they had to sing while proceeding to the auditorium. After settling, a morning prayer was sung collectively. Moving forward, the principal Dr Sapna Nanda and the Dean of the college shared their views about happiness and sorrow in brief. Principal ma'am also emphasized on the need of such programmes to enhance level of happiness. Dr. Nisha Singh enlightens the students about the scientific perspective of happiness. She discussed the true meaning of happiness i.e. Happiness=Enjoyment +Purpose +Satisfaction. Also, students were informed about some research-based facts about happiness and the ranking of the countries in terms of the Happiness Index. Each and every student participated with full devotion and enthusiasm.

Some glimpse of the event




Course Coordinator
Dr Nisha Singh


Principal
GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

THEME: SCIENCE OF GRATITUDE

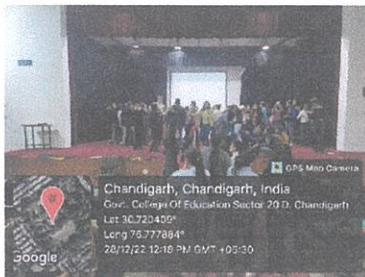
REPORT Date: 28 December 2022

The third day of the value added course titled “Science of Happiness” started with different teams of students singing their team anthem and entering the auditorium with the dance steps of their team anthem. All students were wearing colourful badges depicting their team names like ecstasy, euphoria, heaven, anand, thahake, chill, etc.

The theme of today’s session was gratitude. Dr. Nisha Singh asked the students to give their own meanings of the word ‘gratitude’. All the students actively participated in the discussion and listed the people/things/activities/places that they were grateful of. Students listed how the human heart gets scarred by guilt of past mistakes, comments on physical appearance, familial and societal discriminations, etc. Dr. Nisha explained to the students through the use of a powerpoint presentation, how gratitude had the power to heal, to energize and to change lives.

This was followed by the activity called the “THE GRATITUDE JAR”. Students were asked to draw a jar in their daily journal and fill it with the objects they were grateful for. Students decorated these jars with sketchpens and crayons. Following this, Dean of the College Dr. A.K. Srivastava linked the topic of gratitude with the story of Lord Buddha and explained how gratitude should be from heart, thoughts and actions.

The Gratitude song “It’s a Beautiful Day” was played and all the students formed a human chain dancing and singing its tunes. Afterwards dance therapy for cleansing was carried out by the course coordinator Dr Nisha Singh. All students were then asked to close their eyes and dance to beautiful songs with emotional meanings. All students enjoyed grooving to the tunes of the song. It was a very cathartic activity for some who couldn’t stop their tears after the dance. Next, the floor was open and students enjoyed dancing with their teachers on songs they liked. The Happiness Session ended with the teacher giving a home-work to perform one act of kindness.



Nisha
Course Coordinator

Dr Nisha Singh



Budh
Principal

GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

Date 30 December 2022

Theme: Happiness by Forgiveness

REPORT

The day 5 of the “Science of Happiness” value added course was themed on the title of “Happiness through Forgiveness” carried out by the course coordinator Dr Nisha Singh. Students were taught to deal with emotional scars of the past and to forgive those people who hurt them and to forgive oneself also. Dr. Nisha explained to students how forgiveness was like a heavy baggage that we carried all the time. More than anybody else, forgiveness was fruitful for us. In an interactive session, students listed how others in the society hurt them and described the different types of emotional scars that society gave them, be it gender based discrimination or looks based discrimination. The highlight of the day was the therapy inspired by the ‘Buddhist Meditation’. Students carried yoga mats and lay down straight on the floor. The session started with relaxation activities. The instructor used positive affirmations and asked all the students to forgive the persons who had hurt them in the past. They were asked to forget those frustrating situations. They were asked to imagine forgiving themselves too. After the session, many students felt light and free. Tibetan bowl healing therapy was used for music behind the meditation. Students felt lighter and peaceful after the therapy.



Nisha
Course Coordinator

Dr Nisha Singh

[Signature]
Principal

GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

Theme: Misconceptions about happiness, Role of Social media in Happiness

Report

Date 31.12.2022

The sixth day of the session started with the students' feedback. The course coordinator Dr Nisha Singh asked each team to give feedback about the fruitfulness of the happiness programme, the lessons they learnt in the past five days, if they learnt anything new and the suggestions if any to be given. The students came forward and described that they learnt to be self-confident, calm, humble, forgiving, always grateful for the privileges they had and others didn't; they described how the dance therapy was very healing for all of them, how heterogeneous grouping of teams helped them make new friends, how they felt light after dance therapy, buddhist meditation inspired therapy. Moreover, different teams organised activities on happiness. Dr Nisha Singh explained various misconceptions about happiness and justified her views with scientific evidences. Team Chill discussed why we need happiness and the value of happiness. Another team described how social media can positively and negatively impact happiness. Highlighting the importance of counsellors when feeling down, Team Ecstasy organised the game titled "Therapist! Therapist! Please Save Us!" Students were divided into teams of therapists and clients. The client team formed a circle by holding hands and jumbled themselves up by criss crossing. The therapists competed amongst themselves solving the human puzzle representing our haywire thoughts and emotions. The therapist who was able to solve the human puzzle first was declared the winner. Through this activity, the students were made aware about professional psychological help that can be received by people under challenging life circumstances. The day closed by the final practice of dance students for their function on 2nd January 2023.



Nisha
Course Coordinator
Dr Nisha Singh

[Signature]
Principal
GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

Date 02.01.2023

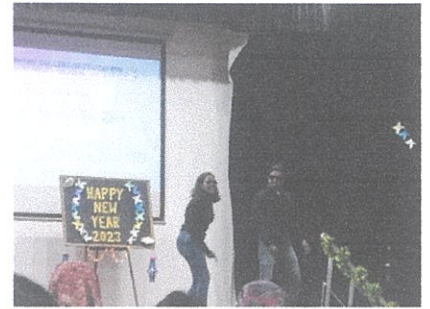
Theme: Celebration life to achieve Happiness

Report

The day 6 of the “Science of Happiness” value added course was themed on the title of ‘Celebration life to achieve Happiness’. The course coordinator highlighted that festivity and celebrations give us a chance to socially connect and having enjoyment with family & friends. A hawan was performed to seek the blessings from the almighty to start the new year. The set up was decorated with fragrant flowers, and arrangements were installed for everyone to sit on. The auditorium was also decorated for the cultural activities. The preparations for the celebration started from the morning indeed. The program started by a welcome address by the course coordinator, Dr Nisha Singh. After that, the students went on stage and presented a lot of gratitude to everyone for coming to this program by singing their beautiful song. All the students participated in the celebrations. Dance forms of many states of India were presented during the event. After the cultural event, everyone left for the community lunch in which each and every student were instruct to bring eatables/ lunch boxes, and everyone will eat along. Each one fed each other with their food and gave a lot of happiness. One could see a lot of smiles on everyone’s faces. In the end, everyone pays gratitude for organizing such events.

Glimpse of the event-





Nisha
Course Coordinator
Dr Nisha Singh

[Signature]
Principal
GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

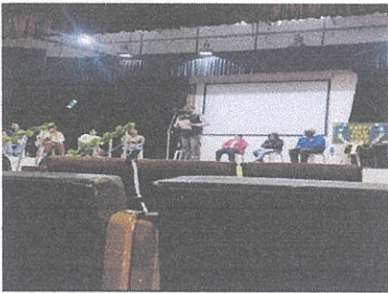
Theme: Understanding hedonic adaptations, impact bias, Laughing Buddhas

Report

Date 03.01.2023

The day 7 of the “Science of Happiness” value added course was themed on the title of ‘Hasya Kavi Sammelan and Laughing Buddhas. The session started with the Laughing Buddhas activity where each team was asked to make others team laugh by their actions or act plays. Here, everyone participated with great enthusiasm and show their immense efforts. The session further continued with the Hasya Kavi Sammelan in which students from different teams participated and present their inbuilt talents of poetry. The activity was full of humour and inspiration. The highlight of this session was happiness through laughter achieved by laughter yoga. It begun by the instructor by the quote Fake it till you make it. The students were following the instructions given by the instructor like brushing off the brain; eliminate the false burdens from the shoulder etc. and trying to fake the laugh till they achieve the real laugh. Students enjoyed this therapy a lot and laugh to their very extent. And in this way the session for this day comes to an hilarious end.

Glimpse of the event-




Course Coordinator

Dr Nisha Singh


Principal

GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

Theme: Happiness through Outdoor Activities

Report

Date 04.01.2023

The day 8 of the “Science of Happiness” value added course was based on the concept of ‘Happiness through Outdoor Activities’. The session began with the warming up in the ground where the instructor asked students to perform certain games like In and Out and run-in chains along with your team mates. All the students participated and warmed up their bodies. Later, the teams were asked a day prior for organizing a outdoor game of the students which many of them took positively and come up with their ideas. One team conduct the game – Dog in the Pond, which everyone enjoyed a lot. The other games which were played were- mice ran cat chase, blindfold etc. Each and every student participated with high spirit and great enthusiasm in every distinguished activity. Students were told about benefits of exercising and outdoor playing. It was also highlighted that harmones released during exercise helps in achieving happiness. With that informative session , today’s session came to an end.



Nisha
Course Coordinator

Dr Nisha Singh

[Signature]
Principal

GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

Theme: Savoring, kindness & Social connections & IKIGAI

Report

Date 05.01.2023

The day began with students pondering on the purpose of their lives- "IKIGAI". During the discussion, it was realized that fulfilling basic needs like money, career and good health is very essential but happiness is not just dependent on these as it is a conscious process. We all need to consciously work for happiness. Dr. Nisha explained to students how it is extremely important to work for their dreams; that only actions can turn their dreams into a reality. Budding teachers were asked to work on their skills for better professional prospects. Students were asked to participate in the psychological process of savoring. 'Savoring' is defined as a process through which people up-regulate their positive feelings by directing attention to emotionally relevant events in their past, present, and future. All the students went back to their past after closing their eyes. They imagined and re-lived their happiest moments and practiced savouring the memories. Research based evidences were shared by the coordinator to explain that people having good social connections are happier. She also elaborated how small acts of kindness can bring happiness in one's life. Student shared their experiences about the feeling they had after helping others. This was followed by the "Future Business Card Designing" activity. Students were asked to become as creative as possible in this activity. Students enjoyed giving different shapes, sizes, colors and hues to their future business cards. By writing down their "ikigai" and by announcing it before the audience, the students committed themselves to their goals. Every student displayed his/her business card before the audience and announced the career goals they wished to achieve. This public announcement will create eustress/positive stress to work hard for their dreams.



Nisha
Course Coordinator
Dr Nisha Singh

[Signature]
Principal
GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

**Theme: practicing Mindfulness & Strategies to maintain happiness
Report**

Date 06.01.2023

The day 10 of the “Science of Happiness” value added course was themed on the title of ‘practicing Mindfulness & Strategies to maintain happiness’. The program starts by checking our previous day work on our journal. Then the event started with our first activity which was LENS OF GRATITUDE. Two students from each group wear the glasses of gratitude and express their gratitude towards the things they are grateful for and many of them mentioned that how privileged they are that they became part of this course. As it is our second last day of the course, we remember all the old lesson which we have learnt during this course starting from the understanding the real meaning of the happiness to the forgiveness to the depths of gratitude and many more. The course coordinator discussed various strategies to maintain happiness like Mindfulness, living in present, finding the Ikigai, maintaining a journal of gratitude, continuing doing small acts of kindness and above all developing social connections. The course coordinator Dr Nisha Singh emphasized that happiness should not be attached to something or someone. She also reminded that materialistic gains like good job, good marks, money, house etc do not give us permanent happiness, they are essential but do not guarantee happiness. Happiness associated with materialistic gains reduces with time. The students were guided to follow their passion and focus on their career. Finally a dance session was conducted as it was the most loved activity for the students. Students participated with great enthusiasm and conquered their fears and feelings. The day ended with the happy faces of the students.



Nisha
Course Coordinator
Dr Nisha Singh

[Signature]
Principal
GCE, Sec20-D, Chd

The Science of Happiness

(A Value Added Course)

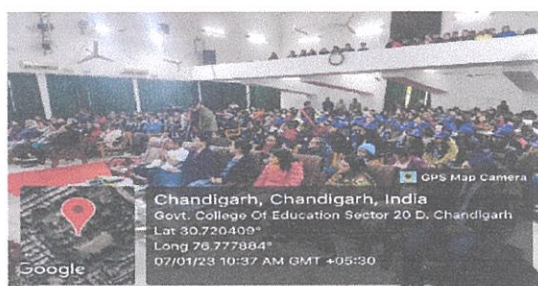
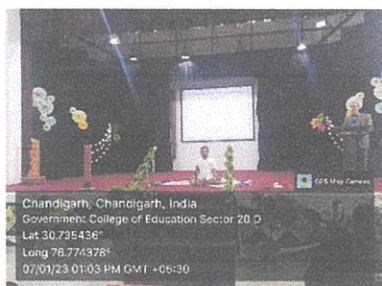
Report

Date 07.01.2023

Theme: VALEDICTORY DAY

The last day of the Science of Happiness started with a bang! A one day international conference on the theme of “Art of Man-making through Vasudeva Kriya Yoga” gave the perfect Indian touch to the science of happiness. Shri Nitin Kumar Yadav, IAS, Home Secretary, Chandigarh Administration was the esteemed Chief Guest of the day. The Vasudeva Kriya Yoga workshop was guided by Shri RajendraYenkannamoole from Melbourne, Australia. Students from diverse colleges of Chandigarh enthusiastically attended the workshop. The event began with the Principal Dr. Sapna Nanda, welcoming the Chief guest, resource person and the audience. A mesmerizing and patriotic yogic dance performance was presented by the students of Government College of Education. It was much appreciated by the audience. The Resource person, Sh. RajendraYenkannamoole explained the inspirations from Bhagavad Geeta, Chakra healing for channelization of energy and related it with yogic kriyas of pranayam, bandha and asanas.

Happiness through yoga was emphasized. All the participants were elated to receive the course completion certificates from the guests, principal Dr. Sapna Nanda and Course Coordinator Dr Nisha Singh. The happiness session on the last day ended with a musical rendition consisting of folk songs, dance performances including Manipuri folk dance, Haryanvi dance and the energetic Bhangra. The students shared their feedback about the course through feedback forms after each session. Some of the students suggested having “happiness period” everyday in the time table. The principal of the college congratulated students on successful completion of the value added course and appreciated the efforts made by course coordinator Dr Nisha Singh who carried out this course single-handedly. A total of 105 students completed this value added course. Students reported that this course helped them to have better understanding of happiness and ways to achieve it. The course highlighted that happiness is not something you get, it has to be created. Happiness is a skill that needs to be practiced. The course ended with a happy faces and happy memories.




Course Coordinator
Dr Nisha Singh


Principal
GCE, Sec20-D, Chd



**GOVERNMENT COLLEGE OF
EDUCATION
SECTOR 20-D, CHANDIGARH**



Capacity Building for Youth and Teachers an Interactive Session with Major Dr. Gulshan Sharma

“The only skill that will be important in the 21st Century is the skill of learning new skills. Everything else will become obsolete over time.”

The Skill-in-Teaching Committee consisting of Dr. Kusum (Coordinator), Dr. Upasana Thapliyal and Mr. Ravinder Kumar in collaboration with International Chamber for Service Industry organized an interactive session of the pupil teachers with Major Dr. Gulshan Sharma. The event was held on 11 November 2022 in the auditorium of Government College of Education, Sector 20-D, Chandigarh. The event began with the formal welcome of the guests by the compere Ms. Shachi Sudhir, a student of Bachelors of Education, Semester 1. This was followed by the Principal's warm welcome address to Major Dr. Gulshan Sharma. Major Dr Gulshan Sharma, Director General ICSI (International Chamber for Service Industry) is a Service Industry strategist, Inspirational Speaker & a Life Coach. He holds his Ph. D in Service Industry - with Focus on Vocational Education & Skills. Before joining ICSI Chamber, he was with the Indian Army & the Ministry of Tourism, Govt. of India till 1993, where he set up India's First Institute for Travel & Tourism, IITTM and developed MBA Tourism for India with his team. Subsequently ICSI developed various Service Industry Bachelors and Masters Vocational Education University degree programmes in Tourism, Hospitality, Airlines, Rural Development & Management, Entrepreneurship Mgt., Education & Counselling Mgt., Media-Entertainment & Film Technology, Mobile Computing & Internet, Health-Spa & Resort Mgt.etc. ICSI- International Chamber for Service Industry is a Global network (NRIs -Indian Corporate-Educators & Trainers)/Think Tank for Service Industry Research- Innovation-Technology & Future Strategies. Currently, ICSI is focusing on preparing a vision document for India @2047 with Focus on Education, skills, Tourism & Media- Entertainment industry, MSME ,Women & Child Development coupled with Health & Wellness while giving a rich Spiritual Journey Experience to visiting Tourists. ICSI conceptualized, developed, and initiated India's First, Technology based Finishing School in 1994 for Empowering Educators & Youth with focus on Creativity, Collaboration,Happiness, Soft & Life Skills. Post Pandemic now its Digital inspirational Lab. Presently ICSI is dedicated for MAKING EDUCATION & Skills RELEVANT through Global Educators Forum with all stakeholders of Policy Makers-Leaders–Educators-Vocational Skills providers-Corporate-Technocrats-Strategists and Inspirational

Leaders to Inspire Every Educator-Trainer & Youth- leading to smooth implementation of NEP 2020.



(Dr. Sapna Nanda, Dr. A.K.Srivastava,
Dr. Gulshan Sharma, Dr. Kusum)



(Dr. Gulshan Sharma)

An enthusiastic and energetic resource person, Major Dr. Gulshan Sharma enlightened the students about the essential requirement of skills along with qualification degrees to become a true professional. In the contemporary world, it is essential to have valuable life skills. Education devoid of any opportunities to nurture and enhance skills does not give room for children to grow into well rounded individuals. An all round balanced development of cognitive, social and emotional skills is a must to succeed in modern life. The pupil teachers consisting of students of B.Ed, M.Ed and Diploma students of Guidance & Counseling were awestruck with the optimism and hope that the resource person brought in front of them. Sir explained how he thought that he was 17 at 71, full of dreams and hope for the nation. The importance of effective time management was explained and the pupil teachers were motivated to set the goal of becoming the best in their profession. Confidence building and personality development activities were also organized during the session to boost the morale of the pupil teachers. The responsibility of nation building and future shaping by teachers was also discussed with the pupil teachers. Dr. Sharma coached the pupil teachers through his life journey, “Anything and Everything is possible.”



Keeping these intentions in mind, it was explained that the International Chamber of Service Industry with the support of Chandigarh Administration has taken the initiative of making Chandigarh an Innovative Education and Skills Hub of Asia. The audience gave a standing ovation in respect of the highly experienced resource person. Major Dr. Gulshan Sharma even shared his phone number with the audience to take valuable insights/feedback from the students to transform Chandigarh into an Innovative Education Hub.



The formal vote of thanks was delivered by Mr. Ravinder Kumar (Member) Skill-in-Teaching Committee. The event ended with the singing of the National Anthem.

Coordinator
Skill-in-Teaching
CC:

Principal
Govt. College of Education,
Sector-20D, Chandigarh

1. For office record, 2. For College Website, 3. For NAAC (soft copy by mail)



GOVERNMENT COLLEGE OF EDUCATION
SECTOR-20D, CHANDIGARH



Webinar (May 30,2023)
REPORT

The Placement Cell of the Govt. College of Education, Sector 20-D Chandigarh organized a webinar on the topic “A *reflection on Migration, Cultural Understandings and Education*”. The speaker of the day was Daylon P. Taylor, holding the esteemed position of Professor in the Faculty of Social Work at Wilfrid Laurier University in Canada. Additionally, she serves as an Adjunct Professor in the Social Work Department at Trent University and fulfils the role of a part-time lecturer in the University of Windsor's Master of Social Work for Working Professionals program. The purpose of the webinar was to shed light on the personal experiences of migrants and explore the educational challenges they face in Canada. Dr. Neeru was also present to provide her valuable insight on the topic.

The program commenced with Dr. Ravneet Chawla introducing the guest speaker. The dean welcomed the esteemed speaker and thanked her for taking time out of her schedule to come and educate students on the topic. The webinar started with an introduction of the distinguished guest speaker, a highly regarded researcher and educator. Notably, her personal experiences as a migrant herself brought a distinctive and invaluable perspective to the discussion. She outlined her motivations for engaging in research and advocacy work in the field. She emphasized the significance of cultural understanding and integration for migrant students. Drawing upon her own experiences, she shared compelling anecdotes that vividly illustrated the value derived from embracing cultural diversity and cultivating a profound sense of belonging among migrant students.

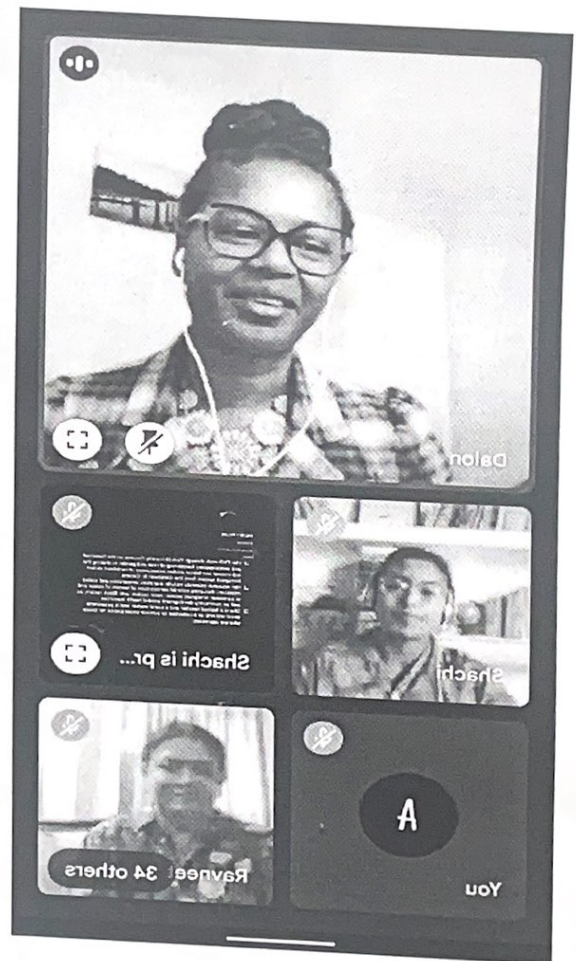
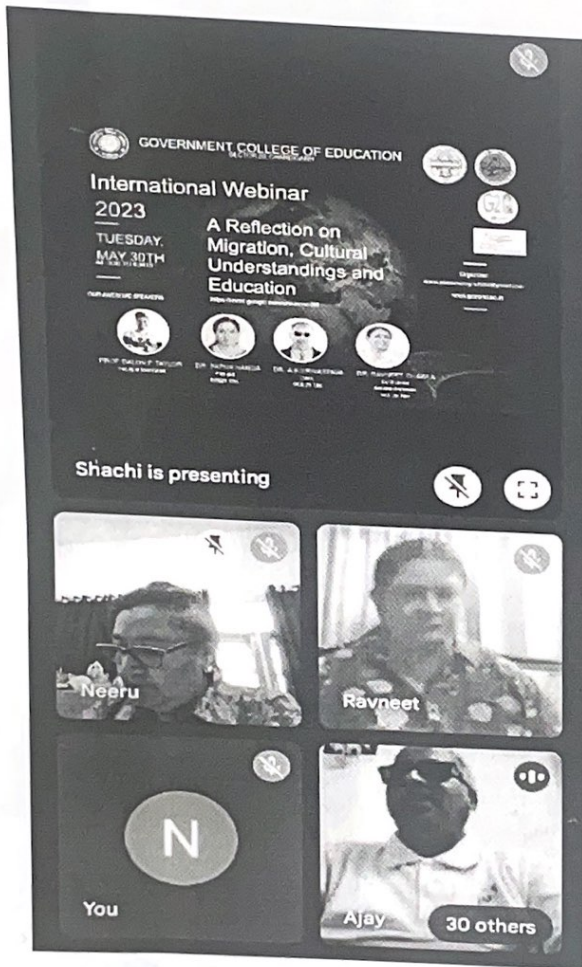
Additionally, the speaker provided an in-depth analysis of the educational challenges faced by migrant students in Canada. She discussed the linguistic barriers they encounter, particularly if English or French is not their first language. She also emphasized the need for tailored language support programs and resources to enable these students to succeed academically. Furthermore, she addressed the issues of social integration, discrimination, and stereotypes that migrant students may encounter within Canadian schools. She stressed the

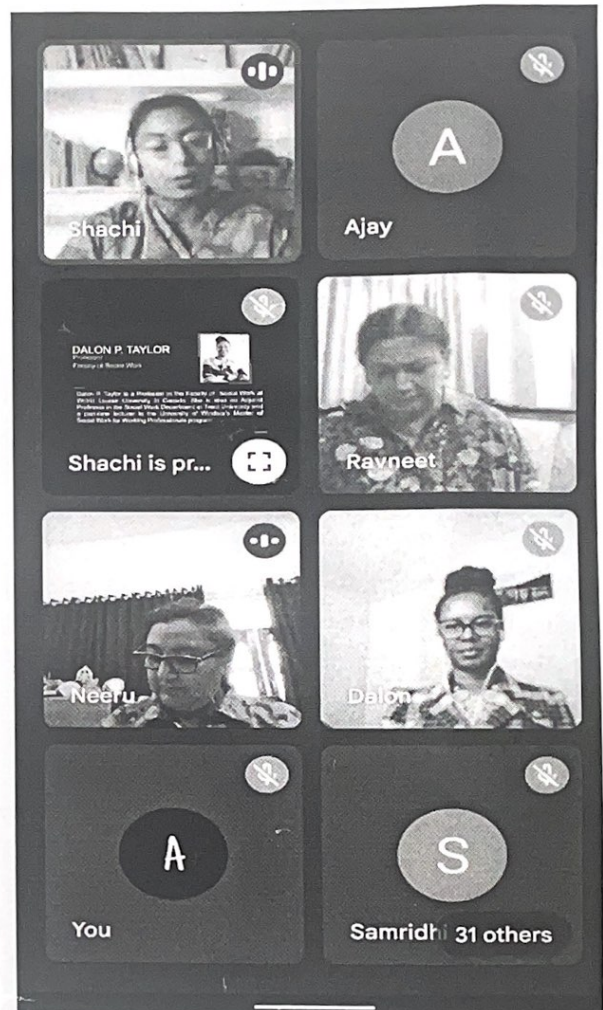
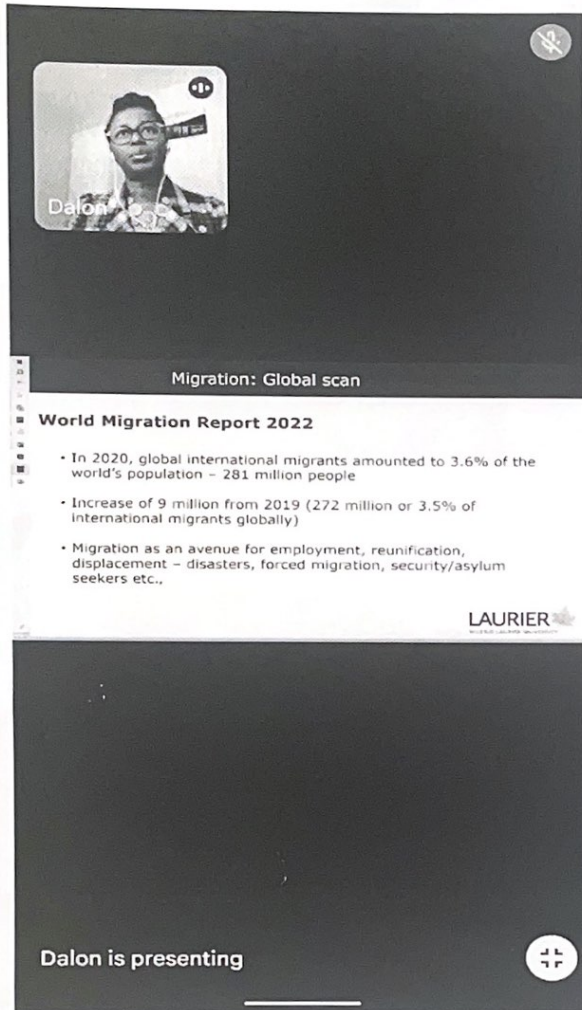
importance of promoting inclusivity, multiculturalism, and equity in educational institutions to create an environment where every student feels valued and supported.

During the webinar, she showcased various initiatives implemented in Canada to support migrant students. She highlighted programs such as mentorship opportunities, cultural exchange programs, and support groups that aim to bridge the gap between migrant and local students. These initiatives fostered mutual understanding, appreciation for different cultures, and created platforms for intercultural dialogue. She suggested strengthening language acquisition programs, providing professional development opportunities for teachers to promote cultural understanding, and implementing anti-discrimination policies within educational institutions. She also emphasized the importance of collaboration between governmental bodies, educational institutions, and community organizations to create a holistic support system for migrant students. The webinar ended with students posing questions to the speaker and clearing their doubts.

The webinar on migration, cultural understanding, and education provided invaluable insights into the experiences of migrant students in Canada. The speaker's experiences and expertise offered a comprehensive understanding of the challenges faced by migrants and the significance of cultural integration and inclusive education. It was an interactive and informative experience for the students.

Glimpses:





Placement Cell
 Dr. Ravneet Chawla
 Dr. Upasna Thapliyal
30.5.23

Ravneet
30/5/2023
 Principal
 Govt. College of Education
 Sec- 20D, CHD

ICT PRACTICAL

EPC 2.2



Submitted by:-



Nitish Kumar Jha

218/22

B.Ed 1st year

2022-24

Submitted to:-



Dr. Suman Khokhar

Asst. Prof. In P.CSc

Govt. College of Education sec-20D chd

INDEX

S.No	TOPIC	DATE	PAGE NO.	REMARKS
1.	Resume	MAY 2023	1	
2.	ICT Supported Teaching Learning Strategy	MAY 2023	2-7	
3.	POEM- TREES	MAY 2023	8	
4.	REPORT CARD(EXCEL)	MAY 2023	9	
5.	TRIANGLE AND ITS TYPES	MAY 2023	10-17	
6.	INTERNET	MAY 2023	18	



NITISH KUMAR JHA

COMPUTER SCIENCE TEACHER

CONTACT

Mobile Number

7837164103



Email

Nitishkumarnkjha@gmail.com

Address

#325 ,Kajheri, Sector 52, Chandigarh
160036

TECHNICAL SKILL

- ✓ Basic Knowledge Of Computer
- ✓ C Programming
- ✓ C++ Programming
- ✓ DOS
- ✓ SQL
- ✓ HTML
- ✓ CSS
- ✓ JAVA SCRIPT
- ✓ PHP

PROFILE

Father's Name

Mr. Mrityunjay Kumar Jha

Date of Birth

March 15,2002

Nationality

Indian

Religion

Hindu

ABOUT ME

I graduated in computer science stream in 2022 and currently pursuing B.Ed in Computer science . I have deep interest in teaching students. I have inspired by my teachers . I have good command at C, C++, Web Development, SQL , Mathematics and Reasoning ability. I am a quick learner.

ACADEMIC QUALIFICATION

EXAMINATION	YEAR OF PASSING	BOARD/UNIVERSITY	INSTITUTION	%Age
Graduation	2022	Panjab university	D.A.V College	75.5
Higher secondary	2019	C.B.S.E	J.N.V Chandigarh	70
Secondary examination	2017	C.B.S.E	G.H.S.S Sec 53 Chandigarh	85.5

SOFT SKILL

- Communication
- Teamwork
- Flexibility
- Confidence
- Problem Solving
- Self-Management
- Quick Learner

WORK EXPERIENCE

- Fresher

LANGUAGES KNOWN

- English:- Intermediate proficiency
- Hindi :- Mother tongue
- Punjabi :- Intermediate proficiency (Speak, Understand, write).

Nitish Kumar Jha



ICT SUPPORTED TEACHING LEARNING STRATEGIES

ICT-supported Teaching-learning activities provide an applied focus for learning which extends from a primary focus on ICT skills and knowledge acquisition through to ICT integration in various modes of and subjects of across-the-curriculum learning.

As a teacher, ICT Teaching strategies employed need to facilitate the transparent use of ICT by students when they are using it to complete learning activities set by you in key learning areas such as in literacy. Literacy can also be taught in other Activity and in the process be enhanced by ICT and furthermore, develop ICT capability. This is provided that Integrated Learning Systems such as literacy-specific software is NOT used.

Prior to primary education, of course, is the use of Information and Communication Technology in early childhood education. The effective use of ICT here and the teaching strategies supporting its use should set a precedence here for the development of ICT capability. This is what the effective use of ICT teaching and learning strategies should be about.

use ICT tools for Teaching and learning that will develop student ICT capability:

- That they are content-free;
- That they challenge students intellectually;
- They promote the development of higher order thinking skills as children are able to make decisions based on the opportunities and limitations of the systems available;

- And most importantly, they give the students full control over the technology itself.

Planning strategies for Teachers

Planning for progression is a key problem facing many teachers when incorporating the use of ICT activities that can develop student ICT capabilities.

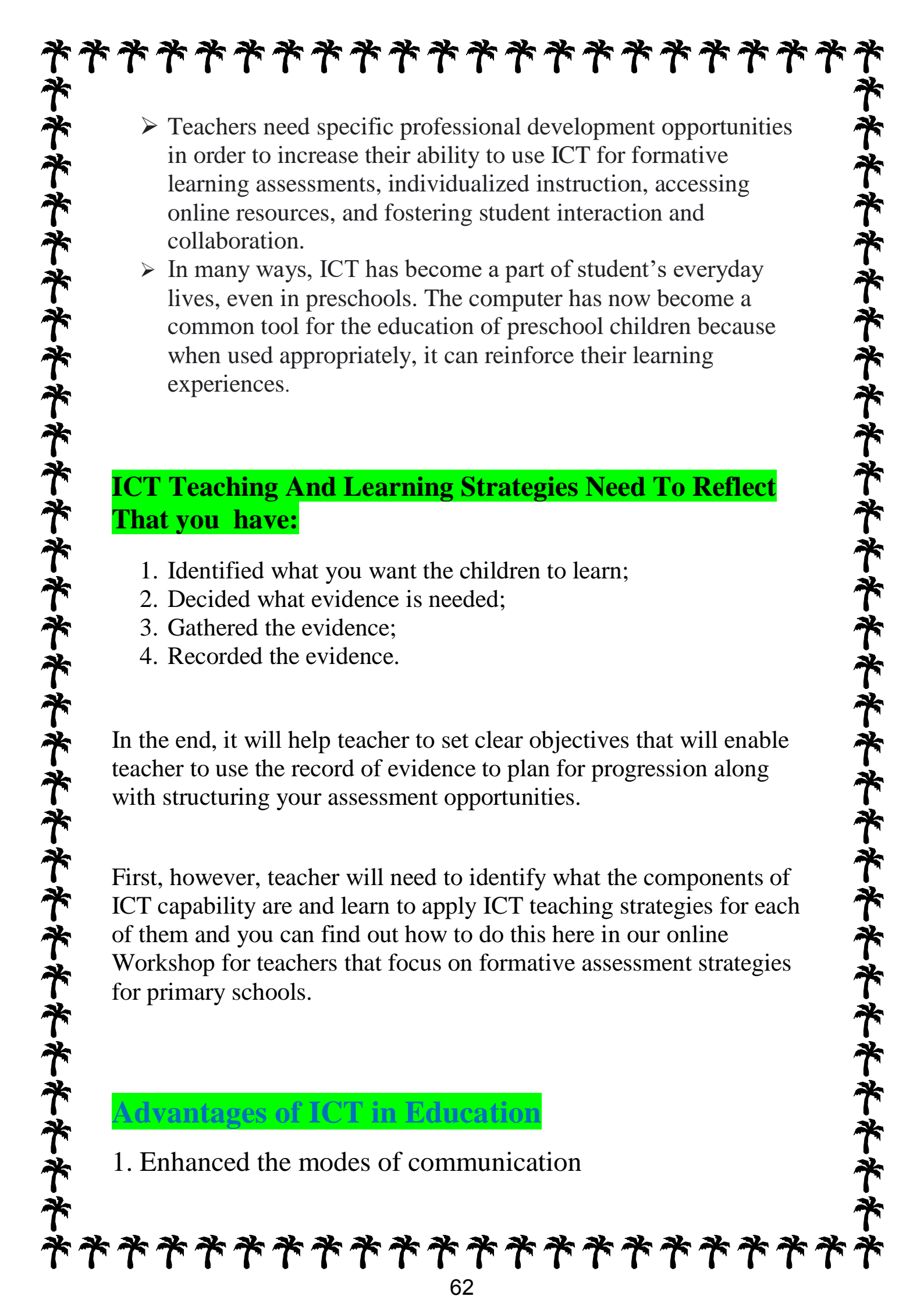
Meaningful activities embedded in purposeful subject-related contexts is your choice to develop student ICT capabilities. So effective planning is essential and depends on a thorough analysis of the situation at the outset.

A key principle to remember when using Information and Communication Technology (ICT) in teaching and learning is to always begin with high expectations. This is a significant ICT teaching strategy as the children that enter your classroom will already have a varying degree of capability in ICT as a result to their use of it at home and elsewhere. Having high expectations means knowing where the children are up to in the first place.

- Plan ICT integration in English and Literacy;
- Plan to use ICT to support literacy teaching;
- Plan to use ICT in mathematics, science and other key learning areas.

IMPORTANCE:

- ICT has also become integral to the teaching-learning interaction, through such approaches as replacing chalkboards with interactive digital whiteboard, using students' own smartphones or other devices for learning during class time, and the "flipped classroom" model where students watch lectures at homes on the computer and use the classroom time for more interactive exercises.

- 
- Teachers need specific professional development opportunities in order to increase their ability to use ICT for formative learning assessments, individualized instruction, accessing online resources, and fostering student interaction and collaboration.
 - In many ways, ICT has become a part of student's everyday lives, even in preschools. The computer has now become a common tool for the education of preschool children because when used appropriately, it can reinforce their learning experiences.

ICT Teaching And Learning Strategies Need To Reflect That you have:

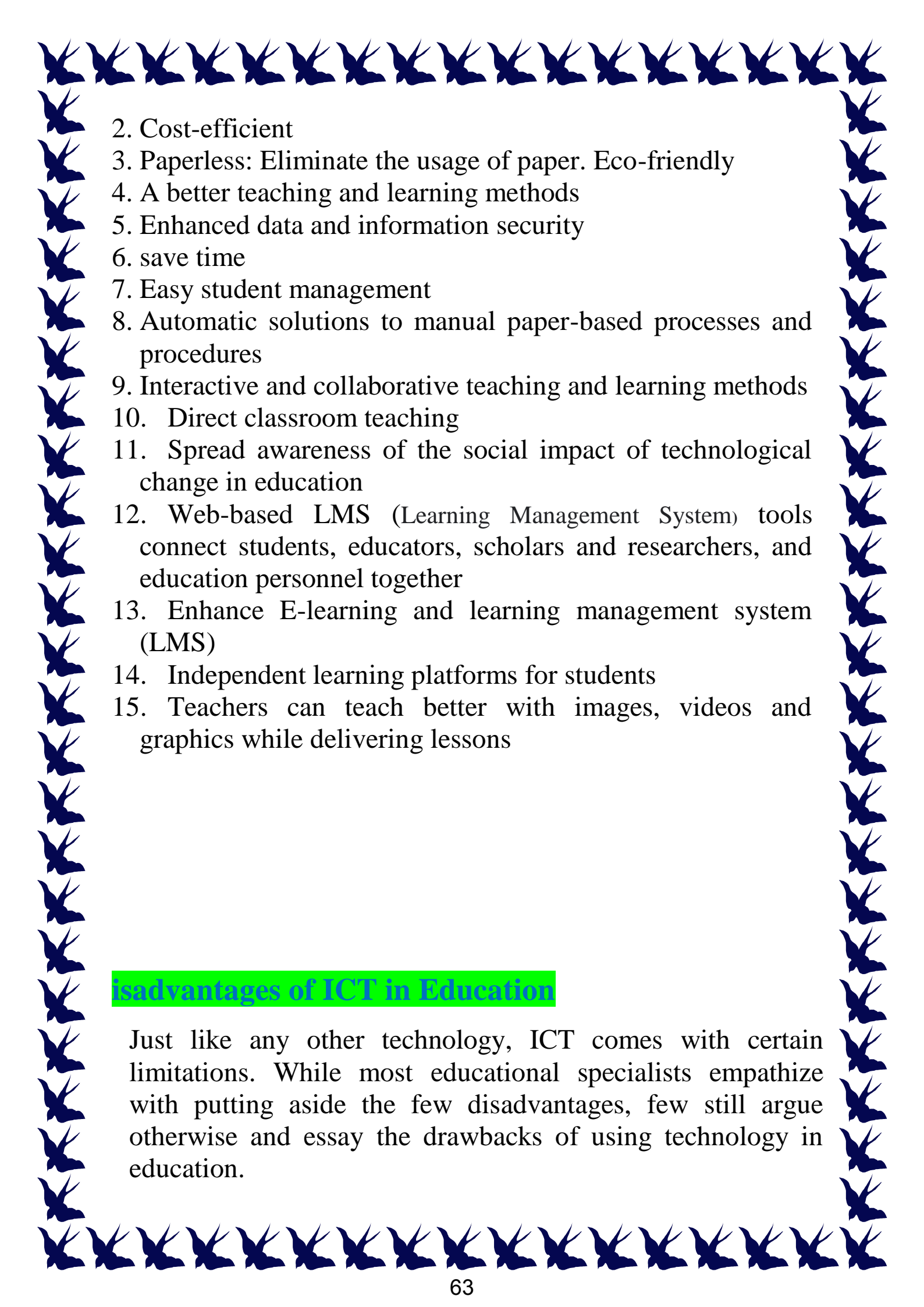
1. Identified what you want the children to learn;
2. Decided what evidence is needed;
3. Gathered the evidence;
4. Recorded the evidence.

In the end, it will help teacher to set clear objectives that will enable teacher to use the record of evidence to plan for progression along with structuring your assessment opportunities.

First, however, teacher will need to identify what the components of ICT capability are and learn to apply ICT teaching strategies for each of them and you can find out how to do this here in our online Workshop for teachers that focus on formative assessment strategies for primary schools.

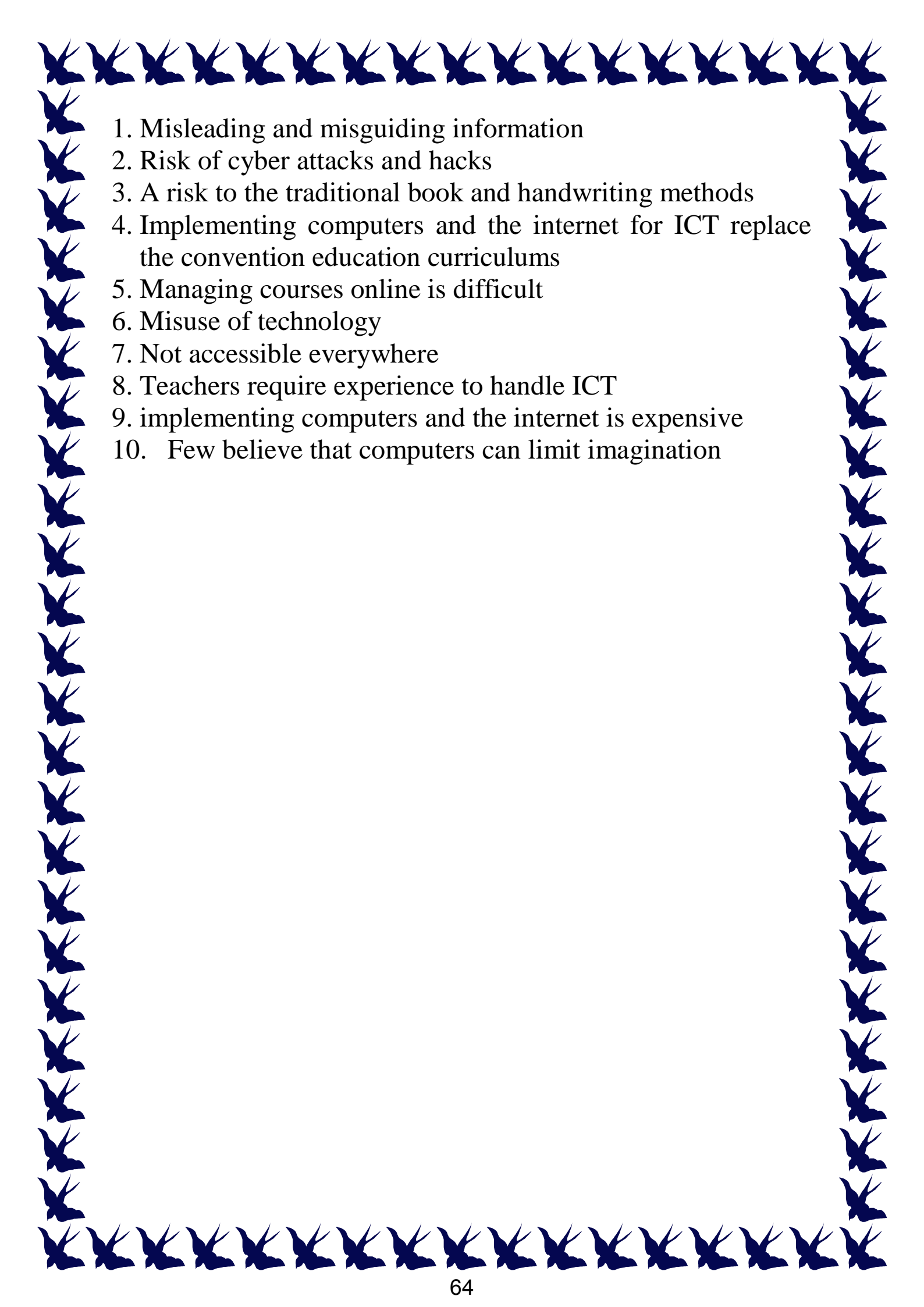
Advantages of ICT in Education

1. Enhanced the modes of communication

- 
2. Cost-efficient
 3. Paperless: Eliminate the usage of paper. Eco-friendly
 4. A better teaching and learning methods
 5. Enhanced data and information security
 6. save time
 7. Easy student management
 8. Automatic solutions to manual paper-based processes and procedures
 9. Interactive and collaborative teaching and learning methods
 10. Direct classroom teaching
 11. Spread awareness of the social impact of technological change in education
 12. Web-based LMS (Learning Management System) tools connect students, educators, scholars and researchers, and education personnel together
 13. Enhance E-learning and learning management system (LMS)
 14. Independent learning platforms for students
 15. Teachers can teach better with images, videos and graphics while delivering lessons

Disadvantages of ICT in Education

Just like any other technology, ICT comes with certain limitations. While most educational specialists empathize with putting aside the few disadvantages, few still argue otherwise and essay the drawbacks of using technology in education.

- 
- A decorative border of blue birds, possibly swallows, arranged in a rectangular frame around the text. The birds are facing outwards from the center of the page.
1. Misleading and misguiding information
 2. Risk of cyber attacks and hacks
 3. A risk to the traditional book and handwriting methods
 4. Implementing computers and the internet for ICT replace the convention education curriculums
 5. Managing courses online is difficult
 6. Misuse of technology
 7. Not accessible everywhere
 8. Teachers require experience to handle ICT
 9. implementing computers and the internet is expensive
 10. Few believe that computers can limit imagination

SUMMER

The warmth on my skin,
The beat on my face,
Humidity in the air, The sweat after a
race.
Longer days with fun and joy,
Is what summer brings



The sky in a brilliant shade of
blue,
And so many more things The
cold,
tingling feeling of the pool,
As our skin gives a sigh of
relief,
The sun shines merrily above the
horizon,

Sharing its heat and light.
A smile on everybody's face,
As our hearts are filled with delight!
Chur minds thinking of the lazy days,
When nobody is in grief.



INTERNET

The Internet is a virtual networking medium that can be connected and used on various devices these days. It enables the users to send, receive, collect, store, update, delete, and many other operations of the data across the world. Internet usage is expanding its boundaries everyday, as the technological growth is huge. A few of the Internet's major uses are e-commerce, e-learning, knowledge sharing, social connectivity, variety of media, file transfer, communication, etc.

Educational Websites:

<https://www.gcechd.ac.in/>

<https://puchd.ac.in/>

<https://www.ugc.ac.in/>

<http://ncert.nic.in/>

My Social Media Account:

Gmail: Nitishkumarnkjha@gmail.com

Instagram: [@nitish.jhaa](https://www.instagram.com/nitish.jhaa)

GOVT. COLLEGE OF EDUCATION, SECTOR 20- D, CHANDIGARH

10 Days long Students Campus Bazaar organized

Students organized the 10 days day bazaar February 27 till March 8, 2023. Out of these days, 4, 5 and 8th March were online bazaar, these being holidays in the college. On March 7, 2023 on the occasion of International Women's Day celebration, a daylong bazaar was displayed. Mrs. Anita Pal was the Chief Guest. Millets program was introduced. Magazine was launched

Stalls: -

Name of the stall - GCE Ka Chatpata Swaad. **Date** - 27/02/2023, **Members** - Prince Bansal, Tanuja, Umisha, Kavita

Items -GolGappe, Chaatpapi, Bhelpuri; **Sale** – Rs. 2130, **Profit** – Rs. 570

Experience-*It was a first time we set up a stall in the college. It was too fun and we learnt a lot how to manage things in less time or in a presentable way. We also learn little bit about start ups and business. Thus has given me a feel of being more open to doing small enterprise activities time to time.*





Name of the stall - Refreshing Beverages Stall

Date - 27/02/2023, **Members -**DeepaYadav, Yashika Sharma


Items - Lemon Soda, Sharbat, Jaljeera, **Sale –**Rs. 600, **Profit –** Rs. 200

Experience- *It was a first time we set up a stall in the college. It was fun and learning. We learnt a lot how to manage things in less time or in a presentable way. We also learn little bit about start - ups and business. The simple things that we do in daily life can be thoughtfully put to use as enterprises by adding a little value. My sports and active life was yet put into use. We shall take it forward.*


**GOVERNMENT COLLEGE OF EDUCATION
SEC - 20D, CHANDIGARH**
IN COLLABORATION
WITH
**MGNCRE, DEPARTMENT OF HIGHER EDUCATION,
MINISTRY OF EDUCATION, GOVT. OF INDIA**

**APNA
BAZAR**


ENERGY REFUELING STATION



MR. SAMARTH SHARMA
CONSULTANT
MGNCRE



DR. SAPNA NANDA
PRINCIPAL
GCE - 20D



DR. RAVNEET CHAWLA
NODAL OFFICER
MGNCRE

**AAO GAMI
DUR BHAGAYE**

MENU LIST

LEMON SODA **Rs 20**



JALJEERA **Rs 20**




SHARBAT **Rs 20**





**DEEPA
YADAV**



**YASHIKA
SHARMA**

Name of stall: Handmade Products and Nail Art.

Date: March 4 and 5, online; March 7, 2023, **Members:** Neeraj Sharma (303), Jasleen (241), Kirandeep Kaur (259) 4. Samiksha Singh (221).

Items: 1. Sustainable Handmade Bags (Designer& Simple) 2. Bookmarks 3. Nail Art

Sale: Rs. 1440, **Profit:** 60%

Experiences: *This was the first stall of our life, we enjoyed selling handmade products and even made good profit out of it. We received orders as well for more products. We will never forget this memorable experience and our happy customers who appreciated our art. It has ever since been an ongoing activity. I was doing this before also for my classmates and friends. – Samiksha*



Name of stall: Kashish's Nail Bar. **Date:** March 7, 2023, **Members:** Kashish, Navdeep

Experiences:

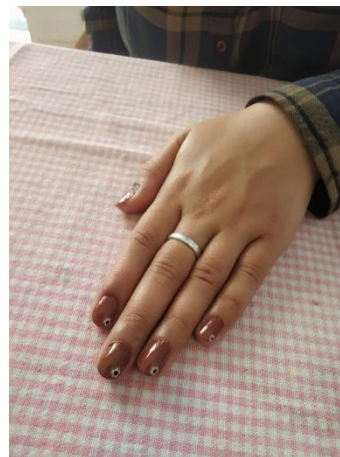
On the occasion of “International Women’s Day” I set up Kashish's Nail Bar wherein we gave all the female staff, students and teachers a luxury experience of a nail salon at affordable prices. I was assisted by my friend Navpreet and our duo assured every nail type that, “Your hands are in the right hands” whether long or short, which was indeed our tagline. We expertise in stamping and dotting nail art styles which is also in trend these day. Our combined profit was a little over one thousand but more than that was the joy of seeing

smiles on the client's faces that made our day. I am personally so grateful to Dr. (Mrs) Ravneet Chawla, Nodal Officer MGNCRE, for giving me such an opportunity. I am also immensely grateful to one and all that came and availed our services. My personal learning include sharpening of my interpersonal skill, building associations, confidence in my skill, sense of contentment and achievement on earning my hard earned money. - Kashish

Name of stall: Handmade embroidery and Nail Art. **Date:** March 7, 2023, **Member:** Navpreet (292)

Sale: Rs. 1560, **Profit:** 50%

Experiences: *This was the first stall of my life, enjoyed selling handmade products and doing nail art also even made good profit out of it. I received embroidery orders. I will never forget this memorable experience and my happy customers who appreciated my work. I t has changed me, I am more confident now and my embroidery work is giving me money whereas it was just a hobby. I have orders for pillows and more handkerchief sets. – Navpreet*



Name of the stall: Banana Shake, Spicy Corn **Stall:** Handmade Door Mat (Vandana)

Date: 28/02/2023 and 01/03/2023, **Members:** Bhupinder (307), Vandana (237), Shama (285), Radha (235)

Items: Milky banana shake, Spicy corn, handmade door mat

Sale: Rs. 1190 + Rs. 600 = Rs. 1790

Experience: *This is our first experience .our all team members enjoyed lot .It was a wonderful experience for us. I was not very sure of myself to be able to do it. But the girls encouraged me to join them. I feel all work is dignity. It has widened my understanding of doing something alongside studies. Initially, I will continue to work with this group only.*

Corns were very popular. Anyone can make it with right chuttnies.

Stall - Manchurian with Indian style, **Date:** 7th March 2023, **Member:** Ruhina

Sale: Rs. 350rs, **Profit** -170 RS

Experience: *This was the first stall of my life. I will never forget this memorable experience and my happy customers who appreciated my work. I tried to just put sample like scale stall.*

In have orders on daily basis now from my classmates and teachers. I supplied 4 Manchurian packs to Anjali Mam and Gurmeet Mam on 9th, after Holi. – Ruhina



Name of Stall: Tribe Momo, **Date:** 28/02/2023

Experience: *On 28.02.2023, Momo stall was set up by group of seven students under the stall name, Tribe Momo. The program was organized by GCE 20 d in collaboration with MGNCRE, Department of Higher Education, Ministry of Education, Government of India. The stall was set up successful with generous help and support from Mrs Urmill, warden of girls hostel, GCE 20D to access college lab facilities as we all are hostellers. The momo were made of whole wheat grains and filling was stuffed with cabbage, carrot, onion and paneer. Momo was paired with delicious chutney with different spice level. Steam momo was sold at 30/- per half plate with 5 momo and 60/- rupees with 10 momo. Similarly pan fried momo was available and was sold at 40 rupees per half plate and 70 rupees per full plates. Expenditure Amount was Rs.602 and profit amount was Rs. 1538 rupees. The team served*

the momo with enthusiasm and love and likewise students, teachers and staffs thoroughly enjoyed the delicacy. Ever since, we are getting requests to make these momos frequently. – Tenzin and friends

Name of Stall: Break Time, Members: Kamini, Raveena, Komal Maurya, Lata, Renu

Sale: Rs 2200, Profit: Rs 700

Experiences: *Before this we have also put our stall one more time but that time there was only 3 items in our stall, Appe, idly sambar and fruit custard. at that time the profit was very good. People give us their feedback they loved our food. it was a very great experience for all of us as we have experienced this for the first time. It was so exciting and so fun that we all want to put our stall again. – Kamini*



Name of stall: Craving is Calling

Date: March 1, 2023, Members: Manisha , Priyanka Rani , Simran , Sheron

Items: panipuri - 10, stuffed panipuri -30, chat bahale -30 , chat tikki -30

Sale: 3600, Profit: 1130. Experiences: *We were very excited to plan and sell as a group of friends. Preparation required some detailed thinking. But selling was thrilling as we got lot of compliments from our worthy teachers and friends. Now we plan to take this very seriously. I have delivered teachers' and hostellers' orders every day. Manisha & Sheron*



Stall Khaopiomitro, Members - Sourabh(209) Reena(272) Sunaina(268) Divya(214)

Aarti(219) Aaina(289) , **Date** - 28/2/2023

Menu :- Our fod stall offers a variety of food items including

- 1) Mango tango , 2) MohabbatKasharbhat , 3) Dilki chat

Price - The menu us reasonable priced with most items ranging from ₹20 - ₹30

Service - The stall is staffed by our members of stall who is efficient and polite in their service. The order is proposed quickly and it ensured that there were no long waiting times.

Cleanliness - The cleanliness is also properly maintained. The food is prepared in front of the customer.

Feedback - we received a positive feedback from the customer.

Experience - *This is our new and amazing experience. We enjoyed a lot and learn something new. We learnt to earn in groups. Planning was very exciting. We realized value for money and how to put our talents into use.* – Aaina

**GOVERNMENT COLLEGE OF
EDUCATION SEC-20D, CHANDIGARH**

GCE KA BAZAAR

Dr. Sapna Nanda
Principal
GCE-20D

Ms. Sonika Devi

Mr. Ravinder Kumar

Divya

Sunaina

Aarti

Sourabh

Reena

Aaina

Menu

We like to say "Padhariye"
We're always in the mood for food

**Mango
Tango**

**Mohabbat ka
Sharbat**

**Dil ki
chaat**

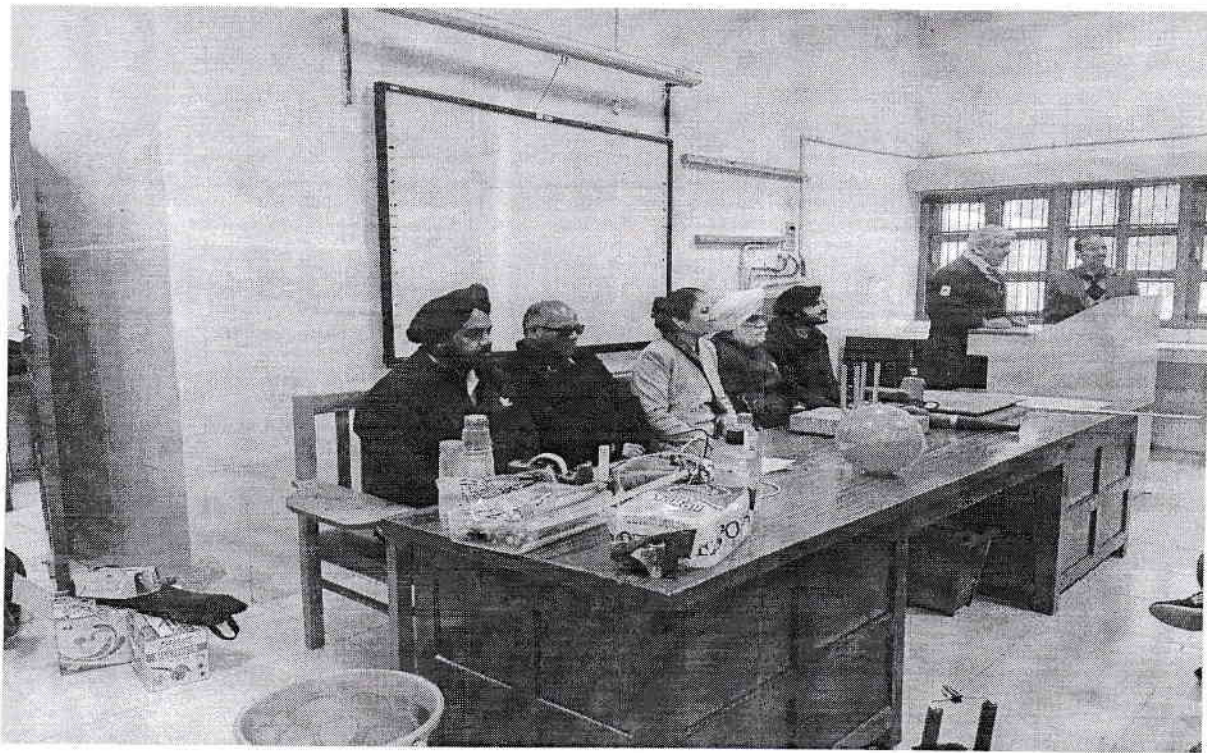
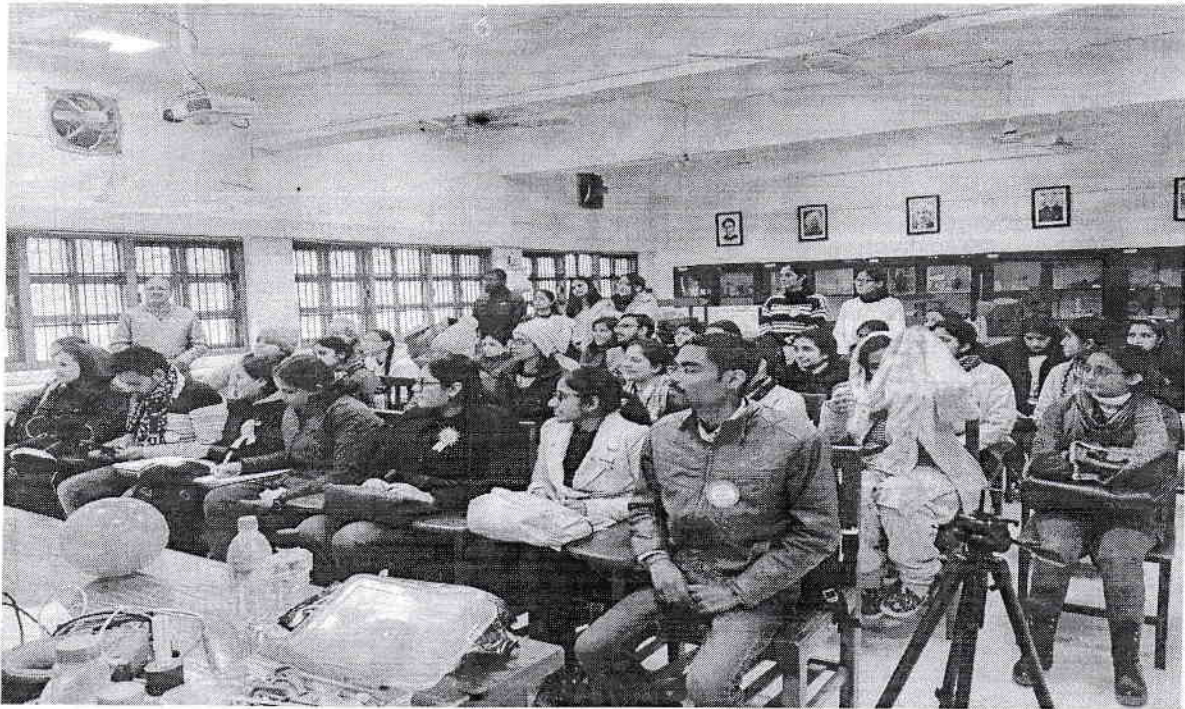
GOVERNMENT COLLEGE OF EDUCATION, SECTOR-20-D, CHANDIGARH

**REPORT OF SCIENCE CLUB 'NAVONMESH' ACTIVITY –
TEACHING SCIENCE THROUGH SIMPLE DEMONSTRATIONS**

ON 06-01-2023

A programme for science students, namely, 'Teaching Science through Simple Demonstrations' was organized under the aegis of the Science Club of the College, 'Navonmesh' on Friday January 06th 2023. Er. Mukul Rathi, a passionate science teacher and Co-ordinator, Janta IAPT Anveshika, Baraut Baghpat, Meerut was the main resource person. Prof M. S. Marwaha was the guest of honour for the programme. Dr. Sanjeev Kumar and Dr. Sheojee Singh introduced the resource person and the Guest of Honour of the programme. Dr. Sapna Nanda, Principal of the college, welcomed the guests formally. She also highlighted the role of simple experimental demonstrations in creating interest of students in the subject of science. During the programme, Er. Mukul Rathi demonstrated various science experiments related to Static Electricity, Pressure, Laws of Fluid Flow, Mechanics and Magnetism. He made the session interactive through his unique style of presentation and involving students with curiosity and use of humour in the process. The Guest of Honour Prof M.S. Marwaha, demonstrated the laws of motion and the concept of force through simple balance. He also highlighted the significance of creative ideas and questions of students during the teaching learning process. Both the speakers shared their unique experiences of demonstration experiments under Prof. H C Verma, the national coordinator of IAPT Anveshika programme. More than 50 students of science attended the programme and interacted enthusiastically with the resource person. Dr. Lilu Ram proposed the vote of thanks.





Singh
In-Charge Science Department

Singh
4/2/2023
Principal

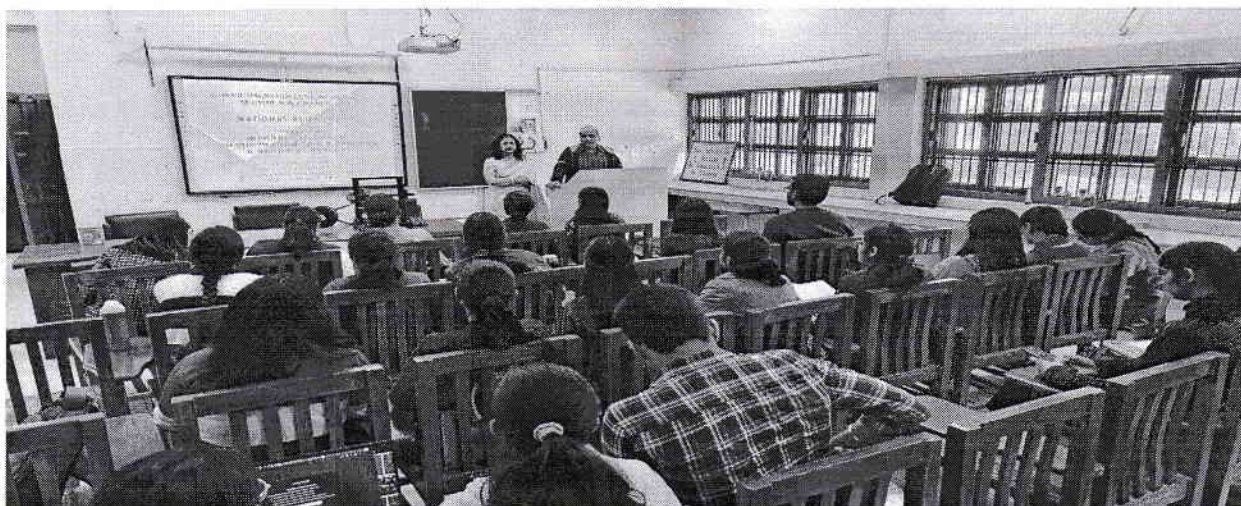
GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20-D, CHANDIGARH

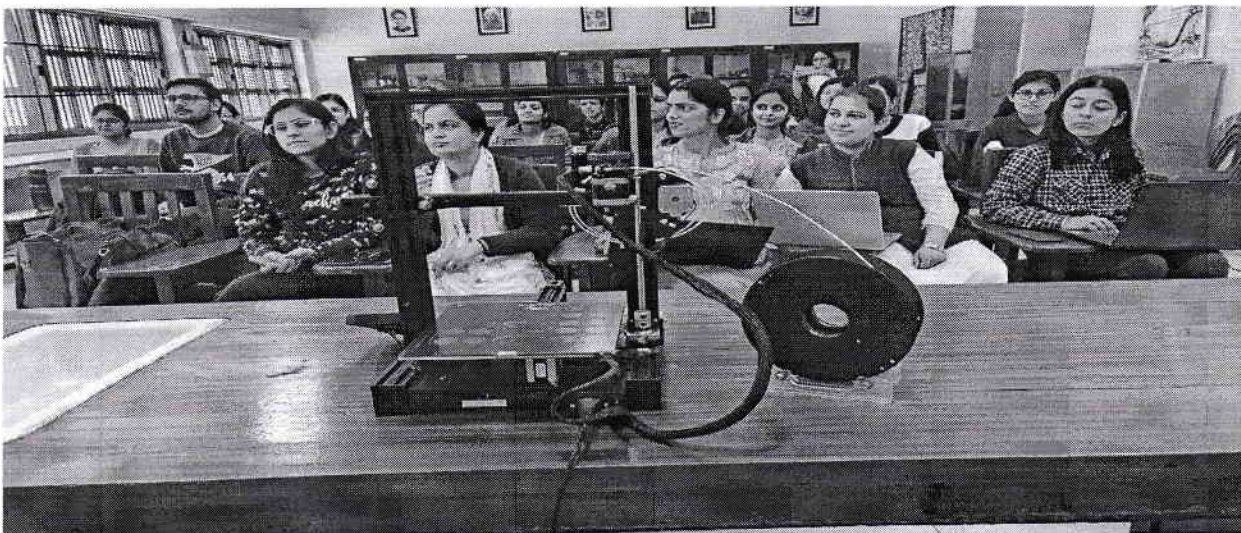
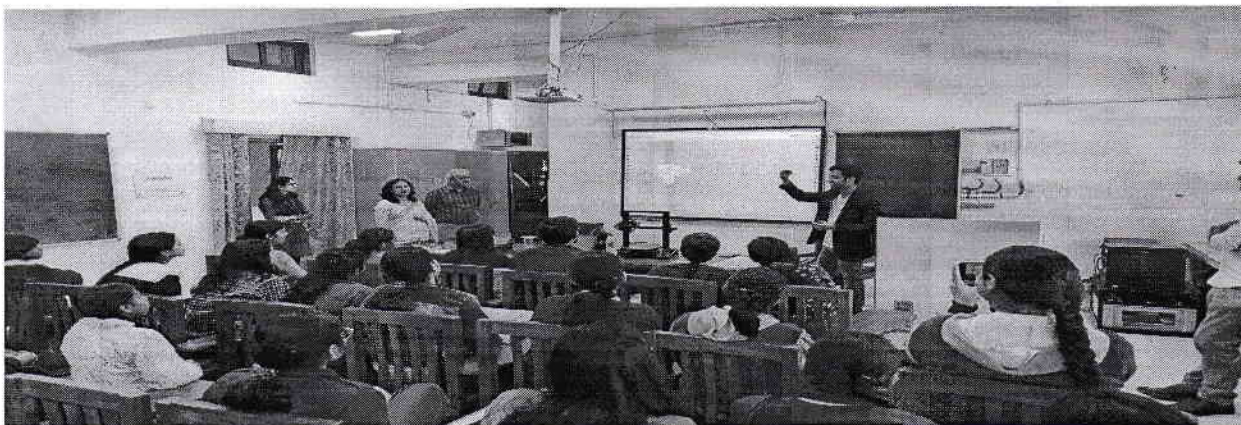
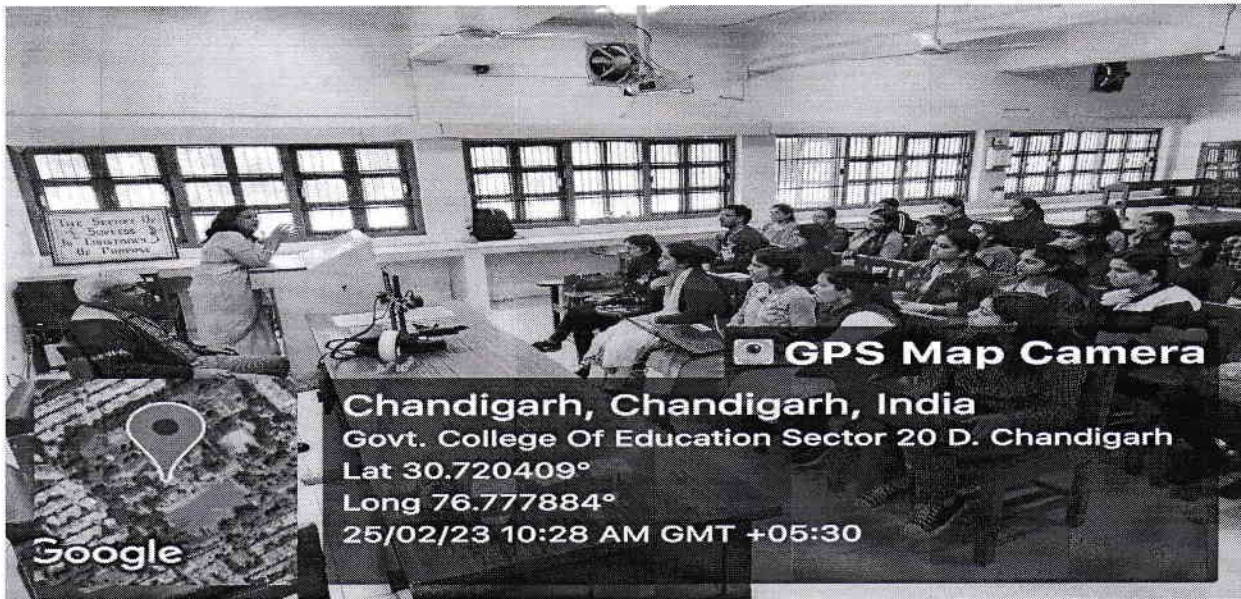
NATIONAL SCIENCE DAY

REPORT

National science Day is being celebrated on 28th February to commemorate discovery of the 'Raman Effect', which led to Sir C.V. Raman winning the Noble Prize. On this occasion Science Club of the college 'NAVONMESH' organized a workshop titled 'Introduction- cum- Demonstration to 3-D Printing- A Hands on Activity', on 25th February, 2023. Dr. Meenakshi Jindal, Lecturer Physics and ATL In-Charge of Carmel Convent School, Sector-9-B, Chandigarh was the resource person for the activity. She was assisted by Mr. Vishal, instructor of ATL, Carmel Convent School and three students of the school. The emphasis of the workshop was to introduce pupil teachers of the college to upcoming future technologies and innovations which will play an important role in education in future. Students of the college were given hands on experience in 3-D designing and printing. The workshop started with introduction and welcome of the resource person by Dr. Sanjeev Kumar, Associate Professor and In-Charge, Science Club of the college. Thereafter, 3-D designing and printing was demonstrated by Mr. Vishal, assisted by school students under the supervision of Dr. Meenakshi Jindal. More than 50 students participated in the workshop. During the workshop pupil teachers were highly motivated, joyful and eager to learn the new technologies. Dr. Meenakshi Jindal highlighted the work done in ATL lab of the school and showed glimpses of various projects done in the ATL lab. Rajan Gupta of B.Ed.- Ist year and Amesha- of B.Ed IInd year poured out their experience of the workshop through the feedback. At the end Rajan Gupta proposed Vote of Thanks.

Glimpses of the workshop





Sanjeev
25/2/23

Dr. Sanjeev Kumar
In-Charge Science Club

Sanjeev
25/2/23

Principal

Topic _____

Date _____

INSTITUTE FOR THE BLIND

INTRODUCTION

EVER since its formation in 1972, the Society for the Care of the Blind, Sector 26, Chandigarh (Regd.) has been actively engaged in the education, training and rehabilitation of blind children and also working for the prevention of blindness.

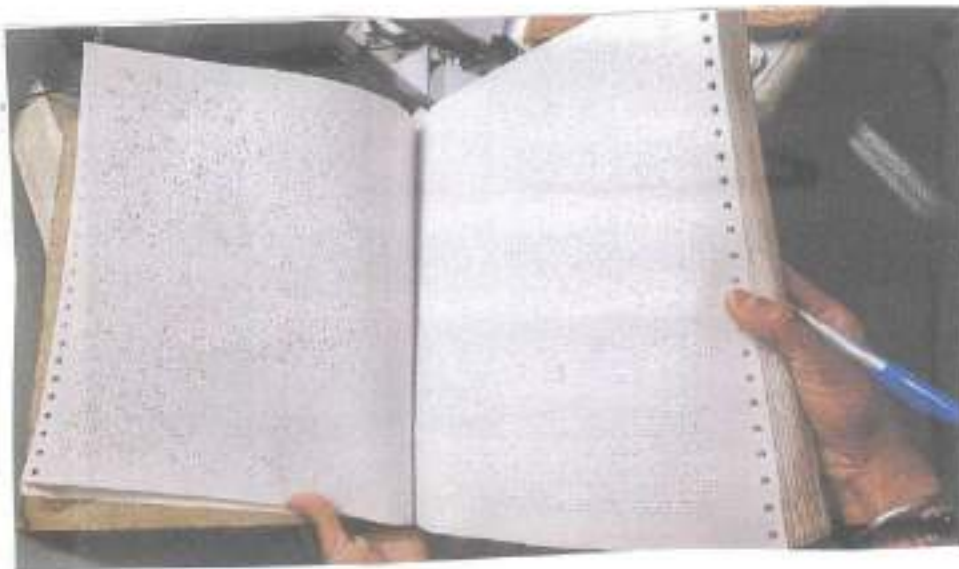
OBJECTIVES OF INSTITUTE

- To impart educational and vocational training to the blind children.
- To help in the rehabilitation of children passing out of the institute.
- To create awareness among the general public, particularly the rural areas in and around Chandigarh, on the causes of blindness and promote its prevention.



VISION OF THE INSTITUTE

The institute nurtures an ideal mission to integrate the visually impaired into the mainstream of social life. It involves parents/ professionals and persons with missionary spirit to contribute their best to help them in their rehabilitation. All at the helm of affairs make earnest endeavour to provide these children the opportunities needed for self-reliance and all-round development of their personality. The Institute also aims to inspire and inculcate in them the zeal and zest for comparative quality of life through their full participation and ensuring equal opportunities.



SERVICES OF THE INSTITUTE

EDUCATION

It is a senior secondary school, and the instruction is mainly imparted through Braille script. Matric and Senior Secondary examination are conducted by CBSE Board. The institute has been maintaining excellent academic records.

ADMISSIONS

At present, the institute have a total of 153 students. Admissions are open to both boys and girls without any discrimination of caste, creed, region, religion etc. provided the child is visually impaired and is certified by the Eye Department Govt. Hospital Sector 16 Chandigarh that the child is mentally sound and is having no communicable disease.



DONATIONS

The donations can be made both in cash or kind. The Donations are exempted 50% under section 80G of Income Tax Act. The society for the cause of the blind has not authorized any individual/organization to collect donations on its behalf. Donors are requested not to entertain anyone claiming to be our representative for seeking donations.

STAFF

At present the number of teachers including vocational staff is 19. Out of them 18 members (aided staff) are covered under 95% grant-in-aid scheme and the rest of the members are paid out of the funds of the society. As mentioned



alone the aided staff is getting salary as per their counterparts in govt. service. The staff paid by the society is being paid less but they have been covered under the facility the E.P.F. scheme. Aided staff comprising 45 members includes office superintendent, warden, clerks, computer operator, accountant, dormitory attendants, cooks, bursars, safai kamacharis, ays, chowkidars etc.

HOSTEL FACILITY

Hostel facility is available for 70 boys and 60 girls. They have separate hostels with suitable facilities of toilets, solar water heating arrangements, TV and indoor games etc.

ACADEMIC RESULTS

The Institute was earlier affiliated to Punjab School Education Board Mohali but since academic year 2014-15 it has been affiliated to Central Board of School Education (CBSE) New Delhi.

The Institute has an excellent record of academic achievements. It is heartening to state that during the last two decades the institute has shown excellent results by cent percent students getting first division. Some of the students have been placed in merit lists.

SPORTS ACHIEVEMENTS

Indian Blind Sports Association, New Delhi organised 21st National Athletic Championship for the blind from 10th to 13th December, 2018.

at Thyagaraj sport complex, New Delhi. 17 athletes of our institute participated and brought laurels to the city beautiful as well as glory for the institute. They bagged 20 medals out of which seven gold, five silver and eight are bronze medals and also quailed two Championship trophies. This remarkable performance was widely covered by media to motivate and inspire others.

It is worthwhile to mention here that for the first time workshop known as Goal-ball was organised in Delhi in which athletes exhibited remarkable performance.

SCHOOL BAND

The school band participated in the Republic Day parade on 26th January 2019 at Parade ground, Chandigarh. They marched with martial enthusiasm and were accompanied with tricolor.



EXTRA CURRICULAR ACTIVITIES

The students take active part in the Co-curricular activities like Annual Cultural functions celebrated in the institute and music competitions, paper-reading competitions organised by other institutions/ organisations and by the Education Department at the state level.

BRAILLE PRODUCTION UNIT

Braille Press is a very special unit of the 'Society for the Care of the Blind', Chandigarh. Being reading and writing are two most vital aspects of education for the blind as well as other students. The society made a humble beginning in early 90's by introducing a small scale Braille Production unit.

At that time the books were prepared manually on Braille by fully trained experts.

With each passing day, the press showed greater levels of efficiency and production and is producing

Braille literature in variety of languages viz. Hindi, Punjabi, English and Haryanvi etc. Besides text

books, story books and other general books are also produced

here. The Chandigarh Transport Undertaking (CTU) introduced

guide map and route of their buses for the visually impaired persons in Braille script which was embossed in Braille press.

Chandigarh Art Gallery & Museum was also helped by embossing

the name and description of each sculpture, murals, arts, painting etc in Braille script. As and

when required, the services of experts are also made

available to the needy organizations for the cause of blindness.



Religious and books for social cause like Nitnem and Dukh Bhanjini Sahit (in Gurmukhi), Aartis/ Bhajans (Devnagri) and Right to Information Act (Punjabi and English) etc. were also taken up. The Braille press prints text books of all subjects - including science and social studies up to Class XII.

For over 10 years during General Elections the state of Punjab, Haryana & U.T. Chandigarh are assigning the job of printing Ballot Papers in Braille for the visually handicapped voters in their states to Braille press.

About 10 years back, the Braille Production unit was initiated by installing a high speed index & wand Braille Embosser and has been expanded to two big rooms. Today the press has

Three index Braille Embosser and it has emerged as one of



the unique Braille Press in the northern region under the able guidance and dedication of Shri Vishwanjit who is running this press since 1997. Shri Pankaj Sharma also joined the organization in 2007 and helps him to accomplish this task since then. The books embossed at the Braille Press are made available to the visually challenged students free of any charge, which is noteworthy.

LIBRARY

A well stocked library exists in the institute. It contains books both in Braille script and in ink-prints. Every now and then it is kept enriched with new arrivals of monthly and fortnightly magazines, journals and newsletters of educational value. This facility is utilized by the students and staff members especially to update their knowledge.



RESOURCE ROOM

A resource room is where students spend some time to get academic or other assistance from special education teachers.

Students with disabilities including visual impairments who are placed in a resource room and have an opportunity to study in small groups with special education teachers.

These teachers help the students to improve their areas of weakness in resource rooms.

CURRICULUM ADAPTATION OF LEARNING DISABILITY

Adapting the curriculum involves modifying the context, instructional strategies, and the different ways of assessing what the learner has learned. Viewed in this manner, providing curriculum adaptation is a way in which to implement Howard Gardner's theory of multiple intelligences. "There is no one best way to educate all children. Indeed, the biggest mistake of past experience centuries has been to treat all children as if they were variants of the same individual and thus to feel justified in teaching them the same subjects in the same way."

Teachers, researchers, parents and even students frequently express that students with disabilities have limited exposure to the general-education curriculum or that the curriculum is minimized to the point that students are inhibited in their opportunity to learn. At the elementary-student level, students with special learning needs frequently can fully participate in regular classroom instruction using adaptations of simplified or supplemented existing materials. The goal is not to reduce content for students with special learning needs, but to provide tools for them to access content in the fullest sense. Simplifying existing materials can take many forms:

- Reuniting instructional materials in a simplified format
- Providing summaries, graphic organizers, or outlines of instructional materials.

- Developing study guide to provide support before, during and after reading.
- Shortening reading or math assignments.
- Adjusting the pacing of assignment to allow for re-readings.
- Colour coding textbooks to highlight key concepts and new vocabulary.
- Audio taping textbook contents

Supplementing existing materials include the use of alternative materials to help students master the same content or skills presented in the general curricular materials. Such adaptations include using:
Direct experiences; films or videotapes, computer software.

Simplifying or supplementing existing materials can be consuming for teachers. Teachers who plan in advance for such adaptations frequently engage

Topic _____

Date _____

parent volunteers or for professionals in adapting material. Students of all achievement grouping appreciate teachers who make adaptations for students who need them, and most students prefer using materials that are identical to those used by their same age peers. Planning can help a busy teacher create materials that will make these types of adaptations routine and provide a bank of resources to draw upon for future classes.

EFFECTIVE CURRICULUM ADAPTATIONS

ARE BASED ON:

→ Adapting Instructional Strategies:

This refers to the way to teacher teaches, the methodologies the teacher

uses to provide information to learners in the class. Adapting the instructional process can be made possible through numerous techniques like:

- use of demonstrations or role play.
- utilizing teacher presentation aids (eg. visual or verbal) to emphasize key points and key concepts to be learned.
- Getting learners more actively involved in the learning process through the implementation of every pupil response techniques (eg. response cards, thumbs up, thumbs down)
- Diversifying the selection of grouping for instruction so as not to rely on large group/whole class instructions and independent seat arrangements
- Including a variety of small group and cooperative learning activities, is another

effective manner by which to adapt classroom instructions.

- Providing learners with curriculum content through adaptation of traditional reading will involve a peer or an adult reading aloud to a learner.

A number of other possibilities also exist

- Multisensory Approaches
- Whole world approach to teaching reading
- Relaid instructions and/or reading
- language experience approach
- concrete materials and manipulatives
- Hands on experience
- Repeat / rephrase directions
- Braille
- Recorded books
- self-checking materials
- Programmed materials
- High interest / low vocabulary reading.

→ Adapting Instructional materials

This involves making changes to the equipment and/or supplies to which learners have access during the course of instruction.

This involves a change in the formats through which information is represented to the learner with the curriculum during the course of instruction. The process of adapting materials provides additional or simply different materials, in a variety of modalities that the learners might use during the course of instruction. Most materials adaptations fall into one of four groups:

- Adapting the readability level of written materials →

By providing content similar to one unit currently under study through a learner grade

level reading book, compressed text, or high interest-vocabulary reader. In addition, to reading demand is adjusted when curriculum content is depicted through audio tapes, video tapes, internet based resources, text reader software programs or universally designed textbooks and materials.

- Enhancing critical features of the content within the materials themselves?

Involves adapting lesson materials in such a way as to identify for the learner context that is most essential. Advance or post-organisers, large print display, presentation of new vocabulary words in boldface, highlighting difficult levels in a reading and summaries of main ideas represent a few commonly used adaptations.

• Designing materials with features that appeal to sensory modalities other than visual / auditory:

for example, learners physically walking a route of colored tape on the floor to learn the path of blood flow from the heart (as opposed to studying a colored diagram) or wapping with hands gestures as they learn newly language concepts.

• Selecting alternate instructional materials for their durability or safety features in consideration of a learner's physical coordination or motor skills. In the science lab, a plastic beaker or petri dish might be utilized instead of their breakable counter parts, or a learner might be provided with

A soft book, or book with laminated pages, instead of traditional text.

→ Adapting assessment practices:-

This refers to alterations in the way in which a teacher gets information from learners in her class. The adaptation of assessment practices is not limited only to the expansion of test-taking parameters (e.g. redistributed time on a paper test, use of a recorder for recording purposes).

This class of curricular adaptations also encompasses using multiple criteria to assess learners' products, providing structured answer forms on worksheets and tests, evaluating processes equally with final products, comparing a learner's performance to her own

past performances, and offering learners a variety of practical strategies and choices for producing required assignments.

- offering learners the opportunity to respond to instruction in a non-traditional manner, in some way(s) other than through typical oral recitation or written expressions, is also exam passed in this final curriculum adaptation category.
- Alternative learner responses might include: collage, pantomime, dramatic portrayal, musical composition, motoric demonstration, photographic presentation, or graphics display.

• Testing Adaptations include:

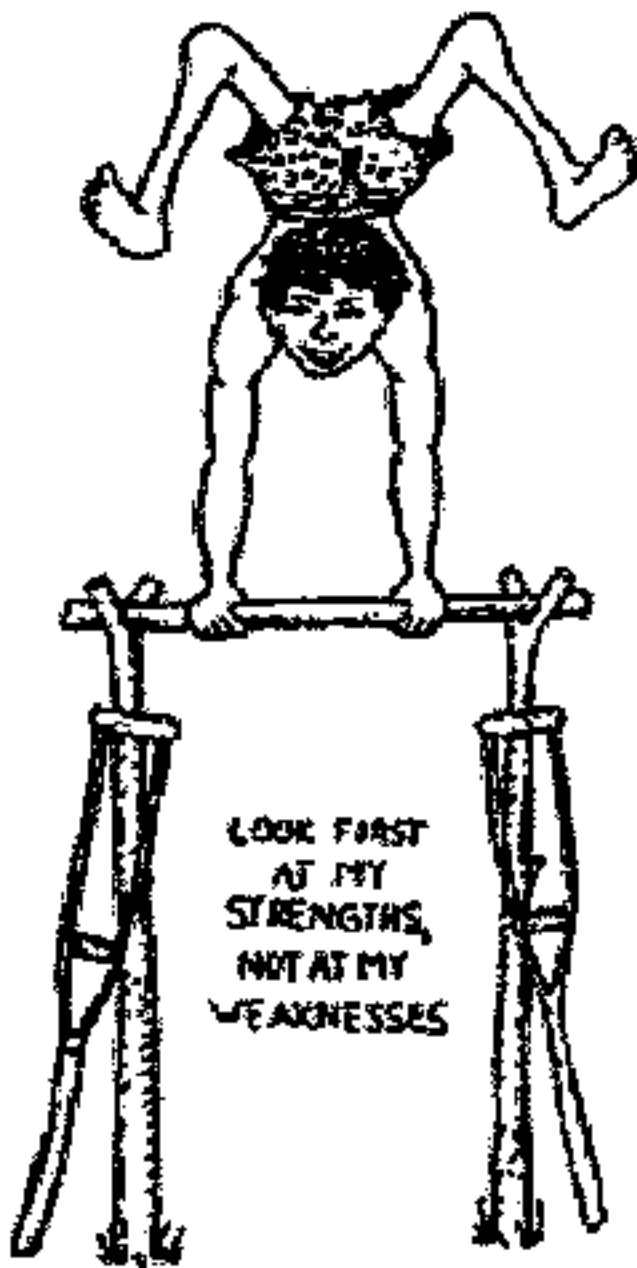
- 7 Allow test / projects to be taken orally
- 7 Allow pictures / visuals to test
- 7 Read test to student
- 7 Preview language of test questions
- 7 Give applications in real settings
- 7 Have test administered by resource person
- 7 Give short answer questions
- 7 Give multiple choice questions
- 7 modify format (multiple choice, essay, true / false)
- 7 shorten length of test / assignment
- 7 extend time frame
- 7 Allow unfair testing
- 7 modify grading
- 7 Allow answers to be dictated
- 7 Allow frequent ^{short} breaks
- 7 Allow open books or open note tests
- 7 provide study guide prior to test
- 7 highlight key directions
- 7 Give test in alternative site
- 7 allow calculator, word processor etc

curricular adaptations allow learners to use their current skill range and participate, at least partially, in a general education. Instructional activity, while promoting the acquisition of new skills.

→ Adapting Curricular Context →

This type of curriculum adaptation results in an adjustment of the cognitive demand of learning to the level of learners. Adapting curricular content might involve applications as straight forward as:

- Reducing the number of vocabulary needs assigned to an individual child.
- Having a learner complete only the odd numbered problems on a mathematics assignment.



LOOK FIRST
AT MY
STRENGTHS,
NOT AT MY
WEAKNESSES

- Holding a learner responsible for learning three facts about one animal, instead of two facts about each other of five different species or, giving learners the choice of taking a spelling pretest to opt out of spelling for particular week.

Handwritten signature

* CONCLUSION

Effectively designing curriculum adaptations represents one approach to teaching that may not require a substantial amount of additional work on a teacher's part through it. certainly represents a

Topic _____

Date _____

different needs of the learners are tackled. This strategy even helps every learner in classifying the concepts and makes learning effective and permanent. This facilitates the teacher in the general classroom setup. Thus, one way of reaching out to all the diverse learners in a classroom is to ~~ack~~ know the differences in the children in the class and appreciate their work and plan learning programs accordingly.

Which disability have you taken?

GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20D, CHANDIGARH

NOTICE

April 05, 2023

This is for the information of all the students concerned that in Computer Lab we have availability of JAWS (Job Access With Speech) software. It helps user to read the screen either with a text-to-speech output or by a refreshable Braille display. Any of the blind student or visually impaired student of B.Ed., M.Ed. or PGDG&C can use this as per their need.

Incharge

Juman
05/04/23

Computer Lab

Principal

Bansal
5/4/2023

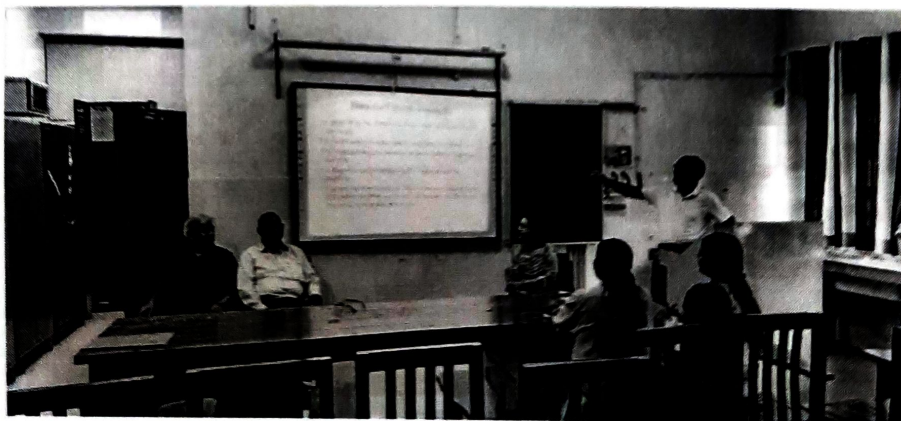
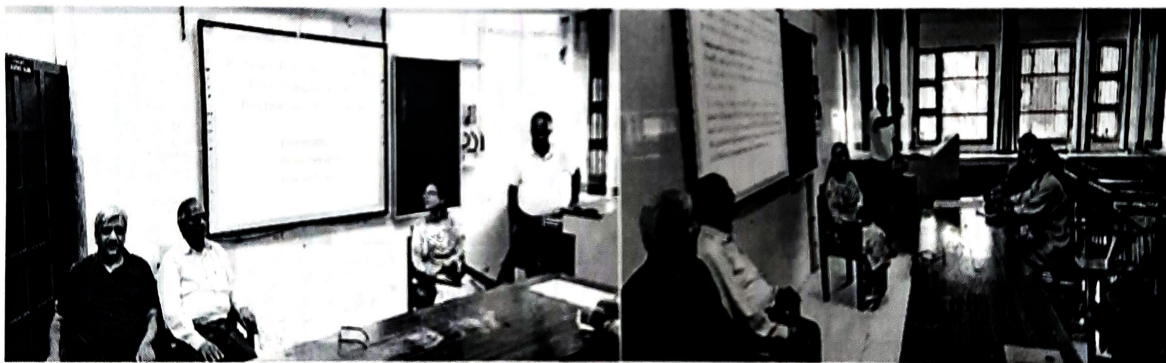
GOVERNMENT COLLEGE OF EDUCATION, SECTOR-20-D, CHANDIGARH

REPORT

03-03-2023

Government College of education organized Seminar cum workshop on 03rd March, 2023 for the students of M.ED Class on the theme “Paper writing & Preparing Research Proposal”. Dr. Balwinder kaur Incharge of the M.ED course initiated the Programme by elaborating the key points of the event. Principal Dr. Sapna Nanda addressed the faculty and students and congratulated the team for organizing the event. Dr. Lilu Ram presented the various techniques and methods of research paper writing in detail. The entire concerned faculty taken the questions from the students and gave them appropriate responses for the same.. Students were also informed about the research journal of the college ‘*Education Beacon*’ and they were also motivated to write the research papers for the same. At the end Dr. Lilu Ram thanked all the faculty and students for making the event successful.

Glimpses:



Lilu Ram
Dr. Lilu Ram
Associate Prof.

Sapna Nanda
Principal
GCE-20-D, CHD



GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20 - D, CHANDIGARH
WORKSHOP DAY TWO (May 18, 2023)
REPORT



The Skill Development Committee of the Government College of Education Sector 20 D Chandigarh on the Day 2 of the ongoing Value Added Course on the Capacity Building of Pupil Teachers on Applied Skills was conducted on collaboration of the Placement Cell of the college. The day consisted of three invited speakers and followed by in house panel discussion.

The first session started with Dr. Ravneet Chawla introducing Mrs. Indu Aggarwal from *Disha Consultants* who is a senior corporate and school children and teacher trainer with a diverse experience.

Mrs. Indu Aggarwal began her session by asking questions about the challenges the schools have and gradually transitioned to the gaps the employers find while employing the teachers. The objective was to bring to the listeners the career world expectations, assess their understanding and introducing them to the trending employable talent parameters. She suggested that students should work on their strengths instead of just focusing on their weaknesses and the same should be instructed further to their students. For this purpose she suggested that they should read books like 'Igniting Young Minds'. She referred to the expectation of NEP 2020 in terms of experiential learning. The most important skills that a teacher can have are communication skills, emotional strengths, sensitivity, channelization skills and mentorship. A teacher must also have counselling skills of being empathetic and non judgmental so as to effectively deal with students, parents, officers, and other stakeholders. The whole session was very informative. The speaker was very encouraging throughout the session and inspired students present to be passionate about their profession and to become good teachers.

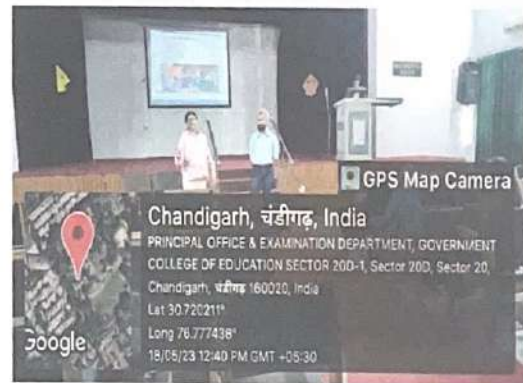
The next session of the day was by Mr. Maninder Singh Bajwa associated with *Eapanza Innovations*, Mohali. He's a software engineer by profession and is working in EdTech

sector since 2008. The session started with Mr. Maninder asking question of why students present wanted to become a teacher. He explained that the top most priority of a teacher should be influencing the life of their students in a better way. The main motive of this session was informing students about various opportunities that they have as a teacher in addition to just teaching in schools. The objective was to crystalize the ideas of the changing mode of teaching-learning in the hybrid mode, to introduce the opportunities on developing digital content and orienting them to the applied employability skills. He discussed with three case studies. The first one was about Punjab, Second was about a project with Central Government and NCERT during the lockdown to develop e-content including episodes and web series, the third was about a project with Haryana Government in which sir and his team worked to develop software for the tablets commissioned by the government for their school students so that they can learn effectively. AI technology and its effects on teaching and learning were also discussed in detail. This interactive session was eye opening for the students and it educated them about the different ways they can use technology to make their teaching style more effective. The students were then provided with refreshment.

The third session started by Mr. Abhinav Dogra who is MD at *Chetanya Career Consultants*, Mohali Immigration and Career Consultant. He introduced the skill of refinement for resume writing. He also emphasised professional e mail writing as soft skills for pupil teachers. Through his experience he shared about opportunities of overseas employability and the skills required to work upon. His session was very informative and interactive with students asking questions throughout. Mr Abhinav also brought forth important details of how to write formal professional e mails, the tone and language to be used. He mentioned countrywise documentation of popular overseas destinations and the correct time and format for applying. He touched upon language, size, and inserting hyperlinks in the resume to make it brief and yet complete. The session was interactive and brought to light points often ignored by applicants.

The concluding session of the day comprised a panel discussion headed by Dr. Ravneet Chawla with valuable participation of Dr. Upasna Thapliyal and Mr. Ravinder Kumar. The objective of the panel discussion was to review the days learning and engage to brainstorm new ideas for upcoming sessions.

Glimpses:



Bany Arora
Skill Development Committee

Chand
24/5/2023
Principal

GOVERNMENT COLLEGE OF EDUCATION, SECTOR 20-D, CHANDIGARH

International Collaboration for “Capacity Building Training Program for Transformative Teaching”

Report: Online 30-Hour Capacity Building Training for Transformative Teaching

An online 30-hours “Capacity Building Training Program for Transformative Teaching” was successfully organized under the international collaboration of the International Chamber of Service Industry (ICSI), India, and SARS Technology Innovation, Dubai, aimed to equip prospective teachers with the necessary skills and knowledge for transformative teaching practices and the development of global competencies. The program was inaugurated on April 18, 2023, by Major Dr. Gulshan Sharma, Director of ICSI, India; Mr. Arpit Duggar, Director of SARS Technology Innovation, Dubai; and Dr. Sapna Nanda, Principal. The program was coordinated by Dr. Nisha Singh, Assistant Professor.

This international training program was conducted online from March 17, 2023, to May 4, 2023 and utilized digital platforms (Zoom meeting, Youtube) to deliver multiple sessions of three hours each that add upto more than 30hrs training. A total of 90 students from the first and second-year B.Ed. classes of ongoing session 2022-2023 participated in the program.

The primary goal of the program was to enhance the skills and knowledge of prospective teachers, equipping them to excel in their teaching careers and improve classroom effectiveness.

The program was meticulously designed with a focus on the key pillars of modern education namely Enquiry-Based Learning, Project-Based Learning, Health and Wellness-Based Learning, Online resources and AI-Based Learning. The program was conducted entirely online, with workshop-style sessions that allowed participants to engage in hands-on activities for practical learning.

The sessions were structured to cover a diverse range of topics including Digital Literacy, Pedagogy and Andragogy, Critical Thinking and Problem Solving, Creativity and Innovation in Teaching, Emotional Intelligence and Mindfulness, Fostering Curiosity and Lifelong Learning, Utilizing AI-Based Tools for Teaching Enhancement and Exploring Online Resources for Effective Teaching and Learning. Participants were actively engaged throughout the training program through discussions, hands-on experiences, quizzes, surveys,

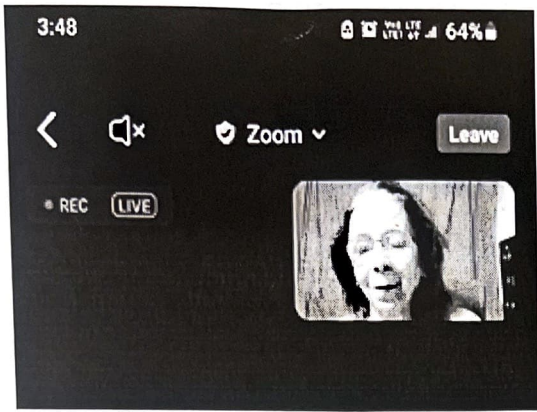
group activities, lesson plans, and regular assignments. These assignments allowed participants to apply the knowledge gained during the sessions and reflect on the outcomes. .

The training program also introduced participants to various new apps and technologies that could enhance their teaching skills and prepare them for global opportunities. Demonstrations and hands-on sessions familiarized participants with these apps, highlighting their potential for effective and engaging teaching.

The program achieved remarkable success, as evidenced by the participation and outcomes. A total of 90 dedicated students successfully completed the program and were awarded certificates of completion.

In conclusion, this online 30-hour capacity building training for transformative teaching, organized by international organization SARS Technology Innovations, Dubai and the ICSI, India proved to be a valuable and impactful initiative. The utilization of online platforms, introduction of new apps, and active engagement of participants contributed to the success of the program. It is anticipated that the training program will have a positive and long-lasting impact on the teaching practices of the participants, benefiting both their professional growth and the future learning experiences of their students.





SI INSTITUTE FOR STRATEGIC LEADERSHIP IN EDUCATION in collaboration with **SARS**
Capacity Building Program for Transformative Teaching

The Fourth 'R' – Reciprocate by Instructing Actively

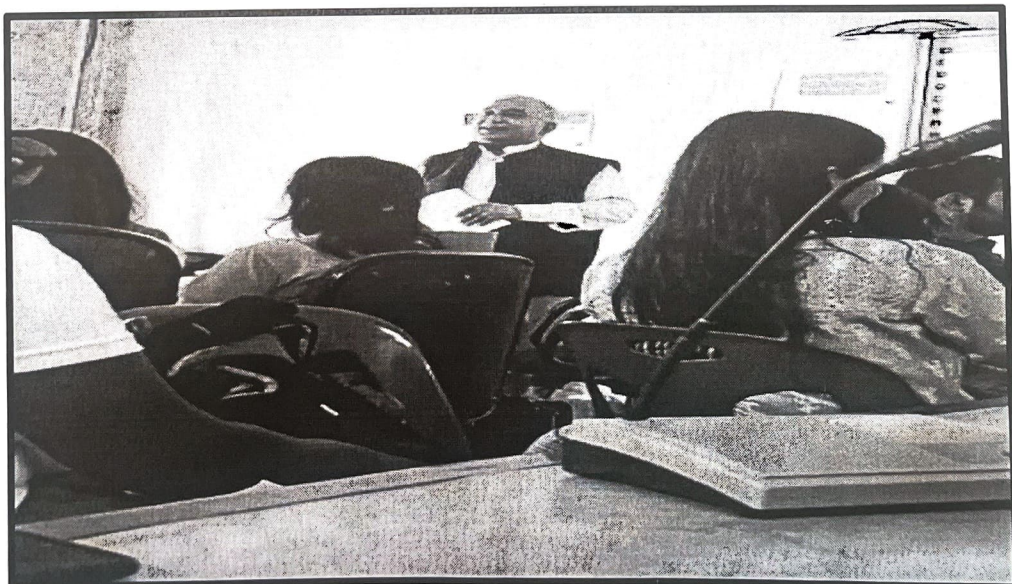
Games	Active Instruction	Facilitation

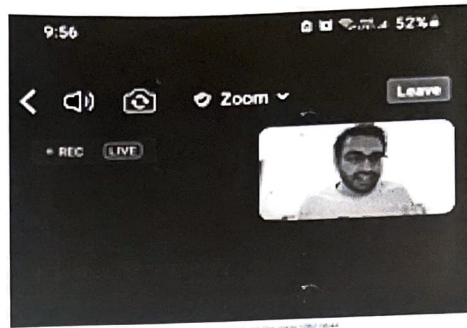
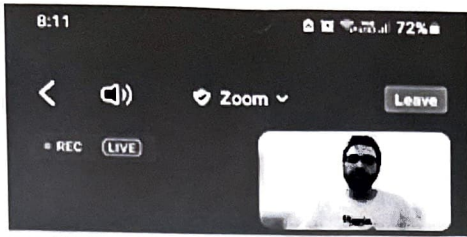
Go to www.ment.com and use the code 6480 7097

Leaderboard

734 p	Tripti
717 p	Amrinder Kaur
686 p	Savanya
524 p	Aranya
0 p	Niharika
0 p	Earthman
0 p	Ronald

Unmute Start Video Participants 38 Chat Reactions Share

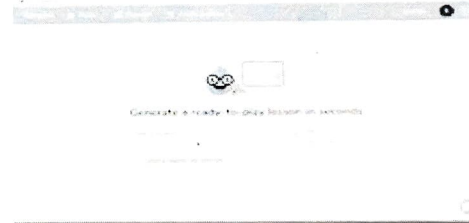
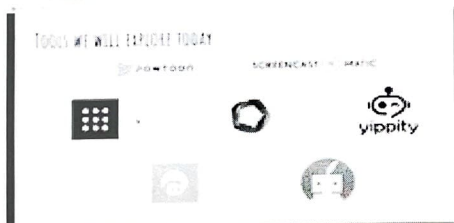
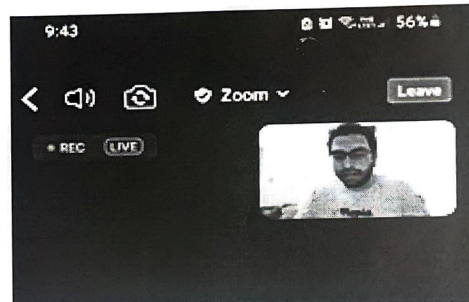
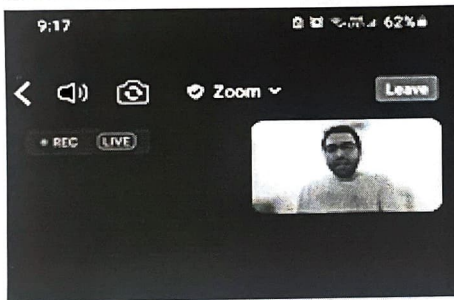
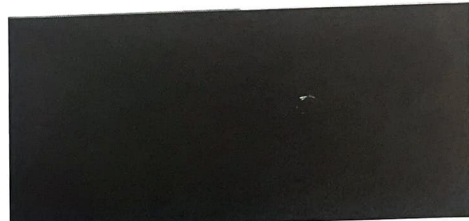




RECAP

1. Orientation by Mr Arpit Dugar - 17 Mar
2. Digital Literacy by Mr Arpit Dugar - 17 Mar
3. Andragogy & Pedagogy by Dr Indira - 18 Mar
4. Critical Thinking & Problem Solving by Dr Sapna - 24 Mar
5. Effective Classroom Management by Mrs Roma Joshi - 25 Mar
6. Technology is Fun by Mr Arpit Dugar - 31 Mar
7. Creativity & innovation by Dr Indira - 1 Apr
8. Mindfulness by Mr Anand Atar - 21 Apr

How do you feel after today's lesson?



Nisha
Coordinator
Dr Nisha Singh

Anand
Principal